

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 16-16 50 Free							
1	26.43	L	F	Grace Morris	16	LALE	GED 15/03/2024 SA National Junior Age Group
2	26.49	L	P	Jessica Carmody	16	RSA	18/10/2023 BRICS Games Swimming 2023-KZN
3	27.08	L S	F	Rebecca Fury	16	VINE	CPT 14/12/2023 Western Cape LC-A Championship 2023
4	27.28	L	F	Daena Robinson	16	SEAL	UMD 15/03/2024 SA National Junior Age Group
5	27.34	L	P	Keira Van Heerden	16	INFA	NMA 19/04/2024 SA Schools Swimming Championship
6*	27.42	L	F	Mikayla Makwabarara	16	HRE	MS 14/12/2023 KZNA 2023 Championships Incorp SSA
6*	27.42	L	F	Tanatswa Chandiwana	16	MDOL	JHB 15/03/2024 SA National Junior Age Group
8	27.69	L	F	Alex-Zandre' Labuschagne	16	MGSC	UGD 15/03/2024 SA National Junior Age Group
9	27.72	L	F	Melissa Kuun	16	WCA	CPT 19/04/2024 SA Schools Swimming Championship
10	27.83	L S	F	Myra Viduya	16	INFA	NMA 26/01/2024 6th A League Gala 2024
11	27.86	L S	P	Cassidy Burgess	16	WCA	CPT 08/04/2024 SA National Aquatic Champ 2024-PE
12	27.89	L	F	Myra Viduya	16	INFA	NMA 15/12/2023 NMBA Championships 2023
13	27.95	L	P	Keira Duncan	16	SGUL	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
14	28.08	L S	F	Ruth Dredge	16	PAC	TSH 12/12/2023 NTS Championships 2023
15	28.09	L	P	Erin Hudson	16	AA	JHB 30/11/2023 CGA Championships 2023
16	28.16	L	F	Tafadzwa Chandiwana	16	MDOL	JHB 15/03/2024 SA National Junior Age Group
17	28.18	L	F	Kayla Petersen	16	USC	BUF 15/03/2024 SA National Junior Age Group
18	28.30	L	P	Emily Lott	16	ASA	ILD 15/03/2024 SA National Junior Age Group
19	28.34	L	P	Danielle Cronjè	16	LALE	GED 15/03/2024 SA National Junior Age Group
20	28.39	L	F	Scarlett Le Roux	16	CA	EKU 26/01/2024 EGA Last Chance 2024
21	28.54	L	F	Cassidy Sinclair	16	DRGN	EKU 30/11/2023 CGA Championships 2023
22	28.56	L	P	Beane Swanepoel	16	VRC	TSH 12/12/2023 NTS Championships 2023
23	28.60	L	P	Jana Vorster	16	TUKS	TSH 15/03/2024 SA National Junior Age Group
24	28.61	L	P	Jordana Azran	16	KLOO	ETH 21/03/2024 SA Level 3 Regional Age Group
25	28.64	L	F	Mathilda Liebenberg	16	POTC	KKD 06/12/2023 NWS Championships 2023/24
26	28.67	L	F	Dane De Klerk	16	BLSS	MAN 06/12/2023 Free State Champs 2023
27	28.71	L	P	Erin Joubert	16	KLOO	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
28	28.74	L	F	Tamryn Kunneke	16	RFA	TSH 20/03/2024 SA Level 3 Regional Age Group
29	28.75	L	F	Xanthe Nagel	16	HREF	BP 06/12/2023 NWS Championships 2023/24
30	28.78	L	F	Madelé Harding	16	POTC	KKD 06/12/2023 NWS Championships 2023/24
31*	28.85	L	F	Madison Fourie	16	INFA	NMA 15/12/2023 NMBA Championships 2023
31*	28.85	L	P	Karmen Van Rensburg	16	UNI	EZD 15/03/2024 SA National Junior Age Group
33	28.87	L	P	Jana Lombard	16	LALE	GED 15/03/2024 SA National Junior Age Group
34	28.89	L	F	Isabella Webber	16	VINE	CPT 03/02/2024 CTA BRIAN BUTTON Qualifying Meet
35	28.90	L	F	Kendra Begley	16	INFA	NMA 19/04/2024 SA Schools Swimming Championship
36	28.91	L	F	Bailey Held	16	WSTV	ETH 14/12/2023 KZNA 2023 Championships Incorp SSA
37	28.96	L	F	Mianique Lombard	16	WELA	LLD 06/12/2023 Free State Champs 2023
38	28.97	L	P	Hannah Ferreira	16	ASA	ILD 14/12/2023 KZNA 2023 Championships Incorp SSA
39	29.02	L	P	Taylor Hemphill	16	SEALE	ETH 21/03/2024 SA Level 3 Regional Age Group
40	29.05	L S	F	Mieke Vd Wal	16	CASC	CPT 14/12/2023 Western Cape LC-A Championship 2023
41	29.11	L	F	Mari Zanne Nortje	16	TKS	WBD 20/03/2024 SA Level 3 Regional Age Group
42	29.12	L	P	Tanè Putter	16	TYGE	CPT 15/03/2024 SA National Junior Age Group
43	29.14	L	P	Erin Mayoss	16	KLOO	ETH 15/03/2024 SA National Junior Age Group
44	29.18	L S	P	Rebecca Kuhn	16	AGB	JHB 08/04/2024 SA National Aquatic Champ 2024-PE
45	29.20	L	F	Mareze Frylinck	16	BLSS	MAN 06/12/2023 Free State Champs 2023
46	29.22	L	F	Savannah Mostert	16	TUKS	TSH 12/12/2023 NTS Championships 2023
47	29.27	L	F	Christie Piguet	16	AA	JHB 20/01/2024 CGA Level 2+ Gala 20 Jan 2024
48	29.32	L S	P	Cassidey Rae Doubell	16	AGB	JHB 08/04/2024 SA National Aquatic Champ 2024-PE
49*	29.39	L S	P	Isabella Havemann	16	ASAC	CPT 14/12/2023 Western Cape LC-A Championship 2023
49*	29.39	L	F	Tiffany Marshall	16	UNI	EZD 20/03/2024 SA Level 3 Regional Age Group
51	29.42	L	F	Nicole Beling	16	BAS	EKU 26/01/2024 EGA Last Chance 2024
52*	29.44	L	P	Hannah Liebenberg	16	PAC	TSH 12/12/2023 NTS Championships 2023
52*	29.44	L	F	Elne Reynolds	16	INFA	NMA 15/12/2023 NMBA Championships 2023
54	29.46	L	F	Isabel Vorster	16	BLNE	MAN 06/12/2023 Free State Champs 2023
55	29.47	L	P	Marony Jacobs	16	INFA	NMA 09/02/2024 Infinity Gala 2024
56	29.54	L	F	Araya de Waal	16	PGAC	EKU 20/03/2024 SA Level 3 Regional Age Group
57	29.56	L	P	Morgan Rabie	16	TUKS	TSH 12/12/2023 NTS Championships 2023
58*	29.58	L	F	Jasmine Pillay	16	SEAL	UMD 21/03/2024 SA Level 3 Regional Age Group

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Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
58*	29.58 L	P	Jordyn Collett	16	TUKS FSH	12/12/2023	NTS Championships 2023
60	29.60 L	P	Kathleen Welsh	16	MSC NGD	01/12/2023	Mpumalanga Championships 2023
61*	29.61 L	P	Amy Brown	16	SEALE ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
61*	29.61 L	P	Simone Theron	16	LP CCD	19/04/2024	SA Schools Swimming Championship
63	29.65 L	P	Jana Swiegers	16	TUKS FSH	15/03/2024	SA National Junior Age Group
64	29.66 L	F	Jana Helmand	16	BLOT MAN	06/12/2023	Free State Champs 2023
65*	29.67 L	F	Katie-Peta Marcelino	16	KLOO ETH	24/11/2023	Westville-Seals LC Championships
65*	29.67 L	F	Ava Fourie	16	TRAZ FSH	24/03/2024	SA Level 2 Regional Age Group Champs
67	29.73 L	F	Amahle Mhlongo	16	PSCP UMD	24/11/2023	Westville-Seals LC Championships
68	29.77 L	F	Une Van den Berg	16	AA JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
69	29.78 L	P	Kaylin Stieger	16	MP EZD	19/04/2024	SA Schools Swimming Championship
70	29.82 L	P	Ella Mills	16	UNI EZD	15/03/2024	SA National Junior Age Group
71	29.90 L	F	Veneske Steenkamp	16	ROA EDD	12/08/2023	Madibaz Swim Meet 2023
72	29.91 L	F	Simone Henning	16	RHS BP	23/02/2024	NW School Championships 2024
73	29.92 L	F	Hayley Hoy	16	SWLAB CPT	03/05/2023	CANA Zone IV
74	29.93 L	P	Grace George	16	KZNA ETH	19/04/2024	SA Schools Swimming Championship
75	29.94 L	F	Hannah Rigby	16	RSA	03/05/2023	CANA Zone IV SwimmingChampions
76	29.97 L	F	Bea Van der Merwe	16	RFA FSH	01/12/2023	2023 The Tshwane Mayor's Gala
77	30.02 L	P	Farhah Valli	16	RSA	18/10/2023	BRICS Games Swimming 2023-KZN
78	30.06 L	F	Amelie Botha	16	RFA FSH	26/01/2024	NTS Level 3+ Januarey Age Group 2024
79*	30.10 L	P	Gemma Jones	16	VINE CPT	15/03/2024	SA National Junior Age Group
79*	30.10 L	F	Gabriella Douglas	16	BAS EKU	15/09/2023	EGA Summer 1
81*	30.14 L	F	Chloe Geldenhuys	16	SEALE ETH	21/03/2024	SA Level 3 Regional Age Group
81*	30.14 L	P	Tatum Cabral	16	ELEC FSH	20/03/2024	SA Level 3 Regional Age Group
83	30.16 L	P	Tazmin Suliman	16	TUKS FSH	12/12/2023	NTS Championships 2023
84	30.18 L	F	Isla Thomas	16	AA JHB	20/03/2024	SA Level 3 Regional Age Group
85	30.23 L	F	Loghan Gray	16	CA EKU	15/09/2023	EGA Summer 1
86	30.28 L	F	Clarise Coetzer	16	STSC KCD	27/01/2024	Ushaka Champs 2024
87*	30.31 L	F	Colby Cochrane	16	CRSC JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
87*	30.31 L	F	Tatum Lauf	16	MDOL JHB	30/11/2023	CGA Championships 2023
89	30.32 L	F	Hayley Beling	16	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
90	30.34 L	F	Simone Vd Merwe	16	LALE CED	11/11/2023	Winelands SL4
91	30.35 L	F	Emma La Grange	16	PLAY CED	18/11/2023	CTA QUALIFYING MEET 2
92*	30.38 L	P	Tamsyn Kotzè	16	BLMA CPT	15/03/2024	SA National Junior Age Group
92*	30.38 L	F	Amelia Vincent	16	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group
94	30.39 L	P	Ciska Ferreira	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
95	30.43 L	F	Abigail Van Dyk	16	TUKS FSH	17/11/2023	SA Level 3+ November Age Group
96	30.47 L	F	Bay-Linn Oelofse	16	TNDER FDD	11/11/2023	Bull Sharks Gala
97	30.48 L S	P	Caitlin Watson	16	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
98	30.49 L	P	Erin Beyers	16	UNI EZD	15/03/2024	SA National Junior Age Group
99	30.52 L	F	Lara Smith	16	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
100	30.53 L S	P	Michaela Labuschagne	16	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
101	30.60 L	F	Anri De Beer	16	INFA NMA	21/03/2024	SA Level 3 Regional Age Group
102*	30.61 L	F	Holley Jacoby	16	VIKI BUF	24/11/2023	BCA Long Course Championships 2023
102*	30.61 L S	F	Candice Myers	16	TCA EKU	07/12/2023	EGA Summer Championships
104	30.65 L	F	Mia Pienaar	16	STSC KCD	21/10/2023	Froggies Championships 2023
105	30.67 L	F	Nazneen Mohamed	16	ATLA JHB	30/11/2023	CGA Championships 2023
106	30.72 L S	P	Kirstin Brady	16	RAV EKU	07/12/2023	EGA Summer Championships
107	30.76 L	F	Neo Cele	16	ELEC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
108	30.78 L S	P	Alexia Luz	16	SOUL EKU	07/12/2023	EGA Summer Championships
109	30.79 L	P	Jorja Da Cunha	16	BON EKU	20/03/2024	SA Level 3 Regional Age Group
110*	30.85 L S	P	Wilmien Verbeek	16	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
110*	30.85 L	F	Miana Fourie	16	BLSS MAN	27/10/2023	Neptune Prestige Gala
112*	30.87 L	F	Holly Allison	16	AZON ETH	21/03/2024	SA Level 3 Regional Age Group
112*	30.87 L	F	Cara Crichton	16	TUKS FSH	24/03/2024	SA Level 2 Regional Age Group Champs
114*	30.94 L	F	Esmari Weitsz	16	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
114*	30.94 L	F	Isabella Vicente	16	SOUL EKU	24/03/2024	SA Level 2 Regional Age Group Champs
116	30.96 L	P	Kanishka Rajput	16	SMTC JHB	15/03/2024	SA National Junior Age Group
117	31.00 L	F	Nikha Lambden	16	EXP FSH	22/09/2023	NTS Level 3+ September Age Group

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	Time	P/F/S	Name	Age/Yr					
118	31.04	L	P	Emma Roberts	16	UNI	EZD	20/03/2024	SA Level 3 Regional Age Group
119	31.06	L	F	Chanel Baenhoff	16	BLSS	MAN	06/12/2023	Free State Champs 2023
120	31.08	L	F	Kye-Ann Fowler	16	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
121	31.11	L	F	Zoey Du Toit	16	UNI	EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
122	31.12	L	F	Alienne van Rensburg	16	KTS		07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
123	31.13	L S	F	Sally-Louise Ingwe	16	RAV	EKU	07/12/2023	EGA Summer Championships
124	31.16	L	F	Emma Atkinson	16	AZON	ETH	05/04/2024	SA Level 2 Regional Age Group Champs
125	31.17	L	F	Lume Louw	16	USC	BUF	21/03/2024	SA Level 3 Regional Age Group
126	31.25	L	F	Danelle Mody	16	CRSC	JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
127	31.26	L	P	Kayla-Jade Van Heerden	16	WSTV	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
128	31.27	L	F	Lize Burness	16	TUKS	FSH	22/09/2023	NTS Level 3+ September Age Group
129	31.28	L S	P	Erin Glover	16	TYGE	CPT	14/12/2023	Western Cape LC-A Championship 2023
130	31.32	L	F	Eunice Fourie	16	BLSS	MAN	06/12/2023	Free State Champs 2023
131	31.34	L	F	Elmarie De Witt	16	QUIC	CPT	18/11/2023	CTA QUALIFYING MEET 2
132	31.35	L	P	Tianel Van Der Merwe	16	MSC	NGD	20/03/2024	SA Level 3 Regional Age Group
133	31.37	L	F	Rene Sauerman	16	SEAL	UMD	24/11/2023	Westville-Seals LC Championships
134	31.39	L	F	Jean Marie Swartz	16	TONAU	CCD	27/01/2024	Limpopo School Champs
135	31.43	L	F	Amy Gerber	16	SEAL	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
136	31.45	L	P	Fallon Tweedie	16	PEAS	NMA	09/02/2024	Infinity Gala 2024
137	31.47	L	F	Yusrah Du Toit	16	UWCA	CPT	10/02/2024	WCA-B Champs - 2024
138	31.48	L S	P	Zara Jeftha	16	MARL	CPT	14/12/2023	Western Cape LC-A Championship 2023
139	31.49	L	P	Nanette Jordaan	16	BLOT	MAN	14/12/2023	KZNA 2023 Championships Incorp SSA
140	31.53	L	F	Tatum Borrill	16	CA	EKU	28/10/2023	EGA Summer 2 2023
141	31.56	L	F	Catherine Wentzel	16	FRA	KCD	05/04/2024	SA Level 2 Regional Age Group Champs
142	31.62	L	P	Megan Kemp	16	TINIC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
143	31.64	L	F	Acacia- Cailyn Abell	16	MDOL	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
144	31.67	L	F	Grace Bothma	16	WSTV	ETH	24/11/2023	Westville-Seals LC Championships
145	31.69	L	F	Jaiden Funnell	16	SWIM1	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
146	31.70	L	P	Luyanda Shandu	16	SEAL	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
147	31.75	L	F	Monique Oosthuizen	16	BLOT	MAN	13/10/2023	Pelicans Gala
148	31.76	L	P	Sinesipho Sibiba	16	SEAL	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
149	31.77	L S	P	Abigail Otto	16	CA	EKU	07/12/2023	EGA Summer Championships
150	31.79	L S	F	Hannah Witten	16	AQDO	CPT	24/11/2023	CTA A & B CHAMPS 2023
151	31.81	L	F	Cara Fourie	16	UPSK	ZMD	10/02/2024	AGE GROUP 6 UPT - 2024
152	31.83	L	F	Alexia Adreani	16	CA	EKU	11/11/2023	EGA Summer 3
153	31.89	L	F	Cara Corrigan	16	FISH	EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
154	32.01	L	P	Mignon Smit	16	SS	MPD	20/03/2024	SA Level 3 Regional Age Group
155	32.04	L	P	Cameron Morel	16	SWIFT	EKU	20/03/2024	SA Level 3 Regional Age Group
156	32.06	L	P	Alexandra Houniet	16	CA	EKU	20/03/2024	SA Level 3 Regional Age Group
157	32.08	L	F	Samantha Maritz	16	BLSS	MAN	06/12/2023	Free State Champs 2023
158*	32.09	L	P	Abigail Phillips	16	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
158*	32.09	L	F	Rienke Blignaut	16	BLSS	MAN	06/12/2023	Free State Champs 2023
160	32.10	L	F	Shani Olivier	16	WELL	CED	21/03/2024	SA Level 3 Regional Age Group
161	32.11	L	P	Ashling McCarthy	16	LINR	JHB	30/11/2023	CGA Championships 2023
162	32.17	L	P	Caitlin Kennedy	16	AFIN	JHB	30/11/2023	CGA Championships 2023
163	32.22	L	P	Deidré Olivier	16	RBOT	BPD	06/12/2023	NWS Championships 2023/24
164	32.30	L	F	Alexa Louw	16	BLMA	CPT	10/02/2024	WCA-B Champs - 2024
165	32.31	L	F	Amy Clayton	16	CUHE	QBD	03/02/2024	Winelands SL final
166	32.33	L	P	Monize Wingard	16	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
167*	32.43	L	F	Kayla Miller	16	CRSC	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
167*	32.43	L	F	Josslyn Gauldie	16	RFA	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
169	32.54	L	F	Mmathabo Marite	16	CRSC	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
170	32.61	L S	F	Jenna Loubser	16	SFSC	CPT	24/11/2023	CTA A & B CHAMPS 2023
171	32.64	L	P	Kanak Rajput	16	AAS	JHB	20/03/2024	SA Level 3 Regional Age Group
172*	32.66	L	P	Hannah Prince	16	OLDE	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
172*	32.66	L	F	Danelle Du Toit	16	TASC	MPD	01/12/2023	Limpopo Champs
174	32.69	L	P	Kendra Beukes	16	PGAC	EKU	20/03/2024	SA Level 3 Regional Age Group
175	32.70	L	P	Aarya Morar	16	ATLA	JHB	20/03/2024	SA Level 3 Regional Age Group
176	32.71	L	F	Jannae De Villiers	16	PRKA	PSD	25/11/2023	UPT AGE GROUP 2 2023

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 Number of Top Times: All

Times until: 30-Apr-24
 Show Long Course Only

Time	P/F/S	Name	Age/Yr
177	32.74 L	P Milla Delpont	16 PEAS NMA 24/06/2023 PEA Winter Gala 2023
178*	32.81 L	F Marilee Coetzee	16 DOLFI MPD 11/11/2023 Limpopo Age Group 5
178*	32.81 L	F Lisa Bloem	16 BLOT MAN 27/10/2023 Neptune Prestige Gala
180	32.87 L	F Gail Polman	16 CASC CPT 18/11/2023 CTA QUALIFYING MEET 2
181	32.98 L S	F Erin Burke	16 SFSC CPT 05/10/2023 42nd Freda Barnard Invitational Gala
182	33.01 L	P Janca Hattingh	16 CSA EZD 01/12/2023 Mpumalanga Championships 2023
183	33.03 L	P Christn Engelbrecht	16 KSC EZD 01/12/2023 Mpumalanga Championships 2023
184	33.06 L	F Lois Fourie	16 BLSS MAN 26/03/2024 SA Level 2 Regional Age Group Champs
185	33.10 L	P Kayla Botha	16 AFIN JHB 24/03/2024 SA Level 2 Regional Age Group Champs
186	33.11 L	P Gabriella Smith	16 MDOL JHB 20/03/2024 SA Level 3 Regional Age Group
187	33.12 L	F Kimberley Strong	16 KTS 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
188	33.13 L	F Catherine Jones	16 RFA TSH 01/12/2023 2023 The Tshwane Mayor's Gala
189	33.14 L	F Carla Pienaar	16 STSC KCD 27/01/2024 Ushaka Champs 2024
190*	33.15 L	F Emily Tsai	16 BLMA CPT 10/02/2024 WCA-B Champs - 2024
190*	33.15 L	F Mia Barnard	16 BLOT MAN 06/12/2023 Free State Champs 2023
192	33.17 L	F Charissa Volschenk	16 KZNA ETH 27/01/2024 Ushaka Champs 2024
193	33.23 L	P Jamilah Tshiyoyo	16 TUKS TSH 24/03/2024 SA Level 2 Regional Age Group Champs
194	33.24 L	F Bianca Myburgh	16 CUHE OBD 10/02/2024 WCA-B Champs - 2024
195*	33.25 L	F Chloe Pieterse	16 QSAW CED 03/02/2024 Winelands SL final
195*	33.25 L	F Paula Van Zyl	16 LALE CED 11/11/2023 Winelands SL4
197	33.28 L	F Layah Peterson	16 HMER MP 14/10/2023 Limpopo Top 8 - High Schools
198	33.29 L	F Michaela Van Rooyen	16 BLSS MAN 15/09/2023 Bull Sharks Annual Gala
199	33.31 L	F Emma Wentzel	16 AA JHB 20/01/2024 CGA Level 2+ Gala 20 Jan 2024
200	33.41 L	P Riley Hattingh-Steyn	16 SOUL EKU 24/03/2024 SA Level 2 Regional Age Group Champs
201	33.42 L	F Keira Schroll	16 NWUC KKD 21/10/2023 NWS Age Group 1 & 2 2023
202	33.44 L	P Richelle Rothmann	16 AQU ADJ 05/04/2024 SA Level 2 Regional Age Group Champs
203	33.47 L	P Shannon Coetzee	16 PGAC EKU 24/03/2024 SA Level 2 Regional Age Group Champs
204	33.49 L	F Lerato Molobye	16 HREF BP 21/10/2023 NWS Age Group 1 & 2 2023
205*	33.58 L	F Marinique Lamprecht	16 RFA TSH 01/07/2023 Rossini Swim Cup
205*	33.58 L	F Lore Elise Snyckers	16 AHMP TSH 29/09/2023 2023 OR Tambo Trials & NTS Oct AG
207	33.59 L	F Liza Schoeman	16 RHS BP 23/02/2024 NW School Championships 2024
208	33.83 L	F Gabrielle Mare'	16 PAC TSH 01/12/2023 2023 The Tshwane Mayor's Gala
209	33.89 L	F Entle Khumalo	16 SWIJ JHB 14/10/2023 CGA Level 2 + Gala Oct 2023
210	33.98 L	P Johane Viljoen	16 BLNE MAN 26/03/2024 SA Level 2 Regional Age Group Champs
211	34.16 L	F Marita Lackey	16 TUKS TSH 16/02/2024 NTS February Open Age Group 2024
212	34.23 L	F Kate Allwood	16 WCA CPT 08/04/2024 SA National Aquatic Champ 2024-PE
213	34.29 L	F Jessica Carver	16 ELEC TSH 01/12/2023 2023 The Tshwane Mayor's Gala
214	34.48 L	F Jenna-Mae Lally	16 BEAV ETH 21/10/2023 Froggies Championships 2023
215	34.53 L	F Hanrike Barnard	16 WAGH BP 23/02/2024 NW School Championships 2024
216	34.60 L S	P Clara van Rooyen	16 PGAC EKU 07/12/2023 EGA Summer Championships
217	34.66 L	F Amelia Fraser-Harding	16 ACSA ETH 24/11/2023 Westville-Seals LC Championships
218	34.69 L	F Olivia Darley	16 HASC JHB 27/01/2024 CGA Level 2+ Gala 27 Jan 2024
219	34.74 L	P Cameron Landman	16 BETH FDD 26/03/2024 SA Level 2 Regional Age Group Champs
220	34.79 L	F Gemma Harris	16 MARL CPT 10/02/2024 WCA-B Champs - 2024
221	34.88 L	F Taaliah Rinquet	16 MARL CPT 10/02/2024 WCA-B Champs - 2024
222	34.92 L	F Christine Lee	16 HPP BUF 14/10/2023 Limpopo Top 8 - High Schools
223	34.99 L	P Rudine Van Wyk	16 PAC TSH 24/03/2024 SA Level 2 Regional Age Group Champs
224	35.01 L	F Nthanki Kumalo	16 ELEC TSH 29/09/2023 2023 OR Tambo Trials & NTS Oct AG
225	35.12 L	F Makayla Lombard	16 JAQ EKU 26/01/2024 EGA Last Chance 2024
226	35.19 L	F Isabella Le Roux	16 QSAW CED 11/11/2023 Swartland Prestige Gala 2023
227	35.21 L	F Zaibaa Bawa	16 WATR JHB 26/07/2023 Giochi Del Tricolore Swim
228	35.22 L	F Kayleigh Jansen Van Vuuren	16 CSA EZD 23/09/2023 MP SPRINT GALA 23 SEPTEMBER
229	35.26 L	F Morgan Van Wyk	16 XCEL CPT 17/02/2024 Swartland Invitational Gala 2024
230	35.35 L	F Michaela Mitchley	16 KTS 07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
231	35.72 L	F Lisa Ferreira	16 RFA TSH 01/12/2023 2023 The Tshwane Mayor's Gala
232	35.91 L	F Eshle Gceba	16 LINR JHB 14/10/2023 CGA Level 2 + Gala Oct 2023
233	36.01 L	F Elanza Oosthuizen	16 PHS CCD 14/10/2023 Limpopo Top 8 - High Schools
234	36.05 L	F Jenna Du Plessis	16 BLSS MAN 06/10/2023 Super Seals & Sentraal Aquatics Gala
235	36.24 L	F Emma Davies	16 BAS EKU 15/09/2023 EGA Summer 1

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
236	36.31 L	F	Lianka Du Toit	16	HPP BUF	14/10/2023	Limpopo Top 8 - High Schools
237	36.62 L	P	Deidré Grobler	16	KSC EZD	01/12/2023	Mpumalanga Championships 2023
238	36.69 L	F	Skye Schoeman	16	AQUA BUF	21/10/2023	Uthukela District Age Group Gala
239	36.70 L	F	Mienke Uys	16	FROS TMD	18/11/2023	Valsrivier Gala
240	36.72 L	F	Leandrè Burger	16	QSAW CED	03/02/2024	Winelands SL final
241	36.79 L	F	Carmen Botha	16	WES KK	23/02/2024	NW School Championships 2024
242	36.98 L	F	Zani Van Rensburg	16	PGAC EKU	15/09/2023	EGA Summer 1
243	37.05 L	F	Lihlombe Manqina	16	SHS KK	03/02/2024	Buffalo City School Trials 2024
244	37.44 L	F	Madelein Bronkhorst	16	SS MPD	11/11/2023	Limpopo Age Group 5
245	37.94 L	P	Liandi Strydom	16	NAE EZD	01/12/2023	Mpumalanga Championships 2023
246	38.20 L	P	Cleo May	16	MARL CPT	24/06/2023	PEA Winter Gala 2023
247	38.45 L	F	Riley Zulch	16	ONYX EKU	02/03/2024	AG Level 1 Regional Age Group
248	38.46 L	F	Aniela Wenhold	16	RHS BP	23/02/2024	NW School Championships 2024
249	38.79 L	F	Diré Schoeman	16	HFDT MP	14/10/2023	Limpopo Top 8 - High Schools
250	38.96 L	F	Nika Snyman	16	HE CCD	14/10/2023	Limpopo Top 8 - High Schools
251	39.07 L	F	Keletso Mbimba	16	AA JHB	02/03/2024	AG Level 1 Regional Age Group
252	39.23 L	F	Muneerah Khan	16	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
253	39.32 L	F	Onalenna Tsholwe	16	MATL KKD	11/11/2023	NWS Age Group 3 + 4
254	39.62 L	P	Bea-Mari Ackerman	16	MATL KKD	06/12/2023	NWS Championships 2023/24
255	39.63 L	F	Josie Salter	16	UPC EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
256	39.66 L	F	Yana Van Schoor	16	PGAC EKU	15/09/2023	EGA Summer 1
257	39.68 L	F	Mia Pretorius	16	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
258	41.23 L	F	Esona Botile	16	HARL BUF	24/11/2023	BCA Long Course Championships 2023
259	41.85 L	F	Tyler Lowe	16	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
260	42.41 L	F	Caylin Bach	16	AASC EZD	02/02/2024	MP AGE GROUP 5 GALA
261	42.45 L	F	Lesedi-Lere Themba	16	ESP EKU	15/09/2023	EGA Summer 1
262	42.95 L	F	Kirsten Campbell	16	WALM CPT	17/09/2023	CTA BMEET 3
263	43.27 L	F	Denaycha Oosthuizen	16	WAGH BP	23/02/2024	NW School Championships 2024
264	43.44 L	F	Kelly-Grace Luyt	16	FIELD BP	23/02/2024	NW School Championships 2024
265	43.89 L	F	Iliitha Mafeke	16	KHS OTD	03/02/2024	Buffalo City School Trials 2024
266	44.92 L	F	Kayla Schoenveld	16	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
267	45.78 L	F	Georgia Papamichael	16	VPHS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
268	46.24 L	F	Madison Isaacs	16	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
269	46.95 L	F	Kelsi Oelofse	16	FRAM NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
270	48.81 L	F	Maya Mabe	16	LEBII BP	23/02/2024	NW School Championships 2024
271	50.64 L	F	Lune Van Der Berg	16	EXA EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
272	51.10 L	F	Aymee Botha	16	PWC BP	23/02/2024	NW School Championships 2024
273	57.44 L	F	Bubukho Ndamane	16	UMHS OTD	03/02/2024	Buffalo City School Trials 2024
274	1:00.13 L	F	Sfungo Keswa	16	UMHS OTD	03/02/2024	Buffalo City School Trials 2024
275	1:00.64 L	F	Bubuhle Ndamane	16	UMHS OTD	03/02/2024	Buffalo City School Trials 2024
276	1:06.68 L	F	Mihle Ngini	16	KHS OTD	03/02/2024	Buffalo City School Trials 2024
277	1:07.13 L	F	Anna-Marie Steyn	16	ESS EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
278	1:14.40 L	F	Jessica Jansen	16	ESS EZD	13/10/2023	MP AGE GROUP 2
Women 16-16 100 Free							
1	57.40 L	P	Jessica Carmody	16	RSA	04/09/2023	9th JUNIOR WORLD SWIMMING
2	58.08 L	F	Grace Morris	16	LALE CED	15/03/2024	SA National Junior Age Group
3	59.16 L	F	Rebecca Fury	16	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
4*	59.90 L	F	Myra Viduya	16	INFA NMA	15/12/2023	NMBA Championships 2023
4*	59.90 L	F	Myra Viduya	16	INFA NMA	15/12/2023	NMBA Championships 2023
6	59.94 L	F	Keira Van Heerden	16	INFA NMA	19/04/2024	SA Schools Swimming Championship
7	1:00.02 L	F	Cassidy Burgess	16	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
8	1:00.08 L	F	Mikayla Makwabarara	16	HRE MS	14/12/2023	KZNA 2023 Championships Incorp SSA
9	1:00.24 L	F	Emily Lott	16	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
10	1:00.29 L	F	Scarlett Le Roux	16	CA EKU	07/12/2023	EGA Summer Championships
11	1:00.35 L	F	Daena Robinson	16	SEAL UMD	15/03/2024	SA National Junior Age Group
12	1:00.55 L	F	Keira Duncan	16	SGUL ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
13	1:00.71 L	F	Erin Hudson	16	AA JHB	30/11/2023	CGA Championships 2023
14	1:01.12 L	F	Marony Jacobs	16	INFA NMA	11/11/2023	5th A League Gala 2023
15	1:01.13 L	F	Jana Vorster	16	TUKS TSH	15/03/2024	SA National Junior Age Group

Individual Top Times

Times since: 01-May-23
 Number of Top Times: All

Times until: 30-Apr-24
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
16	1:01.23	L	F	Danielle Cronjè	16	LALE	GED	15/03/2024	SA National Junior Age Group
17	1:01.29	L	F	Hannah Ferreira	16	KZNA	ETH	19/04/2024	SA Schools Swimming Championship
18	1:01.50	L	P	Alex-Zandre' Labuschagne	16	KZNA	ETH	08/04/2024	SA National Aquatic Champ 2024-PE
19	1:01.53	L	P	Cassidy Sinclair	16	DRGN	EKU	30/11/2023	CGA Championships 2023
20	1:01.77	L	P	Dane De Klerk	16	BLSS	MAN	15/03/2024	SA National Junior Age Group
21	1:01.83	L	P	Ruth Dredge	16	AGC	TSH	08/04/2024	SA National Aquatic Champ 2024-PE
22	1:01.85	L	P	Melissa Kuun	16	WCA	CPT	08/04/2024	SA National Aquatic Champ 2024-PE
23	1:02.09	L	F	Mathilda Liebenberg	16	POTC	KKD	06/12/2023	NWS Championships 2023/24
24*	1:02.27	L	P	Madelé Harding	16	POTC	KKD	12/12/2023	NTS Championships 2023
24*	1:02.27	L	P	Tafadzwa Chandiwana	16	MDOL	JHB	15/03/2024	SA National Junior Age Group
26	1:02.38	L	P	Nicole Beling	16	BAS	EKU	15/03/2024	SA National Junior Age Group
27	1:02.42	L	P	Jana Lombard	16	LALE	GED	15/03/2024	SA National Junior Age Group
28	1:02.44	L	F	Kendra Begley	16	INFA	NMA	09/02/2024	Infinity Gala 2024
29	1:02.46	L	F	Madison Fourie	16	INFA	NMA	15/12/2023	NMBA Championships 2023
30	1:02.61	L	P	Tanatswa Chandiwana	16	HRE	MS	14/12/2023	KZNA 2023 Championships Incorp SSA
31	1:02.76	L	F	Kayla Petersen	16	USC	BUF	09/02/2024	Infinity Gala 2024
32	1:02.81	L	P	Savannah Mostert	16	QSAW	GED	15/03/2024	SA National Junior Age Group
33	1:02.96	L	F	Bailey Held	16	WSTV	ETH	24/11/2023	Westville-Seals LC Championships
34	1:03.00	L	P	Cassidey Rae Doubell	16	AA	JHB	15/03/2024	SA National Junior Age Group
35	1:03.10	L	F	Isabella Webber	16	VINE	CPT	17/02/2024	Swartland Invitational Gala 2024
36	1:03.12	L	T	Tiffany Marshall	16	UNI	EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
37	1:03.21	L	F	Xanthe Nagel	16	HREF	BP	06/12/2023	NWS Championships 2023/24
38	1:03.33	L	F	Hannah Rigby	16	RSA		03/05/2023	CANA Zone IV SwimmingChampions
39	1:03.37	L	F	Katie-Peta Marcelino	16	KLOO	ETH	24/11/2023	Westville-Seals LC Championships
40	1:03.40	L	F	Rebecca Kuhn	16	PER	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
41	1:03.42	L	F	Grace George	16	SEAL	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
42	1:03.58	L	P	Jana Swiegers	16	TUKS	TSH	15/03/2024	SA National Junior Age Group
43	1:03.68	L	F	Elne Reynolds	16	INFA	NMA	15/12/2023	NMBA Championships 2023
44	1:03.69	L	P	Karmen Van Rensburg	16	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
45	1:03.75	L	F	Mianique Lombard	16	WELA	LLD	06/12/2023	Free State Champs 2023
46	1:03.89	L	F	Isabel Vorster	16	BLNE	MAN	06/12/2023	Free State Champs 2023
47	1:04.01	L	F	Loghan Gray	16	CA	EKU	28/10/2023	EGA Summer 2 2023
48	1:04.06	L	P	Erin Mayoss	16	KLOO	ETH	15/03/2024	SA National Junior Age Group
49	1:04.14	L	F	Tamryn Kunneke	16	RFA	TSH	20/03/2024	SA Level 3 Regional Age Group
50	1:04.20	L	P	Kathleen Welsh	16	MSC	NGD	01/12/2023	Mpumalanga Championships 2023
51	1:04.21	L	F	Mareze Frylinck	16	BLSS	MAN	16/02/2024	Neptunes Last chance Gala
52	1:04.22	L	P	Veneske Steenkamp	16	ROA	EDD	24/06/2023	PEA Winter Gala 2023
53	1:04.31	L	P	Tanè Putter	16	TYGE	CPT	15/03/2024	SA National Junior Age Group
54	1:04.34	L	F	Jordana Azran	16	KLOO	ETH	21/03/2024	SA Level 3 Regional Age Group
55	1:04.68	L	F	Tatum Cabral	16	ELEC	TSH	20/03/2024	SA Level 3 Regional Age Group
56	1:04.81	L	P	Simone Theron	16	LP	CCD	19/04/2024	SA Schools Swimming Championship
57	1:04.83	L	F	Jana Helmand	16	BLOT	MAN	06/12/2023	Free State Champs 2023
58	1:04.90	L	P	Caitlin Watson	16	BLMA	CPT	14/12/2023	Western Cape LC-A Championship 2023
59	1:04.93	L	P	Erin Joubert	16	KLOO	ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
60*	1:05.02	L	F	Bay-Linn Oelofse	16	TNDER	FDD	06/12/2023	Free State Champs 2023
60*	1:05.02	L	P	Mari Zanne Nortje	16	LP	CCD	19/04/2024	SA Schools Swimming Championship
62	1:05.18	L	P	Tamsyn Kotzè	16	BLMA	CPT	15/03/2024	SA National Junior Age Group
63	1:05.27	L	F	Gemma Jones	16	VINE	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
64	1:05.32	L	P	Michaela Labuschagne	16	SSISA	CPT	14/12/2023	Western Cape LC-A Championship 2023
65	1:05.35	L	F	Kirsty Andraos	16	TUKS	TSH	22/09/2023	NTS Level 3+ September Age Group
66	1:05.38	L	F	Jordyn Collett	16	TUKS	TSH	23/02/2024	NTS Prestige AG February 2024
67	1:05.46	L	F	Taylor Hemphill	16	SEALE	ETH	24/11/2023	Westville-Seals LC Championships
68	1:05.50	L	P	Araya de Waal	16	PGAC	EKU	20/03/2024	SA Level 3 Regional Age Group
69	1:05.55	L	F	Hayley Hoy	16	TUKS	TSH	23/02/2024	NTS Prestige AG February 2024
70	1:05.56	L	F	Alexia Luz	16	SOUL	EKU	20/03/2024	SA Level 3 Regional Age Group
71	1:05.63	L	P	Ella Mills	16	UNI	EZD	15/03/2024	SA National Junior Age Group
72	1:05.65	L	F	Ava Fourie	16	TRAZ	TSH	24/03/2024	SA Level 2 Regional Age Group Champs
73	1:05.66	L	P	Kate Truter	16	BEAV	ETH	15/03/2024	SA National Junior Age Group
74	1:05.72	L	P	Hannah Liebenberg	16	PAC	TSH	12/12/2023	NTS Championships 2023

Individual Top Times

Times since: 01-May-23
 Number of Top Times: All

Times until: 30-Apr-24
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
75	1:05.73	L	F	Une Van den Berg	16	AA JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
76	1:05.85	L	F	Hayley Beling	16	BAS ECU	20/03/2024	SA Level 3 Regional Age Group
77	1:05.89	L	P	Mieke Vd Wal	16	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
78	1:05.91	L	F	Colby Cochrane	16	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
79	1:05.95	L	P	Candice Myers	16	TCA ECU	07/12/2023	EGA Summer Championships
80	1:05.98	L	F	Morgan Rabie	16	TUKS FSH	26/01/2024	NTS Level 3+ January Age Group 2024
81	1:05.99	L	P	Chanel Baenhoff	16	BLSS MAN	15/03/2024	SA National Junior Age Group
82	1:06.04	L	P	Amy Brown	16	SEALE ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
83	x1:06.06	L	F	Emma La Grange	16	PLAY CED	10/02/2024	WCA-B Champs - 2024
84	1:06.09	L	F	Isla Thomas	16	AA JHB	30/11/2023	CGA Championships 2023
85	1:06.32	L	F	Holley Jacoby	16	VIKI BUF	24/11/2023	BCA Long Course Championships 2023
86	1:06.41	L	P	Amy Schmidt	16	ASAW CED	15/03/2024	SA National Junior Age Group
87	1:06.54	L	P	Beane Swanepoel	16	AGC FSH	08/04/2024	SA National Aquatic Champ 2024-PE
88	1:06.72	L	F	Holly Allison	16	AZON ETH	21/03/2024	SA Level 3 Regional Age Group
89	1:06.74	L	P	Erin Glover	16	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
90	1:06.83	L	F	Keira Leask	16	AA JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
91	1:06.88	L	F	Anri De Beer	16	INFA NMA	21/03/2024	SA Level 3 Regional Age Group
92	1:06.93	L	P	Wilmien Verbeek	16	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
93	1:07.00	L	P	Emma Roberts	16	UNI EZD	20/03/2024	SA Level 3 Regional Age Group
94	1:07.01	L	F	Chloe Geldenhuys	16	SEALE ETH	24/11/2023	Westville-Seals LC Championships
95	1:07.22	L	F	Tatum Lauf	16	MDOL JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
96	1:07.25	L	F	Jorja Da Cunha	16	BON ECU	26/01/2024	EGA Last Chance 2024
97	1:07.28	L	F	Clarise Coetzer	16	STSC KCD	24/11/2023	Westville-Seals LC Championships
98	1:07.35	L	F	Ciska Ferreira	16	UNI EZD	12/01/2024	2024 Grand Prix Invitation Swimming
99	1:07.44	L	F	Nazneen Mohamed	16	ATLA JHB	30/11/2023	CGA Championships 2023
100	1:07.54	L S	F	Sally-Louise Ingwe	16	RAV ECU	22/02/2024	18th Botswana Swimming Nationals
101	1:07.56	L	F	Kye-Ann Fowler	16	UNI EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
102	1:07.58	L	F	Lume Louw	16	USC BUF	09/02/2024	Infinity Gala 2024
103	1:07.71	L	F	Isabella Havemann	16	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023
104	1:07.73	L	F	Lara Smith	16	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
105	1:07.87	L	P	Mia Pienaar	16	STSC KCD	05/04/2024	SA Level 2 Regional Age Group Champs
106	1:07.88	L	P	Anastasia Sequeira	16	CA ECU	07/12/2023	EGA Summer Championships
107	1:07.98	L	P	Kanishka Rajput	16	SMTC JHB	15/03/2024	SA National Junior Age Group
108	1:07.99	L	F	Danelle Mody	16	CRSC JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
109	1:08.11	L	P	Jasmine Pillay	16	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
110	1:08.17	L	P	Kirstin Brady	16	RAV ECU	07/12/2023	EGA Summer Championships
111	1:08.24	L	F	Carmi Schoeman	16	TKS WBD	01/12/2023	Limpopo Champs
112	1:08.44	L	F	Nikha Lambden	16	EXP FSH	16/02/2024	NTS February Open Age Group 2024
113	1:08.49	L	F	Esmari Weitsz	16	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
114	1:08.54	L	F	Alexandra Houniet	16	CA ECU	28/10/2023	EGA Summer 2 2023
115	1:08.58	L	F	Christi Serfontein	16	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
116	1:08.62	L	F	Catherine Wentzel	16	FRA KCD	05/04/2024	SA Level 2 Regional Age Group Champs
117	1:08.71	L	P	Rene Sauerman	16	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
118	1:08.72	L	P	Nanette Jordaan	16	BLOT MAN	14/12/2023	KZNA 2023 Championships Incorp SSA
119	1:08.82	L	P	Erin Beyers	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
120	1:08.89	L	P	Sinesipho Sibiya	16	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
121	1:08.92	L	P	Kayla-Jade Van Heerden	16	WSTV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
122	1:09.11	L	F	Jaiden Funnell	16	SWIM1 JHB	24/03/2024	SA Level 2 Regional Age Group Champs
123	1:09.22	L	F	Gabriella Smith	16	MDOL JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
124*	1:09.26	L	F	Bea Van der Merwe	16	RFA FSH	26/01/2024	NTS Level 3+ January Age Group 2024
124*	1:09.26	L	P	Hannah Witten	16	AQDO CPT	21/03/2024	SA Level 3 Regional Age Group
126	1:09.27	L	F	Cara Crichton	16	TUKS FSH	03/11/2023	NTS Level 1+2 November Age Group
127	1:09.32	L	P	Alienne van Rensburg	16	NC FB	19/04/2024	SA Schools Swimming Championship
128	1:09.45	L	F	Neo Cele	16	ELEC FSH	24/03/2024	SA Level 2 Regional Age Group Champs
129*	1:09.51	L	P	Ashling McCarthy	16	LINR JHB	30/11/2023	CGA Championships 2023
129*	1:09.51	L	F	Acacia- Cailyn Abell	16	MDOL JHB	30/11/2023	CGA Championships 2023
131	1:09.52	L	F	Luyanda Shandu	16	SEAL UMD	24/11/2023	Westville-Seals LC Championships
132	1:09.56	L	F	Amelia Vincent	16	BLSS MAN	06/12/2023	Free State Champs 2023
133	1:09.69	L	F	Tianel Van Der Merwe	16	MSC NGD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17

Individual Top Times

Times since: 01-May-23
 Number of Top Times: All

Times until: 30-Apr-24
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
134	1:09.70	L	F	Alexia Adreani	16	CA EKU	28/10/2023	EGA Summer 2 2023
135	1:09.71	L	P	Jean Marie Swartz	16	ACAQ CCD	20/03/2024	SA Level 3 Regional Age Group
136*	1:09.79	L	P	Amy Gerber	16	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
136*	1:09.79	L	F	Farhah Valli	16	RSA	03/05/2023	CANA Zone IV SwimmingChampions
138	1:09.91	L	F	Cara Fourie	16	UPSK ZMD	10/02/2024	AGE GROUP 6 UPT - 2024
139	1:10.09	L	F	Lize Burness	16	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
140	1:10.18	L	F	Kendra Beukes	16	PGAC EKU	26/01/2024	EGA Last Chance 2024
141	1:10.19	L	F	Elmarie De Witt	16	QUIC CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
142	1:10.28	L	F	Shani Olivier	16	WELL CED	21/03/2024	SA Level 3 Regional Age Group
143	1:10.29	L	F	Jenna-Mae Lally	16	BEAV ETH	21/03/2024	SA Level 3 Regional Age Group
144	1:10.31	L	F	Mignon Smit	16	SS MPD	01/12/2023	Limpopo Champs
145*	1:10.32	L	F	Abigail Phillips	16	SASE JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
145*	1:10.32	L	F	Yusrah Du Toit	16	UWCA CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
145*	1:10.32	L	P	Abigayle Otto	16	CA EKU	20/03/2024	SA Level 3 Regional Age Group
148	1:10.36	L	P	Deidre Olivier	16	RBOT BPD	06/12/2023	NWS Championships 2023/24
149	1:10.56	L	F	Monique Oosthuizen	16	BLOT MAN	21/10/2023	Otters Prestige Gala 2023
150	1:10.64	L	F	Jenna Loubser	16	SFSC CPT	24/11/2023	CTA A & B CHAMPS 2023
151	1:10.69	L	F	Isabella Vicente	16	SOUL EKU	24/03/2024	SA Level 2 Regional Age Group Champs
152	1:10.70	L	F	Clara van Rooyen	16	PGAC EKU	24/03/2024	SA Level 2 Regional Age Group Champs
153	1:10.93	L	F	Tatum Borrill	16	CA EKU	26/01/2024	EGA Last Chance 2024
154	1:10.99	L	P	Caitlin Kennedy	16	AFIN JHB	20/03/2024	SA Level 3 Regional Age Group
155	1:11.00	L	F	Emma Atkinson	16	AZON ETH	05/04/2024	SA Level 2 Regional Age Group Champs
156	1:11.10	L	F	Zoey Du Toit	16	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
157	1:11.14	L	F	Cherise Coetzer	16	STSC KCD	24/11/2023	Westville-Seals LC Championships
158	1:11.16	L	F	Samantha Maritz	16	BLSS MAN	06/12/2023	Free State Champs 2023
159*	1:11.17	L	F	Mmathabo Marite	16	CRSC JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
159*	1:11.17	L	F	Fallon Tweedie	16	PEAS NMA	09/02/2024	Infinity Gala 2024
161	1:11.18	L	P	Riley Hattingh-Steyn	16	SOUL EKU	24/03/2024	SA Level 2 Regional Age Group Champs
162	1:11.22	L	F	Eunice Fourie	16	BLSS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
163*	1:11.24	L	F	Amelie Botha	16	RFA TSH	26/01/2024	NTS Level 3+ January Age Group 2024
163*	1:11.24	L	P	Hannah Prince	16	OLDE JHB	24/03/2024	SA Level 2 Regional Age Group Champs
165	1:11.25	L	P	Cameron Morel	16	SWIFT EKU	20/03/2024	SA Level 3 Regional Age Group
166	1:11.29	L	F	Zara Jeftha	16	MARL CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
167	1:11.33	L	F	Alexa Louw	16	BLMA CPT	10/02/2024	WCA-B Champs - 2024
168	1:11.37	L	F	Miana Fourie	16	BLSS MAN	06/12/2023	Free State Champs 2023
169	1:11.39	L	P	Janca Hattingh	16	CSA EZD	01/12/2023	mpumalanga Championships 2023
170*	1:11.52	L	F	Rienke Blignaut	16	BLSS MAN	06/12/2023	Free State Champs 2023
170*	1:11.52	L	F	Cara Corrigan	16	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
172	1:11.85	L	P	Keira Schroll	16	NWUC KKD	06/12/2023	NWS Championships 2023/24
173	1:11.87	L	F	Monize Wingard	16	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
174	1:11.89	L	F	Catherine Jones	16	RFA TSH	03/11/2023	NTS Level 1+2 November Age Group
175	1:12.01	L	P	Lois Fourie	16	BLSS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
176	1:12.07	L	F	Emily Tsai	16	BLMA CPT	10/02/2024	WCA-B Champs - 2024
177	1:12.34	L	P	Aarya Morar	16	ATLA JHB	20/03/2024	SA Level 3 Regional Age Group
178	1:12.52	L	P	Kanak Rajput	16	AAS JHB	20/03/2024	SA Level 3 Regional Age Group
179	1:12.77	L	F	Mia Barnard	16	BLOT MAN	06/12/2023	Free State Champs 2023
180	1:12.78	L	F	Shannon Coetzee	16	PGAC EKU	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
181	1:12.81	L	P	Emma Wentzel	16	AA JHB	24/03/2024	SA Level 2 Regional Age Group Champs
182	1:12.88	L	P	Milla Delpoit	16	PEAS NMA	24/06/2023	SEA Winter Gala 2023
183	1:12.93	L	P	Ammara Jagger	16	AQDO CPT	14/12/2023	Western Cape LC-A Championship 2023
184	1:13.38	L	F	Amelia Fraser-Harding	16	ACSA ETH	27/01/2024	Ushaka Champs 2024
185	1:13.43	L	F	Kimberley Strong	16	KTS	03/02/2024	NCASA SPRINTS 2024
186	1:13.54	L	F	Gabrielle Mare'	16	PAC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
187	1:13.69	L	F	Cianke Louw	16	HMER MP	14/10/2023	Limpopo Top 8 - High Schools
188	1:13.73	L	F	Gabby Mc Hugh	16	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
189	1:13.74	L	P	Jamilah Tshiyoyo	16	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
190	1:13.89	L	F	Danelle Du Toit	16	TASC MPD	01/12/2023	Limpopo Champs
191	1:13.99	L	P	Kayla Miller	16	CRSC JHB	30/11/2023	CGA Championships 2023
192	1:14.03	L	F	Johane Viljoen	16	BLNE MAN	18/11/2023	Valsrivier Gala

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
193	1:14.19	L	P	Lerato Molobye	16	HREF BP	06/12/2023 NWS Championships 2023/24
194	1:14.20	L	F	Emsie Brand	16	SWAR WCD	10/02/2024 WCA-B Champs - 2024
195	1:14.27	L	F	Marilee Coetzee	16	DOLFI MPD	01/12/2023 Limpopo Champs
196	1:14.35	L	F	Lore Elise Snyckers	16	AHMP TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
197	1:14.37	L	F	Taaliah Rinquest	16	MARL CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
198	1:14.52	L	P	Josslyn Gauldie	16	RFA TSH	24/03/2024 SA Level 2 Regional Age Group Champs
199	1:14.54	L	P	Megan Kemp	16	TINC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
200	1:15.09	L	F	Zani Vermeulen	16	FISH EDD	05/10/2023 42nd Freda Barnard Invitational Gala
201	1:15.20	L	F	Jannae De Villiers	16	PRKA PSD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
202	1:15.48	L	F	Gail Polman	16	CASC CPT	18/11/2023 CTA QUALIFYING MEET 2
203	1:15.64	L	F	Marinique Lamprecht	16	RFA TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
204	1:15.79	L	F	Jessica Carver	16	ELEC TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
205	1:15.82	L	F	Amy Lazarou	16	AWSC JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
206	1:15.99	L S	F	Kate Allwood	16	WCA CPT	08/04/2024 SA National Aquatic Champ 2024-PE
207	1:16.00	L	F	Isabella Afonso	16	QUIC CPT	05/10/2023 42nd Freda Barnard Invitational Gala
208	1:16.24	L	P	Christn Engelbrecht	16	KSC EZD	01/12/2023 Mpumalanga Championships 2023
209	1:16.27	L	F	Carla Pienaar	16	STSC KCD	27/01/2024 Ushaka Champs 2024
210	1:16.34	L	F	Amy Clayton	16	CUHE OBD	05/10/2023 42nd Freda Barnard Invitational Gala
211	1:16.67	L	F	Charissa Volschenk	16	KZNA ETH	27/01/2024 Ushaka Champs 2024
212	1:16.78	L	P	Thobile Mtshali	16	TUKS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
213	1:16.85	L	F	Layah Peterson	16	HMER MP	14/10/2023 Limpopo Top 8 - High Schools
214	1:16.89	L	F	Imani Magotsi	16	VINE CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
215	1:16.94	L	P	Richelle Rothmann	16	AQU ADJ	05/04/2024 SA Level 2 Regional Age Group Champs
216	1:17.44	L	F	Kayla Botha	16	AFIN JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
217	1:17.58	L	F	Kayleigh Jansen Van Vuuren	16	CSA EZD	23/09/2023 MP SPRINT GALA 23 SEPTEMBER
218	1:18.04	L	P	Makayla Lombard	16	JAQ EKU	24/03/2024 SA Level 2 Regional Age Group Champs
219	1:18.18	L	F	Lisa Bloem	16	BLOT MAN	06/12/2023 Free State Champs 2023
220	1:18.28	L	F	Olivia Darley	16	HASC JHB	26/01/2024 EGA Last Chance 2024
221	1:18.39	L	F	Michaela Van Rooyen	16	BLSS MAN	15/09/2023 Bull Sharks Annual Gala
222	1:18.44	L	F	Sayuri Moopanar	16	ACSA ETH	03/11/2023 EDA Age Group Gala 4 2023
223	1:18.64	L	F	Leandrè Burger	16	QSAW CED	18/11/2023 CTA QUALIFYING MEET 2
224	1:18.91	L	F	Isabella Le Roux	16	QSAW CED	11/11/2023 Swartland Prestige Gala 2023
225	1:19.34	L	F	Nthanki Kumalo	16	ELEC TSH	03/11/2023 NTS Level 1+2 November Age Group
226	1:19.41	L	P	Marita Lackey	16	TUKS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
227	1:19.58	L	P	Rudine Van Wyk	16	PAC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
228	1:21.07	L	F	Michaela Mitchley	16	KTS	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
229	1:21.70	L	F	Zaibaa Bawa	16	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
230	1:21.84	L	F	Nkenda Baghana	16	CPSC TSH	02/03/2024 AG Level 1 Regional Age Group
231	1:21.95	L	F	Suzanne Pretorius	16	AGAQ OBD	17/02/2024 Swartland Invitational Gala 2024
232	1:22.17	L	F	Jenna Du Plessis	16	BLSS MAN	06/12/2023 Free State Champs 2023
233	1:22.19	L	F	Morgan Van Wyk	16	XCEL CPT	17/02/2024 Swartland Invitational Gala 2024
234	1:22.38	L	F	Mienke Uys	16	FROS TMD	18/11/2023 Valsrivier Gala
235	1:22.79	L	F	Carmen Botha	16	MATL KKD	06/12/2023 NWS Championships 2023/24
236	1:23.34	L	F	Cameron Landman	16	BETH FDD	15/09/2023 Bull Sharks Annual Gala
237	1:23.63	L	F	Lianka Du Toit	16	HPP BUF	14/10/2023 Limpopo Top 8 - High Schools
238	1:24.20	L	F	Entle Khumalo	16	SWIJ JHB	02/03/2024 AG Level 1 Regional Age Group
239	1:24.36	L	F	Christine Lee	16	HPP BUF	14/10/2023 Limpopo Top 8 - High Schools
240	1:24.41	L	F	Maya Lockitch	16	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
241	1:24.57	L	P	Gemma Harris	16	MARL CPT	24/06/2023 PEA Winter Gala 2023
242	1:25.25	L	F	Madelein Bronkhorst	16	SS MPD	01/12/2023 Limpopo Champs
243	1:25.48	L	F	Mia Pretorius	16	AHMP TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
244	1:25.54	L	P	Deidré Grobler	16	KSC EZD	01/12/2023 Mpumalanga Championships 2023
245	1:25.79	L	P	Cleo May	16	MARL CPT	24/06/2023 PEA Winter Gala 2023
246	1:26.46	L	F	Ella Smith	16	SAAW CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
247	1:26.49	L	P	Yana Van Schoor	16	PGAC EKU	07/12/2023 EGA Summer Championships
248	1:26.70	L	P	Bea-Mari Ackerman	16	MATL KKD	06/12/2023 NWS Championships 2023/24
249	1:27.74	L	F	Maryke Gerber	16	HE CCD	14/10/2023 Limpopo Top 8 - High Schools
250	1:29.33	L	F	Riley Zulch	16	ONYX EKU	02/03/2024 AG Level 1 Regional Age Group
251	1:29.69	L	P	Liandi Strydom	16	NAE EZD	01/12/2023 Mpumalanga Championships 2023

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
252	1:31.64 L	F	Isabella Brett	16	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
253	1:32.60 L	F	Muneerah Khan	16	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
254	1:32.87 L	F	Diré Schoeman	16	HFDT MP	14/10/2023	Limpopo Top 8 - High Schools
255	1:36.62 L	F	Caylin Bach	16	AASC EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
256	1:36.87 L	F	Tyler Lowe	16	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
257	1:36.99 L	F	Onalenna Tsholwe	16	MATL KKD	11/11/2023	NWS Age Group 3 + 4
258	1:37.00 L	F	Kirsten Campbell	16	WALM CPT	17/09/2023	CTA BMEET 3
259	1:40.29 L	F	Lesedi-Lere Themba	16	ESP EKU	28/10/2023	EGA Summer 2 2023
260	1:40.91 L	F	Charne De Wet	16	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
261	1:41.21 L	F	Esona Botile	16	HARL BUF	24/11/2023	BCA Long Course Championships 2023
262	1:43.22 L	F	Kayla Schoenveld	16	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
263	1:45.29 L	F	lilitha Mafeke	16	KHS OTD	03/02/2024	Buffalo City School Trials 2024
264	1:46.31 L	F	Denaycha Oosthuizen	16	WAGH BP	23/02/2024	NW School Championships 2024
265	1:57.35 L	F	Madison Isaacs	16	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
266	2:04.48 L	F	Aymee Botha	16	PWC BP	23/02/2024	NW School Championships 2024
267	2:04.90 L	F	Lune Van Der Berg	16	EXA EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
268	2:32.21 L	F	Anna-Marie Steyn	16	ESS EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
269	2:49.10 L	F	Jessica Jansen	16	ESS EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
Women 16-16 200 Free							
1	2:08.48 L	F	Jessica Carmody	16	AZON ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
2	2:09.05 L	F	Rebecca Fury	16	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
3	2:09.66 L	F	Scarlett Le Roux	16	CA EKU	23/02/2024	2024 Grand Prix 2 Invitational Meet -
4	2:10.17 L	F	Marony Jacobs	16	INFA NMA	11/11/2023	5th A League Gala 2023
5	2:11.01 L	F	Cassidy Burgess	16	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
6	2:11.71 L	F	Emily Lott	16	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
7	2:12.06 L	F	Cassidy Sinclair	16	DRGN EKU	30/11/2023	CGA Championships 2023
8	2:12.09 L	P	Dane De Klerk	16	BLSS MAN	15/03/2024	SA National Junior Age Group
9	2:12.84 L	F	Grace Morris	16	ELEC TSH	22/09/2023	NTS Level 3+ September Age Group
10	2:13.06 L	F	Erin Hudson	16	AA JHB	15/03/2024	SA National Junior Age Group
11	2:14.18 L	P	Jana Vorster	16	TUKS TSH	15/03/2024	SA National Junior Age Group
12	2:14.47 L	P	Grace George	16	SEAL UMD	15/03/2024	SA National Junior Age Group
13	2:14.55 L	F	Katie-Peta Marcelino	16	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
14	2:15.29 L	F	Loghan Gray	16	MDOL JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
15	2:15.45 L	P	Hannah Rigby	16	ELEC TSH	15/03/2024	SA National Junior Age Group
16	2:15.77 L	P	Erin Mayoss	16	KLOO ETH	15/03/2024	SA National Junior Age Group
17	2:15.97 L	F	Veneske Steenkamp	16	ROA EDD	24/06/2023	PEA Winter Gala 2023
18	2:16.23 L	P	Hannah Ferreira	16	ASA ILD	15/03/2024	SA National Junior Age Group
19	2:16.93 L	F	Myra Viduya	16	INFA NMA	22/07/2023	1st A League Gala 2023
20	2:17.29 L	F	Myra Viduya	16	INFA NMA	09/02/2024	Infinity Gala 2024
21	2:17.48 L	F	Michaela Labuschagne	16	SSISA CPT	14/12/2023	Western Cape LC-A Championship 2023
22	2:17.59 L	P	Madison Fourie	16	INFA NMA	15/03/2024	SA National Junior Age Group
23	2:17.64 L	F	Mathilda Liebenberg	16	HPS TSH	01/07/2023	Rossini Swim Cup
24	2:17.69 L	P	Kirsty Andraos	16	TUKS TSH	15/03/2024	SA National Junior Age Group
25	2:17.90 L	P	Jana Lombard	16	LALE CED	14/12/2023	Western Cape LC-A Championship 2023
26	2:17.94 L	F	Savannah Mostert	16	TUKS TSH	12/12/2023	NTS Championships 2023
27	2:18.40 L	F	Kate Truter	16	BEAV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
28	2:18.65 L	P	Alex-Zandre Labuschagne	16	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
29	2:18.73 L	F	Bay-Linn Oelofse	16	TNDER FDD	19/04/2024	SA Schools Swimming Championship
30	2:19.18 L	P	Nicole Beling	16	BAS EKU	15/03/2024	SA National Junior Age Group
31	2:19.36 L	F	Kendra Begley	16	INFA NMA	12/08/2023	Madibaz Swim Meet 2023
32	2:19.48 L	P	Bailey Held	16	WSTV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
33	2:19.52 L	P	Cassidy Rae Doubell	16	AA JHB	15/03/2024	SA National Junior Age Group
34	2:20.00 L	F	Elne Reynolds	16	INFA NMA	15/12/2023	NMBA Championships 2023
35	2:20.10 L	P	Xanthe Nagel	16	HREF BP	15/03/2024	SA National Junior Age Group
36	2:20.16 L	F	Danielle Cronjé	16	LALE CED	03/02/2024	Winelands SL final
37	2:20.18 L	P	Tamsyn Kotzè	16	BLMA CPT	15/03/2024	SA National Junior Age Group
38	2:20.37 L	F	Alexia Luz	16	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
39	2:20.42 L	F	Jana Swiegers	16	TUKS TSH	17/11/2023	NTS Level 3+ November Age Group
40	2:20.95 L	P	Jana Helmand	16	BLOT MAN	14/12/2023	Western Cape LC-A Championship 2023

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
41	2:20.97	L	F	Madelé Harding	16	HPS TSH	01/07/2023 Rossini Swim Cup
42	2:21.19	L	F	Mareze Frylinck	16	BLSS MAN	06/12/2023 Free State Champs 2023
43	2:21.77	L S	F	Erin Glover	16	TYGE CPT	24/11/2023 CTA A & B CHAMPS 2023
44	2:21.96	L	P	Chelsea Main	16	PEAS NMA	24/05/2023 Winter National Championships'23
45	2:22.01	L	F	Holley Jacoby	16	VIKI BUF	01/12/2023 ECA Long Course Championships 2023
46	2:22.10	L	P	Caitlin Watson	16	BLMA CPT	14/12/2023 Western Cape LC-A Championship 2023
47	2:22.44	L	P	Tanatswa Chandiwana	16	MDOL JHB	15/03/2024 SA National Junior Age Group
48	2:22.55	L	F	Tatum Cabral	16	ELEC TSH	12/12/2023 NTS Championships 2023
49	2:22.59	L	F	Araya de Waal	16	PGAC ECU	20/03/2024 SA Level 3 Regional Age Group
50	2:22.64	L	F	Chanel Baenhoff	16	BLSS MAN	06/12/2023 Free State Champs 2023
51	2:22.80	L	F	Ruth Dredge	16	PAC TSH	22/09/2023 NTS Level 3+ September Age Group
52	2:23.13	L	P	Farhah Valli	16	CA ECU	15/03/2024 SA National Junior Age Group
53	2:23.31	L	F	Ciska Ferreira	16	UNI EZD	01/12/2023 Mpumalanga Championships 2023
54	2:23.38	L	F	Tiffany Marshall	16	UNI EZD	20/03/2024 SA Level 3 Regional Age Group
55	2:23.46	L	F	Jordyn Collett	16	TUKS TSH	17/11/2023 NTS Level 3+ November Age Group
56	2:23.90	L	F	Hayley Beling	16	BAS ECU	20/03/2024 SA Level 3 Regional Age Group
57	2:24.13	L	P	Gemma Jones	16	VINE CPT	14/12/2023 Western Cape LC-A Championship 2023
58	2:24.39	L	P	Mieke Vd Wal	16	CASC CPT	14/12/2023 Western Cape LC-A Championship 2023
59	2:24.45	L S	F	Anastasia Sequeira	16	CA ECU	07/12/2023 EGA Summer Championships
60	2:24.55	L	F	Hannah Liebenberg	16	PAC TSH	01/07/2023 Rossini Swim Cup
61	2:24.65	L	F	Kayla Petersen	16	USC BUF	09/02/2024 Infinity Gala 2024
62	2:24.81	L S	P	Candice Myers	16	TCA ECU	07/12/2023 EGA Summer Championships
63	2:24.90	L	P	Tafadzwa Chandiwana	16	MDOL JHB	15/03/2024 SA National Junior Age Group
64	2:25.04	L	F	Isla Thomas	16	AA JHB	20/03/2024 SA Level 3 Regional Age Group
65	2:25.49	L	F	Erin Joubert	16	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
66	2:25.61	L	F	Mianique Lombard	16	WELA LLD	06/12/2023 Free State Champs 2023
67	2:25.66	L	F	Taylor Hemphill	16	SEALE ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
68	2:25.68	L	F	Kathleen Welsh	16	MSC NGD	01/12/2023 Mpumalanga Championships 2023
69	2:26.02	L	F	Isabel Vorster	16	BLNE MAN	21/03/2024 SA Level 3 Regional Age Group
70	2:26.12	L	F	Emma La Grange	16	PLAY CED	17/02/2024 Swartland Invitational Gala 2024
71	2:26.24	L	F	Anri De Beer	16	INFA NMA	21/03/2024 SA Level 3 Regional Age Group
72	2:26.29	L	F	Shani Olivier	16	WELL CED	21/03/2024 SA Level 3 Regional Age Group
73	2:26.69	L	F	Amy Brown	16	SEALE ETH	24/11/2023 Westville-Seals LC Championships
74	2:26.90	L	F	Karmen Van Rensburg	16	UNI EZD	13/10/2023 MP AGE GROUP 2
75	2:27.23	L	F	Carmi Schoeman	16	TKS WBD	01/12/2023 Limpopo Champs
76*	2:27.24	L	F	Emma Roberts	16	UNI EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
76*	2:27.24	L	P	Tatum Lauf	16	MDOL JHB	15/03/2024 SA National Junior Age Group
78	2:27.50	L	F	Jordana Azran	16	KLOO ETH	21/03/2024 SA Level 3 Regional Age Group
79	2:27.81	L	F	Wilmien Verbeek	16	CASC CPT	24/06/2023 PEA Winter Gala 2023
80	2:27.83	L	P	Joy Vd Westhuizen	16	AQDO CPT	14/12/2023 Western Cape LC-A Championship 2023
81	2:28.09	L	F	Mari Zanne Nortje	16	TKS WBD	01/12/2023 Limpopo Champs
82	2:28.40	L S	F	Keira Van Heerden	16	INFA NMA	26/01/2024 6th A League Gala 2024
83	2:28.61	L	F	Nikha Lambden	16	EXP TSH	22/09/2023 NTS Level 3+ September Age Group
84	2:28.83	L	P	Amy Schmidt	16	ASAW CED	14/12/2023 Western Cape LC-A Championship 2023
85	2:29.04	L	F	Jorja Da Cunha	16	BON ECU	20/03/2024 SA Level 3 Regional Age Group
86	2:29.09	L	F	Danielle Walker	16	FLOD JHB	30/11/2023 CGA Championships 2023
87	2:29.28	L	F	Nanette Jordaan	16	BLOT MAN	13/10/2023 Pelicans Gala
88	2:29.62	L	F	Erin Beyers	16	UNI EZD	29/09/2023 MP AGE GROUP 1 29.09.2023 -
89	2:29.63	L	F	Chloe Geldenhuys	16	SEALE ETH	24/11/2023 Westville-Seals LC Championships
90	2:29.94	L	P	Jenna-Mae Lally	16	BEAV ETH	21/03/2024 SA Level 3 Regional Age Group
91	2:30.37	L	P	Kayla-Jade Van Heerden	16	WSTV ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
92	2:30.39	L	F	Keira Leask	16	AA JHB	14/10/2023 CGA Level 2 + Gala Oct 2023
93	2:30.92	L	F	Monique Oosthuizen	16	BLOT MAN	06/10/2023 Super Seals & Sentraal Aquatics Gala
94	2:31.02	L	F	Amy Gerber	16	SEAL UMD	05/04/2024 SA Level 2 Regional Age Group Champs
95	2:31.27	L	F	Abigail Phillips	16	SASE JHB	20/03/2024 SA Level 3 Regional Age Group
96	2:31.52	L S	P	Kirstin Brady	16	RAV ECU	07/12/2023 EGA Summer Championships
97	2:31.70	L S	F	Jenna Loubser	16	SFSC CPT	24/11/2023 CTA A & B CHAMPS 2023
98	2:31.72	L	F	Simone Theron	16	HSBV SKD	27/01/2024 Limpopo School Champs
99	2:31.76	L	F	Nazneen Mohamed	16	ATLA JHB	30/11/2023 CGA Championships 2023

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
100	2:31.91	L	F	Jean Marie Swartz	16	TONAU	CCD 27/01/2024 Limpopo School Champs
101	2:32.20	L	F	Emily Walker	16	PEAS	NMA 21/10/2023 4th A League Gala 2023
102	2:32.23	L	F	Kye-Ann Fowler	16	UNI	EZD 01/12/2023 Mpumalanga Championships 2023
103	2:32.30	L	P	Luyanda Shandu	16	SEAL	UMD 14/12/2023 KZNA 2023 Championships Incorp SSA
104	2:32.33	L	F	Christie Piguet	16	AA	JHB 20/01/2024 CGA Level 2+ Gala 20 Jan 2024
105	2:32.42	L	F	Acacia- Cailyn Abell	16	MDOL	JHB 12/01/2024 2024 Grand Prix Invitation Swimming
106	2:32.52	L	F	Rene Sauerman	16	SEAL	UMD 24/11/2023 Westville-Seals LC Championships
107	2:32.53	L	F	Hannah Witten	16	AQDO	CPT 21/03/2024 SA Level 3 Regional Age Group
108	2:32.59	L	P	Alexandra Houniet	16	CA	EKU 20/03/2024 SA Level 3 Regional Age Group
109	2:32.87	L S	F	Clara van Rooyen	16	PGAC	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
110*	2:33.09	L	F	Ashling McCarthy	16	LINR	JHB 10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
110*	2:33.09	L S	P	Kendra Beukes	16	PGAC	EKU 07/12/2023 EGA Summer Championships
112	2:33.10	L	F	Catherine Wentzel	16	FRA	KCD 05/04/2024 SA Level 2 Regional Age Group Champs
113	2:33.40	L	F	Mignon Smit	16	SS	MPD 01/12/2023 Limpopo Champs
114	2:33.47	L	F	Alexa Louw	16	BLMA	CPT 10/02/2024 WCA-B Champs - 2024
115	2:33.97	L S	F	Riley Hattingh-Steyn	16	SOUL	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
116	2:34.18	L	F	Clarise Coetzer	16	STSC	KCD 21/10/2023 Froggies Championships 2023
117	2:34.20	L	F	Alienne van Rensburg	16	KTS	21/03/2024 SA Level 3 Regional Age Group
118	2:34.22	L	F	Christi Serfontein	16	QUIC	CPT 10/02/2024 WCA-B Champs - 2024
119	2:34.29	L	F	Esmari Weitsz	16	UNI	EZD 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
120	2:34.53	L	F	Emma Atkinson	16	AZON	ETH 05/04/2024 SA Level 2 Regional Age Group Champs
121	2:34.85	L S	F	Ava Fourie	16	TRAZ	FSH 24/03/2024 SA Level 2 Regional Age Group Champs
122	2:35.03	L	F	Sally-Louise Ingwe	16	RAV	EKU 22/02/2024 18th Botswana Swimming Nationals
123	2:35.33	L	F	Janca Hattingh	16	CSA	EZD 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
124	2:35.48	L	F	Lume Louw	16	USC	BUF 24/11/2023 BCA Long Course Championships 2023
125	2:35.57	L	F	Abigail Van Dyk	16	TUKS	FSH 22/09/2023 NTS Level 3+ September Age Group
126	2:35.70	L	F	Alexia Adreani	16	CA	EKU 26/01/2024 EGA Last Chance 2024
127	2:35.83	L S	F	Isabella Vicente	16	SOUL	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
128	2:36.02	L	F	Keira Schroll	16	NWUC	KKD 06/12/2023 NWS Championships 2023/24
129	2:36.57	L	F	Hayley Hoy	16	SWLAB	CPT 01/12/2023 Mpumalanga Championships 2023
130	2:36.60	L	F	Emsie Brand	16	SWAR	WCD 17/02/2024 Swartland Invitational Gala 2024
131	2:36.61	L	F	Amelia Fraser-Harding	16	ACSA	ETH 27/01/2024 Ushaka Champs 2024
132	2:36.71	L	F	Gabriella Douglas	16	BAS	EKU 15/09/2023 EGA Summer 1
133	2:36.81	L	P	Aarya Morar	16	ATLA	JHB 30/11/2023 CGA Championships 2023
134	2:37.38	L	F	Monize Wingard	16	UNI	EZD 16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
135	2:37.54	L	F	Morgan Rabie	16	TUKS	FSH 20/10/2023 NTS Level 3+ October Age Group 2023
136	2:37.74	L	F	Amelia Vincent	16	BLSS	MAN 06/12/2023 Free State Champs 2023
137	2:37.88	L	F	Tamryn Kunneke	16	RFA	FSH 20/10/2023 NTS Level 3+ October Age Group 2023
138	2:38.28	L	F	Deidré Olivier	16	POTC	KKD 11/11/2023 NWS Age Group 3 + 4
139*	2:38.32	L	F	Beane Swanepoel	16	VRC	FSH 23/02/2024 NTS Prestige AG February 2024
139*	2:38.32	L	F	Lara Smith	16	TYGE	CPT 17/02/2024 Swartland Invitational Gala 2024
141	2:38.74	L	F	Michelle Van Rooyen	16	TYGE	CPT 21/01/2024 CTA BMEET 4
142	2:38.99	L	F	Milla Delport	16	PEAS	NMA 09/02/2024 Infinity Gala 2024
143	2:39.03	L S	F	Ammara Jagger	16	AQDO	CPT 24/11/2023 CTA A & B CHAMPS 2023
144	2:39.09	L	F	Rienke Bignaut	16	BLSS	MAN 06/12/2023 Free State Champs 2023
145	2:39.32	L S	F	Shannon Coetzee	16	PGAC	EKU 24/03/2024 SA Level 2 Regional Age Group Champs
146	2:39.35	L	F	Emily Tsai	16	BLMA	CPT 10/02/2024 WCA-B Champs - 2024
147	2:39.45	L	P	Kayla Miller	16	CRSC	JHB 30/11/2023 CGA Championships 2023
148	2:39.54	L	P	Cameron Morel	16	SWIFT	EKU 20/03/2024 SA Level 3 Regional Age Group
149	2:39.60	L	F	Bea Van der Merwe	16	RFA	FSH 01/12/2023 2023 The Tshwane Mayor's Gala
150	2:39.61	L	F	Lois Fourie	16	BLSS	MAN 06/12/2023 Free State Champs 2023
151	2:39.68	L S	F	Elmarie De Witt	16	QUIC	CPT 24/11/2023 CTA A & B CHAMPS 2023
152	2:39.73	L	F	Tatum Borrill	16	CA	EKU 26/01/2024 EGA Last Chance 2024
153	2:39.96	L S	P	Abigayle Otto	16	CA	EKU 07/12/2023 EGA Summer Championships
154	2:39.97	L	F	Annabelle Roberts	16	LALE	GED 10/02/2024 WCA-B Champs - 2024
155	2:40.06	L	F	Mia Pienaar	16	STSC	KCD 27/01/2024 Ushaka Champs 2024
156	2:40.12	L	P	Kanak Rajput	16	AAS	JHB 20/03/2024 SA Level 3 Regional Age Group
157	2:40.31	L	F	Eunice Fourie	16	BLSS	MAN 26/03/2024 SA Level 2 Regional Age Group Champs
158	2:40.35	L	F	Ella Mills	16	UNI	EZD 13/10/2023 MP AGE GROUP 2

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
159	2:40.60	L	F	Amahle Mhlongo	16	PSCP	UMD	16/02/2024	EDA Age Group Gala 6 2024
160	2:40.83	L	F	Jhoanè Voges	16	QUIC	CPT	21/03/2024	SA Level 3 Regional Age Group
161	2:40.94	L S	F	Neo Cele	16	ELEC	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
162	2:41.17	L	F	Cara Fourie	16	UPSK	ZMD	13/01/2024	AGE GROUP 4 UPT 2024
163	2:41.24	L	F	Gabby Mc Hugh	16	CRSC	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
164*	2:41.50	L S	F	Emma Wentzel	16	AA	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
164*	2:41.50	L	F	Jessica Carver	16	ELEC	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
166	2:41.64	L	F	Samantha Maritz	16	BLSS	MAN	06/12/2023	Free State Champs 2023
167	2:41.68	L	F	Fallon Tweedie	16	PEAS	NMA	22/07/2023	1st A League Gala 2023
168	2:41.91	L	F	Tianel Van Der Merwe	16	MSC	NGD	01/12/2023	Mpumalanga Championships 2023
169	2:42.19	L	F	Danelle Mody	16	CRSC	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
170	2:42.28	L	F	Zara Jeftha	16	MARL	CPT	24/06/2023	PEA Winter Gala 2023
171	2:42.88	L	F	Cara Corrigan	16	FISH	EDD	04/11/2023	EDEN 3rd A-League School Trials Gala
172	2:42.92	L	F	Hannah Prince	16	OLDE	JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
173	2:43.09	L	F	Catherine Jones	16	RFA	FSH	03/11/2023	NTS Level 1+2 November Age Group
174	2:43.23	L	F	Chloe Pieterse	16	QSAW	CED	03/02/2024	Winelands SL final
175	2:43.29	L	F	Marilee Coetzee	16	DOLFI	MPD	21/10/2023	Limpopo Age Group 4
176	2:43.59	L	F	Grace Bothma	16	WSTV	ETH	24/11/2023	Westville-Seals LC Championships
177	2:43.80	L	F	Colby Cochrane	16	CRSC	JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
178	2:44.49	L S	F	Yusrah Du Toit	16	UWCA	CPT	24/11/2023	CTA A & B CHAMPS 2023
179	2:45.28	L	F	Isabella Afonso	16	QUIC	CPT	18/11/2023	CTA QUALIFYING MEET 2
180	2:45.66	L	F	Michaela Van Rooyen	16	BLSS	MAN	16/02/2024	Neptunes Last chance Gala
181	2:45.88	L	F	Lerato Molobybe	16	HREF	BP	02/02/2024	NTS Level 1+2 February Age Group
182	2:45.96	L	F	Emma Davies	16	BAS	EKU	15/09/2023	EGA Summer 1
183	2:46.33	L	F	Miana Fourie	16	BLSS	MAN	06/12/2023	Free State Champs 2023
184	2:46.37	L	F	Danelle Du Toit	16	TASC	MPD	01/12/2023	Limpopo Champs
185	2:47.84	L	F	Amelie Botha	16	RFA	FSH	26/01/2024	NTS Level 3+ Januuary Age Group 2024
186	2:48.95	L	F	Marinique Lamprecht	16	RFA	FSH	01/07/2023	Rossini Swim Cup
187	2:49.15	L	P	Johane Viljoen	16	BLNE	MAN	26/03/2024	SA Level 2 Regional Age Group Champs
188	2:49.25	L	F	Melissa Kuun	16	FISH	EDD	20/01/2024	EDEN 4th A-League Gala 2024
189	2:49.29	L	F	Richelle Rothmann	16	KZNA	ETH	27/01/2024	Ushaka Champs 2024
190	2:49.53	L S	F	Kate Allwood	16	ASAC	CPT	14/12/2023	Western Cape LC-A Championship 2023
191	2:49.82	L	F	Kimberley Strong	16	KTS		26/03/2024	SA Level 2 Regional Age Group Champs
192	2:50.08	L	F	Imani Magotsi	16	VINE	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
193	2:50.29	L	F	Taaliah Rinquest	16	MARL	CPT	24/06/2023	PEA Winter Gala 2023
194	2:50.42	L	F	Liza Schoeman	16	RHS	BP	23/02/2024	NW School Championships 2024
195	2:50.80	L	F	Lore Elise Snyckers	16	AHMP	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
196	2:51.73	L	F	Jannae De Villiers	16	PRKA	PSD	03/02/2024	NCASA SPRINTS 2024
197	2:51.85	L	F	Marita Lackey	16	TUKS	FSH	16/02/2024	NTS February Open Age Group 2024
198	2:52.13	L	F	Caitlin Kennedy	16	AFIN	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
199	2:52.81	L	F	Josslyn Gauldie	16	RFA	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
200	2:53.63	L	F	Jamilah Tshiyoyo	16	TUKS	FSH	03/11/2023	NTS Level 1+2 November Age Group
201	2:54.12	L	F	Lisa Bloem	16	BLOT	MAN	06/12/2023	Free State Champs 2023
202	2:54.19	L	F	Mia Barnard	16	BLOT	MAN	13/10/2023	Pelicans Gala
203	2:55.66	L	F	Lisa Ferreira	16	RFA	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
204	2:55.95	L	F	Megan Kemp	16	TINC	FSH	02/02/2024	NTS Level 1+2 February Age Group
205	2:56.37	L	F	Christn Engelbrecht	16	KSC	EZD	01/12/2023	Mpumalanga Championships 2023
206	2:57.36	L	F	Carla Pienaar	16	STSC	KCD	28/10/2023	KCDA October Age Group Gala 2023
207	2:58.29	L	F	Gemma Harris	16	MARL	CPT	17/02/2024	Swartland Invitational Gala 2024
208	2:59.14	L	F	Kayla Botha	16	AFIN	JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
209	3:00.22	L	F	Olivia Darley	16	HASC	JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
210	3:01.56	L S	P	Makayla Lombard	16	JAQ	EKU	07/12/2023	EGA Summer Championships
211	3:01.68	L	F	Michaela Mitchley	16	KTS		03/11/2023	UPINGTON 2023
212	3:02.62	L	F	Jenna Du Plessis	16	BLSS	MAN	06/12/2023	Free State Champs 2023
213	3:03.30	L	F	Mienke Uys	16	FROS	FM D	27/10/2023	Neptune Prestige Gala
214	3:03.54	L	F	Thobile Mtshali	16	TUKS	FSH	02/02/2024	NTS Level 1+2 February Age Group
215	3:04.69	L	F	Zani Van Rensburg	16	PGAC	EKU	15/09/2023	EGA Summer 1
216	3:05.00	L	F	Mia Pretorius	16	AHMP	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
217	3:05.12	L	F	Suzanne Pretorius	16	AGAQ	QBD	11/11/2023	Swartland Prestige Gala 2023

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
218	3:05.83 L	F	Carmen Botha	16	MATL KKD	06/12/2023	NWS Championships 2023/24
219	3:06.09 L	F	Cameron Landman	16	BETH FDD	16/02/2024	Neptunes Last chance Gala
220	3:06.13 L	F	Madelein Bronkhorst	16	SS MPD	11/11/2023	Limpopo Age Group 5
221	3:07.07 L	F	Amy Clayton	16	CUHE OBD	20/01/2024	CTA A MEET 4
222	3:09.32 L	F	Nthanki Kumalo	16	ELEC TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
223	3:09.77 L	F	Esihle Gceba	16	LINR JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
224	3:09.89 L	F	Bea-Mari Ackerman	16	SHS KK	23/02/2024	NW School Championships 2024
225	3:11.56 L	F	Cleo May	16	MARL CPT	24/06/2023	PEA Winter Gala 2023
226	3:11.75 L	F	Skye Schoeman	16	AQUA BUF	21/10/2023	Uthukela District Age Group Gala
227	3:13.65 L S	P	Yana Van Schoor	16	PGAC EKU	07/12/2023	EGA Summer Championships
228	3:16.54 L	F	Daniëlle Le Roux	16	SS MPD	11/11/2023	Limpopo Age Group 5
229	3:21.51 L	F	Nkenda Baghana	16	CPSC TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
230	3:21.75 L	F	Deidré Grobler	16	KSC EZD	01/12/2023	Mpumalanga Championships 2023
231	3:40.97 L	F	Caylin Bach	16	AASC EZD	20/01/2024	MP AGE GROUP 4 GALA 20 JANUARY
232	3:44.70 L	F	Lesedi-Lere Themba	16	ESP EKU	02/03/2024	AG Level 1 Regional Age Group
233	3:46.37 L	F	Esona Botile	16	HARL BUF	24/11/2023	BCA Long Course Championships 2023
234	3:56.17 L	F	Onalenna Tsholwe	16	MATL KKD	11/11/2023	NWS Age Group 3 + 4
Women 16-16 400 Free							
1	4:29.19 L	F	Marony Jacobs	16	INFA NMA	15/12/2023	NMBA Championships 2023
2	4:31.49 L	F	Scarlett Le Roux	16	CA EKU	15/03/2024	SA National Junior Age Group
3	4:33.88 L	F	Dane De Klerk	16	BLSS MAN	15/03/2024	SA National Junior Age Group
4	4:38.83 L	F	Emily Lott	16	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
5	4:39.30 L	F	Loghan Gray	16	MDOL JHB	15/03/2024	SA National Junior Age Group
6	4:39.52 L	F	Rebecca Fury	16	VINE CPT	24/06/2023	PEA Winter Gala 2023
7	4:41.13 L	F	Hannah Rigby	16	ELEC TSH	15/03/2024	SA National Junior Age Group
8	4:41.84 L	F	Katie-Peta Marcelino	16	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
9	4:45.76 L	F	Grace George	16	SEAL UMD	15/03/2024	SA National Junior Age Group
10	4:46.96 L	F	Kirsty Andraos	16	TUKS TSH	15/03/2024	SA National Junior Age Group
11	4:47.83 L	P	Cassidy Sinclair	16	RSA	18/10/2023	BRICS Games Swimming 2023-KZN
12	4:48.51 L	F	Taylor Morton	16	LALE CED	15/03/2024	SA National Junior Age Group
13	4:50.01 L	F	Veneske Steenkamp	16	ROA EDD	18/11/2023	Eden LC Champs 2023
14	4:50.28 L	F	Michaela Labuschagne	16	SSISA CPT	24/11/2023	CTA A & B CHAMPS 2023
15	4:51.84 L	F	Chelsea Main	16	PEAS NMA	02/03/2024	Grand Prix #2 - 2024
16	4:52.78 L	F	Bay-Linn Oelofse	16	FSA FS	27/01/2024	4 + 1 Inter Provincial Gala 2023
17	4:52.89 L	F	Madison Fourie	16	INFA NMA	15/12/2023	NMBA Championships 2023
18	4:54.73 L	F	Erin Mayoss	16	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
19	4:56.69 L	F	Mathilda Liebenberg	16	POTC KKD	06/12/2023	NWS Championships 2023/24
20	4:58.19 L	F	Jana Swiegers	16	TUKS TSH	23/02/2024	NTS Prestige AG February 2024
21	4:58.49 L	F	Alexia Luz	16	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
22	4:59.31 L	F	Tamsyn Kotzè	16	BLMA CPT	24/11/2023	CTA A & B CHAMPS 2023
23	5:00.23 L	F	Ciska Ferreira	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
24	5:00.29 L	F	Jana Vorster	16	TUKS TSH	01/12/2023	Limpopo Champs
25	5:01.86 L	P	Hannah Ferreira	16	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
26	5:02.21 L	F	Erin Glover	16	TYGE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
27	5:02.32 L	P	Cassidey Rae Doubell	16	AA JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
28	5:02.85 L	F	Nanette Jordaan	16	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
29	5:03.23 L	F	Hayley Beling	16	BAS EKU	14/12/2023	KZNA 2023 Championships Incorp SSA
30	5:03.94 L	F	Mieke Vd Wal	16	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
31	5:03.96 L	F	Kathleen Welsh	16	MSC NGD	01/12/2023	Mpumalanga Championships 2023
32	5:04.15 L	F	Candice Myers	16	TCA EKU	07/12/2023	EGA Summer Championships
33	5:04.39 L	F	Anastasia Sequeira	16	CA EKU	15/03/2024	SA National Junior Age Group
34	5:04.98 L	F	Madelé Harding	16	POTC KKD	15/03/2024	SA National Junior Age Group
35	5:05.07 L	F	Araya de Waal	16	PGAC EKU	20/03/2024	SA Level 3 Regional Age Group
36	5:05.62 L	F	Mareze Frylinck	16	BLSS MAN	06/12/2023	Free State Champs 2023
37	5:06.06 L	F	Jenna-Mae Lally	16	BEAV ETH	21/03/2024	SA Level 3 Regional Age Group
38	5:06.31 L	F	Elne Reynolds	16	INFA NMA	15/12/2023	NMBA Championships 2023
39	5:07.14 L	F	Shani Olivier	16	WELL CED	21/03/2024	SA Level 3 Regional Age Group
40	5:10.01 L	F	Kate Truter	16	BEAV ETH	27/01/2024	Ushaka Champs 2024
41	5:10.31 L	F	Nicole Beling	16	BAS EKU	07/12/2023	EGA Summer Championships

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
42	5:10.85	L	F	Tiffany Marshall	16	MP EZD	19/04/2024	SA Schools Swimming Championship
43	5:10.89	L	F	Anri De Beer	16	INFA NMA	22/07/2023	1st A League Gala 2023
44	5:13.52	L	F	Joy Vd Westhuizen	16	AQDO CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
45	5:13.80	L	F	Erin Beyers	16	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
46	5:14.25	L	F	Xanthe Nagel	16	HREF BP	06/12/2023	NWS Championships 2023/24
47	5:14.56	L	F	Emma Roberts	16	UNI EZD	20/03/2024	SA Level 3 Regional Age Group
48	5:15.78	L	F	Jana Helmand	16	BLOT MAN	06/12/2023	Free State Champs 2023
49	5:16.17	L	F	Jorja Da Cunha	16	BON EKU	20/03/2024	SA Level 3 Regional Age Group
50	5:16.85	L	F	Gabriella Smith	16	MDOL JHB	20/03/2024	SA Level 3 Regional Age Group
51	5:16.91	L	F	Jenna Loubser	16	SFSC CPT	03/02/2024	Winelands SL final
52	5:18.38	L	F	Nikha Lambden	16	EXP TSH	17/11/2023	NTS Level 3+ November Age Group
53	5:18.98	L	F	Kendra Beukes	16	PGAC EKU	24/11/2023	EGA Summer 4
54	5:19.21	L	F	Kirstin Brady	16	RAV EKU	24/11/2023	EGA Summer 4
55	5:19.71	L	F	Jean Marie Swartz	16	TONAU CCD	27/01/2024	Limpopo School Champs
56	5:19.90	L	F	Lume Louw	16	BCA BUF	13/01/2024	BCA Inter-District Championship Gala
57	5:21.60	L	F	Hannah Witten	16	AQDO CPT	21/03/2024	SA Level 3 Regional Age Group
58	5:21.61	L	F	Isla Thomas	16	AA JHB	20/03/2024	SA Level 3 Regional Age Group
59	5:21.74	L	F	Wilmien Verbeek	16	CASC CPT	24/06/2023	PEA Winter Gala 2023
60	5:22.22	L	F	Rene Sauerman	16	SEAL UMD	24/11/2023	Westville-Seals LC Championships
61	5:22.40	L	F	Kye-Ann Fowler	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
62	5:23.41	L	F	Alexandra Houniet	16	CA EKU	20/03/2024	SA Level 3 Regional Age Group
63	5:24.02	L	P	Kayla-Jade Van Heerden	16	WSTV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
64	5:24.25	L	F	Abigail Phillips	16	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
65	5:24.89	L	F	Isabel Vorster	16	BLNE MAN	21/03/2024	SA Level 3 Regional Age Group
66	5:25.99	L	F	Danielle Walker	16	FLOD JHB	20/03/2024	SA Level 3 Regional Age Group
67	5:26.58	L	F	Sally-Louise Ingwe	16	RAV EKU	22/02/2024	18th Botswana Swimming Nationals
68	5:26.85	L	F	Chloe Geldenhuys	16	SEALE ETH	21/01/2024	EDA Age Group Gala 5 2024
69	5:27.35	L	F	Karmen Van Rensburg	16	UNI EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
70	5:27.63	L	F	Ammara Jagger	16	AQDO CPT	14/12/2023	Western Cape LC-A Championship 2023
71	5:28.08	L	F	Monique Oosthuizen	16	BLOT MAN	13/10/2023	Pelicans Gala
72	5:28.85	L	F	Mignon Smit	16	SS MPD	01/12/2023	Limpopo Champs
73	5:29.65	L	F	Nazneen Mohamed	16	ATLA JHB	30/11/2023	CGA Championships 2023
74	5:30.10	L	F	Annabelle Roberts	16	LALE CED	10/02/2024	WCA-B Champs - 2024
75	5:30.48	L	F	Milla Delport	16	PEAS NMA	22/07/2023	1st A League Gala 2023
76	5:31.71	L	F	Emsie Brand	16	SWAR WCD	10/02/2024	WCA-B Champs - 2024
77	5:33.18	L	F	Alienne van Rensburg	16	KTS	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
78	5:33.32	L	F	Alexia Adreani	16	CA EKU	26/01/2024	EGA Last Chance 2024
79	5:34.27	L	F	Gabby Mc Hugh	16	CRSC JHB	20/03/2024	SA Level 3 Regional Age Group
80	5:34.74	L	F	Ashling McCarthy	16	LINR JHB	30/11/2023	CGA Championships 2023
81	5:35.70	L	F	Tanatswa Chandiwana	16	MDOL JHB	24/09/2023	HAS 2ND SEEDED GALA 2023
82	5:35.97	L	F	Keira Schroll	16	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023
83	5:36.30	L	F	Samantha Maritz	16	BLSS MAN	06/12/2023	Free State Champs 2023
84	5:37.13	L	F	Janca Hattingh	16	CSA EZD	02/02/2024	MP AGE GROUP 5 GALA
85	5:37.59	L	F	Cara Crichton	16	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
86	5:38.17	L	F	Amelia Fraser-Harding	16	ACSA ETH	27/01/2024	Ushaka Champs 2024
87	5:38.25	L	F	Clara van Rooyen	16	PGAC EKU	24/11/2023	EGA Summer 4
88	5:38.46	L	F	Tatum Borrill	16	CA EKU	28/10/2023	EGA Summer 2 2023
89	5:39.09	L S	F	Alexa Louw	16	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
90	5:40.06	L	F	Eunice Fourie	16	BLSS MAN	06/12/2023	Free State Champs 2023
91	5:40.57	L	F	Catherine Wentzel	16	FRA KCD	27/01/2024	Ushaka Champs 2024
92	5:40.98	L	F	Tafadzwa Chandiwana	16	MDOL JHB	24/09/2023	HAS 2ND SEEDED GALA 2023
93	5:41.53	L	F	Mari Zanne Nortje	16	TKS WBD	01/12/2023	Limpopo Champs
94	5:43.40	L	F	Esmari Weitsz	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
95	5:43.68	L	F	Lois Fourie	16	BLSS MAN	06/12/2023	Free State Champs 2023
96	5:43.80	L	F	Elmarie De Witt	16	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
97	5:46.88	L	F	Michelle Van Rooyen	16	TYGE CPT	10/02/2024	WCA-B Champs - 2024
98	5:49.44	L	F	Tamryn Kunneke	16	RFA TSH	22/09/2023	NTS Level 3+ September Age Group
99	5:50.70	L	F	Cara Fourie	16	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
100	5:51.02	L	F	Monize Wingard	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
101	5:51.07	L	F	Emma Davies	16	BAS EKU	24/11/2023	EGA Summer 4
102	5:54.01	L	F	Lerato Molobye	16	HREF BP	03/11/2023	NTS Level 1+2 November Age Group
103	5:57.40	L	F	Shannon Coetzee	16	PGAC EKU	24/11/2023	EGA Summer 4
104	6:05.03	L	F	Michaela Van Rooyen	16	BLSS MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
105	6:07.06	L	F	Marilee Coetzee	16	DOLFI MPD	01/12/2023	Limpopo Champs
106	6:08.01	L	F	Taaliah Rinquest	16	MARL CPT	24/06/2023	PEA Winter Gala 2023
107	6:11.89	L	F	Johane Viljoen	16	BLNE MAN	06/12/2023	Free State Champs 2023
108	6:14.30	L	F	Imani Magotsi	16	VINE CPT	18/11/2023	CTA QUALIFYING MEET 2
109	6:15.37	L	F	Christn Engelbrecht	16	KSC EZD	01/12/2023	Mpumalanga Championships 2023
110	6:16.20	L	F	Zara Jeftha	16	MARL CPT	24/06/2023	PEA Winter Gala 2023
111	6:22.61	L	F	Kimberley Strong	16	KTS	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
112	6:29.39	L	F	Kayleigh Jansen Van Vuuren	16	CSA EZD	03/11/2023	MP AGE GROUP 3 &4 NOV 2023
113	6:32.14	L	F	Makayla Lombard	16	JAQ EKU	28/10/2023	EGA Summer 2 2023
114	6:37.15	L	F	Bea-Mari Ackerman	16	MATL KKD	06/12/2023	NWS Championships 2023/24
115	6:46.69	L	F	Madelein Bronkhorst	16	SS MPD	01/12/2023	Limpopo Champs
116	7:38.65	L	F	Nkenda Baghana	16	CPSC TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
117	7:47.81	L	F	Caylin Bach	16	AASC EZD	03/11/2023	MP AGE GROUP 3 &4 NOV 2023
Women 16-16 800 Free								
1	9:14.66	L	F	Marony Jacobs	16	INFA NMA	15/03/2024	SA National Junior Age Group
2	9:40.67	L	F	Hannah Rigby	16	ELEC TSH	15/03/2024	SA National Junior Age Group
3	9:40.87	L	F	Kirsty Andraos	16	TUKS TSH	15/03/2024	SA National Junior Age Group
4	9:41.00	L	F	Dane De Klerk	16	BLSS MAN	15/03/2024	SA National Junior Age Group
5	9:46.76	L	F	Scarlett Le Roux	16	CA EKU	11/11/2023	EGA Summer 3
6	9:46.89	L	F	Loghan Gray	16	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
7	9:47.52	L	F	Katie-Peta Marcelino	16	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
8	9:50.64	L	F	Taylor Morton	16	LALE CED	15/03/2024	SA National Junior Age Group
9	9:56.51	L	F	Cassidy Sinclair	16	DRGN EKU	30/11/2023	CGA Championships 2023
10	9:58.08	L	F	Emily Lott	16	ASA ILD	15/03/2024	SA National Junior Age Group
11	10:01.02	L	F	Veneske Steenkamp	16	ROA EDD	05/10/2023	42nd Freda Barnard Invitational Gala
12	10:07.49	L	F	Erin Mayoss	16	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
13	10:07.57	L	F	Chelsea Main	16	PEAS NMA	15/03/2024	SA National Junior Age Group
14	10:08.49	L	F	Ciska Ferreira	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
15	10:09.01	L	F	Tamsyn Kotzè	16	BLMA CPT	15/03/2024	SA National Junior Age Group
16	10:14.64	L	F	Bay-Linn Oelofse	16	TNDER FDD	06/12/2023	Free State Champs 2023
17	10:16.25	L	F	Erin Glover	16	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
18	10:20.38	L	F	Cassidey Rae Doubell	16	AA JHB	15/03/2024	SA National Junior Age Group
19	10:29.73	L	F	Alexia Luz	16	SOUL EKU	11/11/2023	EGA Summer 3
20	10:37.22	L	F	Nicole Beling	16	BAS EKU	26/01/2024	EGA Last Chance 2024
21	10:37.91	L	F	Anastasia Sequeira	16	CA EKU	11/11/2023	EGA Summer 3
22	10:49.44	L	F	Nikha Lambden	16	EXP TSH	22/09/2023	NTS Level 3+ September Age Group
23	10:52.03	L	F	Ruth Dredge	16	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
24	10:55.77	L	F	Tiffany Marshall	16	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
25	10:58.80	L	F	Danielle Walker	16	FLOD JHB	30/11/2023	CGA Championships 2023
26	10:59.72	L	F	Jenna Loubser	16	SFSC CPT	18/11/2023	CTA QUALIFYING MEET 2
27	11:03.55	L	F	Hayley Beling	16	BAS EKU	11/11/2023	EGA Summer 3
28	11:05.79	L	F	Joy Vd Westhuizen	16	AQDO CPT	16/09/2023	CTA A MEET 3
29	11:06.27	L	F	Wilmiën Verbeek	16	CASC CPT	24/06/2023	PEA Winter Gala 2023
30	11:08.12	L	F	Gabriella Smith	16	MDOL JHB	30/11/2023	CGA Championships 2023
31	11:09.32	L	F	Hayley Hoy	16	SWLAB CPT	03/05/2023	CANA Zone IV
32	11:09.67	L	F	Farhah Valli	16	CA EKU	26/01/2024	EGA Last Chance 2024
33	11:13.16	L	F	Jean Marie Swartz	16	ACAQ CCD	01/12/2023	Limpopo Champs
34	11:25.35	L S	F	Sally-Louise Ingwe	16	RAV EKU	22/02/2024	18th Botswana Swimming Nationals
35	11:29.57	L	F	Hannah Witten	16	AQDO CPT	05/10/2023	42nd Freda Barnard Invitational Gala
36	11:37.81	L	F	Anri De Beer	16	INFA NMA	12/08/2023	Madibaz Swim Meet 2023
37	11:41.27	L	F	Ammara Jagger	16	AQDO CPT	05/10/2023	42nd Freda Barnard Invitational Gala
38	11:44.66	L	F	Esmari Weitsz	16	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
39	11:45.05	L	F	Lume Louw	16	USC BUF	24/11/2023	BCA Long Course Championships 2023
40	11:46.42	L	F	Keira Schroll	16	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023
41	11:48.17	L	F	Alexia Adreani	16	CA EKU	11/11/2023	EGA Summer 3

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
42	11:50.77	L	F	Gabby Mc Hugh	16	CRSC	JHB	30/11/2023	CGA Championships 2023
43	11:57.35	L	F	Emma Roberts	16	UNI	EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
44	12:21.54	L	F	Cameron Morel	16	SWIFT	EKU	11/11/2023	EGA Summer 3
45	12:24.63	L	F	Lerato Molobye	16	HREF	BP	21/10/2023	NWS Age Group 1 & 2 2023
46	12:51.11	L	F	Mari Zanne Nortje	16	TKS	WBD	01/12/2023	Limpopo Champs
47	12:59.41	L	F	Cara Fourie	16	UPSK	ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
48	13:24.35	L	F	Kimberley Strong	16	KTS		07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
49	13:39.19	L	F	Johane Viljoen	16	BLNE	MAN	27/10/2023	Neptune Prestige Gala
50	16:38.89	L	F	Caylin Bach	16	AASC	EZD	13/10/2023	MP AGE GROUP 2
Women 16-16 1500 Free									
1	17:36.89	L S	F	Marony Jacobs	16	INFA	NMA	15/03/2024	SA National Junior Age Group
2	18:19.54	L S	F	Scarlett Le Roux	16	CA	EKU	15/03/2024	SA National Junior Age Group
3	18:28.80	L S	F	Kirsty Andraos	16	TUKS	TSH	15/03/2024	SA National Junior Age Group
4	18:49.42	L	F	Cassidy Sinclair	16	DRGN	EKU	30/11/2023	CGA Championships 2023
5	19:03.32	L S	F	Dane De Klerk	16	BLSS	MAN	06/12/2023	Free State Champs 2023
6	19:08.38	L S	F	Chelsea Main	16	PEAS	NMA	15/03/2024	SA National Junior Age Group
7	19:17.55	L	F	Ciska Ferreira	16	UNI	EZD	01/12/2023	MPumalanga Championships 2023
8	19:17.64	L	F	Veneske Steenkamp	16	ROA	EDD	24/06/2023	PEA Winter Gala 2023
9	19:34.17	L S	F	Tamsyn Kotzè	16	BLMA	CPT	15/03/2024	SA National Junior Age Group
10	19:52.38	L	F	Erin Glover	16	TYGE	CPT	24/06/2023	PEA Winter Gala 2023
11	20:08.00	L	O	Cassidey Rae Doubell	16	AA	JHB	08/12/2023	2023 SA OWS Champ Trials -PE
12	20:26.14	L	F	Farhah Valli	16	CA	EKU	24/11/2023	EGA Summer 4
13	20:33.90	L	F	Hayley Beling	16	BAS	EKU	14/12/2023	KZNA 2023 Championships Incorpor SSA
14	20:41.72	L	F	Nicole Beling	16	BAS	EKU	28/10/2023	EGA Summer 2 2023
15	21:02.37	L	F	Keira Schroll	16	NWUC	KKD	11/11/2023	NWS Age Group 3 + 4
16	21:14.21	L	F	Wilmien Verbeek	16	CASC	CPT	24/06/2023	PEA Winter Gala 2023
17	21:19.38	L	F	Danielle Walker	16	FLOD	JHB	30/11/2023	CGA Championships 2023
18	21:20.72	L	F	Jenna-Mae Lally	16	BEAV	ETH	27/01/2024	Ushaka Champs 2024
19	21:22.85	L	F	Tiffany Marshall	16	UNI	EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
20	21:51.41	L	F	Lume Louw	16	USC	BUF	24/11/2023	BCA Long Course Championships 2023
21	21:53.43	L	F	Emma Roberts	16	UNI	EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
22	21:53.67	L	F	Sally-Louise Ingwe	16	RAV	EKU	22/02/2024	18th Botswana Swimming Nationals
23	22:19.61	L	F	Esmari Weitsz	16	UNI	EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
24	22:40.00	L	O	Milla Delpont	16	ECA	BUF	08/12/2023	2023 SA OWS Champ Trials -PE
25	22:57.47	L	F	Tianel Van Der Merwe	16	MSC	NGD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
26	23:19.31	L	F	Amelia Fraser-Harding	16	ACSA	ETH	27/01/2024	Ushaka Champs 2024
27	23:33.47	L	F	Cara Fourie	16	UPSK	ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
28	23:36.00	L	O	Cameron Morel	16	SWIFT	EKU	20/01/2024	Prime View Swim Festival #3
29*	23:46.00	L	O	Nazneen Mohamed	16	ATLA	JHB	20/01/2024	Prime View Swim Festival #3
29*	23:46.00	L	O	Aarya Morar	16	ATLA	JHB	20/01/2024	Prime View Swim Festival #3
31	24:28.00	L	O	Anastasia Sequeira	16	CA	EKU	20/01/2024	Prime View Swim Festival #3
32	25:05.00	L	O	Emma Davies	16	BAS	EKU	20/01/2024	Prime View Swim Festival #3
33	25:11.93	L	F	Michaela Van Rooyen	16	BLSS	MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
34	27:03.09	L	F	Catherine Wentzel	16	FRA	KCD	03/02/2024	KCDA February Age Group 2024
35	27:22.00	L	O	Ava Fourie	16	TRAZ	TSH	20/01/2024	Prime View Swim Festival #3
36	29:09.00	L	O	Gabby Mc Hugh	16	CRSC	JHB	20/01/2024	Prime View Swim Festival #3
37	32:09.00	L	O	Muneerah Khan	16	SWIM1	JHB	20/01/2024	Prime View Swim Festival #3
Women 16-16 3000 Free									
1	40:37.00	L	O	Hayley Beling	16	BAS	EKU	21/10/2023	AG Open Water Series #1
2	41:59.00	L	O	Cassidy Sinclair	16	DRGN	EKU	20/01/2024	Prime View Swim Festival #3
3	42:07.44	L	O	Farhah Valli	16	HREF	BP	08/03/2024	SA National OWS Championship
4	42:48.00	L	O	Gabriella Smith	16	MDOL	JHB	21/10/2023	AG Open Water Series #1
5	43:29.68	L	O	Kate Truter	16	KZNA	ETH	08/03/2024	SA National OWS Championship
6	43:40.50	L	O	Tatum Lauf	16	HREF	BP	08/03/2024	SA National OWS Championship
7	44:08.00	L	F	Katie-Peta Marcelino	16	KLOO	ETH	18/11/2023	KZN Open Water Champs
8	44:29.25	L	O	Jenna-Mae Lally	16	KZNA	ETH	08/03/2024	SA National OWS Championship
9	44:33.77	L	O	Nanette Jordaan	16	FSA	FS	08/03/2024	SA National OWS Championship
10	45:02.01	L	O	Abigale Meineke	16	KZNA	ETH	08/03/2024	SA National OWS Championship

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
11	45:07.83	L	O	Wilmiën Verbeek	16	NWS	08/03/2024 SA National OWS Championship
12	45:08.90	L	O	Michaela Van Rooyen	16	FSA FS	08/03/2024 SA National OWS Championship
13	45:31.00	L	O	Milla Delport	16	PEAS NMA	15/10/2023 EC Swim Series OWS 1 2023
14	45:46.77	L	O	Ciska Ferreira	16	UNI EZD	04/02/2024 MPUMALANGA OPEN WATER 4 - 4
15	47:00.00	L	O	Tiffany Marshall	16	UNI EZD	05/11/2023 MP Open Water 2 - 5th November 2023
16	47:49.63	L	O	Monique Oosthuizen	16	FSA FS	08/03/2024 SA National OWS Championship
17	48:02.00	L	O	Kye-Ann Fowler	16	UNI EZD	05/11/2023 MP Open Water 2 - 5th November 2023
18	48:21.13	L	O	Amber-Rose Berry	16	NWS	08/03/2024 SA National OWS Championship
19	49:26.05	L	O	Tianel Van Der Merwe	16	MP EZD	08/03/2024 SA National OWS Championship
20	49:43.00	L	O	Emma Roberts	16	UNI EZD	05/11/2023 MP Open Water 2 - 5th November 2023
21	1:09:33.05	L	O	Esmari Weitsz	16	UNI EZD	04/02/2024 MPUMALANGA OPEN WATER 4 - 4
Women 16-16 5000 Free							
1	59:06.97	L	O	Marony Jacobs	16	RSA	10/12/2023 15th African Junior Cham
2	1:04:58.52	L	O	Farhah Valli	16	RSA	10/12/2023 15th African Junior Cham
3	1:08:02.00	L	O	Kirsty Andraos	16	TUKS TSH	20/01/2024 Prime View Swim Festival #3
4	1:08:52.00	L	O	Michaela Labuschagne	16	KZNA ETH	08/12/2023 2023 SA OWS Champ Trials -PE
5	1:09:53.00	L	O	Cassidey Rae Doubell	16	AA JHB	08/12/2023 2023 SA OWS Champ Trials -PE
6	1:15:19.72	L	O	Wilmiën Verbeek	16	NWS	08/03/2024 SA National OWS Championship
7	1:19:17.39	L	O	Jenna-Mae Lally	16	KZNA ETH	08/03/2024 SA National OWS Championship
8	1:21:55.00	L	F	Nanette Jordaan	16	FSA FS	13/02/2024 Kovsie Open Water
9	1:22:07.00	L	F	Abigale Meineke	16	KZNA ETH	18/11/2023 KZN Open Water Champs
10	1:24:44.00	L	O	Emma Roberts	16	UNI EZD	05/11/2023 MP Open Water 2 - 5th November 2023
11	1:26:10.00	L	F	Michaela Van Rooyen	16	FSA FS	13/02/2024 Kovsie Open Water
12	1:28:48.00	L	F	Amelia Fraser-Harding	16	ACSA ETH	18/11/2023 KZN Open Water Champs
Women 16-16 7500 Free							
1	1:35:45.52	L	O	Marony Jacobs	16	ECA BUF	08/03/2024 SA National OWS Championship
2	1:46:35.46	L	O	Kirsty Andraos	16	HREF BP	08/03/2024 SA National OWS Championship
3	1:50:19.00	L	O	Cassidey Rae Doubell	16	AA JHB	20/01/2024 Prime View Swim Festival #3
Women 16-16 10000 Free							
1	2:29:13.00	L	O	Michaela Labuschagne	16	KZNA ETH	08/12/2023 2023 SA OWS Champ Trials -PE
Women 16-16 50 Back							
1	29.47	L	P	Cassidy Burgess	16	WCA CPT	08/04/2024 SA National Aquatic Champ 2024-PE
2	30.07	L	F	Grace Morris	16	LALE CED	15/03/2024 SA National Junior Age Group
3	30.43	L	F	Keira Duncan	16	SGUL ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
4	30.59	L	F	Keira Van Heerden	16	INFA NMA	15/03/2024 SA National Junior Age Group
5	30.74	L	F	Melissa Kuun	16	WCA CPT	19/04/2024 SA Schools Swimming Championship
6	30.77	L	F	Jessica Carmody	16	AZON ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
7	31.34	L	F	Hannah Ferreira	16	ASA ILD	14/12/2023 KZNA 2023 Championships Incorp SSA
8	31.43	L	F	Scarlett Le Roux	16	CA EKU	15/03/2024 SA National Junior Age Group
9	31.71	L	F	Amy Brown	16	SEALE ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
10	31.96	L	F	Jana Lombard	16	LALE CED	14/12/2023 Western Cape LC-A Championship 2023
11	32.13	L	F	Jana Swiegers	16	TUKS TSH	15/03/2024 SA National Junior Age Group
12*	32.31	L	F	Chanel Baenhoff	16	BLSS MAN	06/12/2023 Free State Champs 2023
12*	32.31	L	F	Danielle Cronjè	16	LALE CED	14/12/2023 Western Cape LC-A Championship 2023
14	32.43	L	F	Myra Viduya	16	INFA NMA	11/11/2023 5th A League Gala 2023
15	32.44	L	F	Dane De Klerk	16	BLSS MAN	06/12/2023 Free State Champs 2023
16	32.50	L	F	Cassidey Rae Doubell	16	AA JHB	15/03/2024 SA National Junior Age Group
17	32.75	L	F	Myra Viduya	16	INFA NMA	24/06/2023 PEA Winter Gala 2023
18	32.89	L	F	Beane Swanepoel	16	VRC TSH	12/12/2023 NTS Championships 2023
19	32.94	L	P	Tanatswa Chandiwana	16	MDOL JHB	15/03/2024 SA National Junior Age Group
20	33.07	L	F	Alex-Zandre' Labuschagne	16	MGSC UGD	24/11/2023 Westville-Seals LC Championships
21	33.25	L	F	Morgan Rabie	16	TUKS TSH	12/12/2023 NTS Championships 2023
22	33.26	L	P	Tatum Lauf	16	MDOL JHB	15/03/2024 SA National Junior Age Group
23	33.27	L	F	Amy Schmidt	16	ASAW CED	14/12/2023 Western Cape LC-A Championship 2023
24	33.32	L	P	Une Van den Berg	16	AA JHB	30/11/2023 CGA Championships 2023
25	33.53	L	P	Keira Leask	16	AA JHB	15/03/2024 SA National Junior Age Group
26	33.54	L	F	Kendra Begley	16	INFA NMA	22/07/2023 1st A League Gala 2023
27	33.67	L	P	Gemma Jones	16	VINE CPT	15/03/2024 SA National Junior Age Group

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
28	33.79 L	F	Hayley Hoy	16	SWLAB CPT	01/12/2023	Mpumalanga Championships 2023
29	33.91 L	F	Hannah Rigby	16	RSA	03/05/2023	CANA Zone IV SwimmingChampions
30*	33.97 L	F	Emma Roberts	16	UNI EZD	20/03/2024	SA Level 3 Regional Age Group
30*	33.97 L	P	Rebecca Kuhn	16	PER JHB	15/03/2024	SA National Junior Age Group
32	34.26 L	F	Holley Jacoby	16	VIKI BUF	24/11/2023	BCA Long Course Championships 2023
33	34.28 L	F	Kate Truter	16	BEAV ETH	21/10/2023	Froggies Championships 2023
34	34.34 L	F	Abigail Van Dyk	16	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
35	34.36 L	P	Erin Joubert	16	KLOO ETH	15/03/2024	SA National Junior Age Group
36	34.39 L	F	Caitlin Kennedy	16	AFIN JHB	30/11/2023	CGA Championships 2023
37	34.43 L	F	Sinesipho Sibiyha	16	RSA	03/05/2023	CANA Zone IV SwimmingChampions
38	34.44 L	P	Ruth Dredge	16	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
39	34.48 L S	F	Tanè Putter	16	TYGE CPT	24/11/2023	CTA A & B CHAMPS 2023
40	34.52 L	F	Bailey Held	16	WSTV ETH	24/11/2023	Westville-Seals LC Championships
41	34.54 L	F	Tatum Cabral	16	ELEC TSH	12/12/2023	NTS Championships 2023
42	34.55 L	P	Kaylin Stieger	16	MP EZD	19/04/2024	SA Schools Swimming Championship
43	34.56 L	F	Jana Helmand	16	BLOT MAN	06/12/2023	Free State Champs 2023
44	34.61 L	F	Hayley Beling	16	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
45	34.74 L	P	Ella Mills	16	UNI EZD	15/03/2024	SA National Junior Age Group
46	34.78 L	F	Katie-Peta Marcelino	16	KLOO ETH	24/11/2023	Westville-Seals LC Championships
47	34.79 L	F	Amelia Vincent	16	BLSS MAN	06/12/2023	Free State Champs 2023
48	34.80 L	P	Ciska Ferreira	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
49	34.81 L	P	Caitlin Watson	16	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
50	34.83 L S	F	Elne Reynolds	16	INFA NMA	26/01/2024	6th A League Gala 2024
51	34.88 L	F	Lume Louw	16	USC BUF	21/03/2024	SA Level 3 Regional Age Group
52	34.91 L	F	Mareze Frylinck	16	BLSS MAN	06/12/2023	Free State Champs 2023
53*	34.95 L	F	Anastasia Sequeira	16	CA EKU	28/10/2023	EGA Summer 2 2023
53*	34.95 L	F	Cassidy Sinclair	16	DRGN EKU	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
55	35.03 L	P	Kayla Miller	16	CRSC JHB	30/11/2023	CGA Championships 2023
56	35.05 L	P	Xanthe Nagel	16	HREF BP	15/03/2024	SA National Junior Age Group
57*	35.10 L	P	Chelsea Main	16	PEAS NMA	24/06/2023	PEA Winter Gala 2023
57*	35.10 L	P	Grace George	16	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
59	35.12 L	P	Kayla Petersen	16	USC BUF	24/06/2023	PEA Winter Gala 2023
60	35.15 L	P	Tamryn Kunneke	16	RFA TSH	12/12/2023	NTS Championships 2023
61	35.19 L	F	Sally-Louise Ingwe	16	RAV EKU	20/03/2024	SA Level 3 Regional Age Group
62	35.20 L	F	Mari Zanne Nortje	16	TKS WBD	20/03/2024	SA Level 3 Regional Age Group
63	35.26 L	F	Alexa Louw	16	BLMA CPT	10/02/2024	WCA-B Champs - 2024
64	35.28 L	F	Anri De Beer	16	INFA NMA	21/03/2024	SA Level 3 Regional Age Group
65	x35.32 L	F	Emma La Grange	16	PLAY CED	10/02/2024	WCA-B Champs - 2024
66	35.32 L	F	Hannah Liebenberg	16	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
67	35.33 L	P	Kanishka Rajput	16	SMTG JHB	15/03/2024	SA National Junior Age Group
68	35.35 L	F	Jani Borman	16	SWAR WCD	21/03/2024	SA Level 3 Regional Age Group
69	35.46 L	F	Holly Allison	16	AZON ETH	21/03/2024	SA Level 3 Regional Age Group
70	35.48 L	F	Tiffany Marshall	16	UNI EZD	12/01/2024	2024 Grand Prix Invitation Swimming
71	35.50 L	F	Bay-Linn Oelofse	16	TNDER FDD	06/12/2023	Free State Champs 2023
72	35.62 L	F	Gabby Mc Hugh	16	CRSC JHB	30/11/2023	CGA Championships 2023
73	35.64 L	P	Lize Burness	16	TUKS TSH	20/03/2024	SA Level 3 Regional Age Group
74	35.83 L	F	Isabel Vorster	16	BLNE MAN	06/12/2023	Free State Champs 2023
75	35.92 L S	F	Veneske Steenkamp	16	ROA EDD	05/10/2023	42nd Freda Barnard Invitational Gala
76	35.94 L S	F	Cara Corrigan	16	FISH EDD	05/10/2023	42nd Freda Barnard Invitational Gala
77	35.96 L	P	Jordana Azran	16	KLOO ETH	21/03/2024	SA Level 3 Regional Age Group
78*	36.08 L	P	Erin Glover	16	TYGE CPT	24/06/2023	PEA Winter Gala 2023
78*	36.08 L	F	Luyanda Shandu	16	SEAL UMD	24/11/2023	Westville-Seals LC Championships
80	36.10 L	F	Simone Theron	16	HSBV SKD	27/01/2024	Limpopo School Champs
81	36.11 L	P	Tafadzwa Chandiwana	16	MDOL JHB	15/03/2024	SA National Junior Age Group
82	36.22 L	F	Nicole Beling	16	BAS EKU	28/10/2023	EGA Summer 2 2023
83	36.34 L	P	Isabella Havemann	16	ASAC CPT	14/12/2023	Western Cape LC-A Championship 2023
84	36.38 L	F	Alexia Adreani	16	CA EKU	28/10/2023	EGA Summer 2 2023
85	36.41 L	F	Mignon Smit	16	SS MPD	01/12/2023	Limpopo Champs
86*	36.43 L	P	Aarya Morar	16	ATLA JHB	20/03/2024	SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
86*	36.43	L	P	Alexia Luz	16	SOUL	EKU	20/03/2024	SA Level 3 Regional Age Group
88	36.52	L	P	Tianel Van Der Merwe	16	MSC	NGD	20/03/2024	SA Level 3 Regional Age Group
89	36.55	L	F	Gabriella Smith	16	MDOL	JHB	30/11/2023	CGA Championships 2023
90	36.59	L	F	Carmi Schoeman	16	TKS	WBD	01/12/2023	Limpopo Champs
91	36.61	L	P	Alienne van Rensburg	16	NC	FB	19/04/2024	SA Schools Swimming Championship
92*	36.74	L	F	Mia Pienaar	16	STSC	KCD	05/04/2024	SA Level 2 Regional Age Group Champs
92*	36.74	L	P	Wilmien Verbeek	16	CASC	CPT	24/06/2023	PEA Winter Gala 2023
94	36.75	L	P	Nazneen Mohamed	16	ATLA	JHB	30/11/2023	CGA Championships 2023
95*	36.77	L	F	Cianke Louw	16	HMER	MP	14/10/2023	Limpopo Top 8 - High Schools
95*	36.77	L	F	Karmen Van Rensburg	16	UNI	EZD	13/10/2023	MP AGE GROUP 2
97	36.82	L	P	Isabella Vicente	16	SOUL	EKU	07/12/2023	EGA Summer Championships
98	36.93	L	F	Gabrielle Mare'	16	PAC	TSH	03/11/2023	NTS Level 1+2 November Age Group
99	36.98	L	F	Jaiden Funnell	16	SWIM1	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
100	37.01	L	F	Mia Barnard	16	BLOT	MAN	06/12/2023	Free State Champs 2023
101*	37.21	L	F	Amy Gerber	16	SEAL	UMD	05/04/2024	SA Level 2 Regional Age Group Champs
101*	37.21	L	F	Esmari Weitsz	16	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
103	37.26	L	P	Kanak Rajput	16	AAS	JHB	20/03/2024	SA Level 3 Regional Age Group
104	37.29	L	F	Grace Bothma	16	WSTV	ETH	24/11/2023	Westville-Seals LC Championships
105	37.35	L	P	Ashling McCarthy	16	LINR	JHB	30/11/2023	CGA Championships 2023
106	37.37	L	P	Kayla-Jade Van Heerden	16	WSTV	ETH	14/12/2023	KZNA 2023 Championships Incorporate SSA
107	37.39	L	F	Danelle Du Toit	16	HMER	MP	27/01/2024	Limpopo School Champs
108	37.40	L	F	Jhoanè Voges	16	QUIC	CPT	21/03/2024	SA Level 3 Regional Age Group
109	37.45	L	P	Cameron Morel	16	SWIFT	EKU	20/03/2024	SA Level 3 Regional Age Group
110	37.47	L	F	Mmathabo Marite	16	CRSC	JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
111*	37.53	L	F	Alexandra Houniet	16	CA	EKU	26/01/2024	EGA Last Chance 2024
111*	37.53	L	F	Jean Marie Swartz	16	TONAU	CCD	27/01/2024	Limpopo School Champs
113	37.54	L	P	Tamsyn Kotzè	16	BLMA	CPT	14/12/2023	Western Cape LC-A Championship 2023
114	37.56	L	F	Clarise Coetzer	16	STSC	KCD	28/10/2023	KCDA October Age Group Gala 2023
115	37.60	L	F	Savannah Mostert	16	TUKS	TSH	11/11/2023	Swartland Prestige Gala 2023
116	37.63	L	F	Marilee Coetzee	16	HFDT	MP	14/10/2023	Limpopo Top 8 - High Schools
117	37.68	L	F	Chloe Geldenhuys	16	SEALE	ETH	24/11/2023	Westville-Seals LC Championships
118	37.70	L S	F	Ammara Jagger	16	AQDO	CPT	24/11/2023	CTA A & B CHAMPS 2023
119	37.71	L	P	Araya de Waal	16	PGAC	EKU	07/12/2023	EGA Summer Championships
120*	37.80	L	F	Erin Beyers	16	UNI	EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
120*	37.80	L	F	Jenna-Mae Lally	16	BEAV	ETH	21/10/2023	Froggies Championships 2023
122	37.85	L S	F	Hannah Witten	16	AQDO	CPT	24/11/2023	CTA A & B CHAMPS 2023
123	37.86	L S	F	Jenna Loubser	16	SFSC	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
124	37.94	L	F	Kye-Ann Fowler	16	UNI	EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
125	37.95	L	F	Keira Schroll	16	NWUC	KKD	21/10/2023	NWS Age Group 1 & 2 2023
126	38.01	L	F	Marinique Lamprecht	16	RFA	TSH	01/07/2023	Rossini Swim Cup
127	38.12	L	F	Emsie Brand	16	SWAR	WCD	17/02/2024	Swartland Invitational Gala 2024
128*	38.28	L	F	Monize Wingard	16	NHS	EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
128*	38.28	L	F	Colby Cochrane	16	CRSC	JHB	28/02/2024	Crusaders Night Gala 5
130	38.43	L	F	Milla Delpont	16	PEAS	NMA	22/07/2023	1st A League Gala 2023
131	38.61	L	F	Acacia- Cailyn Abell	16	MDOL	JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
132	38.62	L	F	Zaibaa Bawa	16	WATR	JHB	26/07/2023	Giochi Del Tricolore Swim
133	38.67	L	F	Bianca Myburgh	16	CUHE	QBD	10/02/2024	WCA-B Champs - 2024
134	38.68	L	F	Amelia Fraser-Harding	16	ACSA	ETH	27/01/2024	Ushaka Champs 2024
135	38.72	L	F	Deidré Olivier	16	POTC	KKD	21/10/2023	NWS Age Group 1 & 2 2023
136	38.73	L	P	Cherise Coetzer	16	STSC	KCD	20/03/2024	SA Level 3 Regional Age Group
137	38.76	L	P	Abigail Phillips	16	SASE	JHB	20/03/2024	SA Level 3 Regional Age Group
138	38.79	L	F	Olivia Darley	16	HASC	JHB	26/01/2024	EGA Last Chance 2024
139	38.82	L	P	Makayla Lombard	16	JAQ	EKU	07/12/2023	EGA Summer Championships
140	38.92	L	F	Hanrike Barnard	16	WAGH	BP	23/02/2024	NW School Championships 2024
141	38.93	L	P	Kendra Beukes	16	PGAC	EKU	07/12/2023	EGA Summer Championships
142	39.03	L	F	Michaela Van Rooyen	16	BLSS	MAN	15/09/2023	Bull Sharks Annual Gala
143	39.18	L	F	Catherine Jones	16	RFA	TSH	01/12/2023	2023 The Tshwane Mayor's Gala
144	39.45	L	F	Kimberley Strong	16	KTS		03/02/2024	NCASA SPRINTS 2024
145	39.49	L	F	Lisa Ferreira	16	RFA	TSH	01/12/2023	2023 The Tshwane Mayor's Gala

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
146	39.50	L	F	Jannae De Villiers	16	PRKA PSD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
147	39.58	L	F	Emma Wentzel	16	AA JHB	20/01/2024 CGA Level 2+ Gala 20 Jan 2024
148	39.61	L	F	Bea Van der Merwe	16	RFA TSH	01/12/2023 2023 The Tshwane Mayor's Gala
149	39.64	L	F	Miana Fourie	16	BLSS MAN	06/12/2023 Free State Champs 2023
150	39.65	L S	F	Michelle Van Rooyen	16	TYGE CPT	24/11/2023 CTA A & B CHAMPS 2023
151	39.69	L	F	Shani Olivier	16	WELL CED	11/11/2023 Swartland Prestige Gala 2023
152	39.75	L	P	Clara van Rooyen	16	PGAC EKU	24/03/2024 SA Level 2 Regional Age Group Champs
153*	39.78	L	F	Emma Atkinson	16	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
153*	39.78	L	F	Johane Viljoen	16	BLNE MAN	27/10/2023 Neptune Prestige Gala
155	39.81	L	F	Taaliah Rinquest	16	MARL CPT	10/02/2024 WCA-B Champs - 2024
156	39.86	L	F	Lois Fourie	16	BLSS MAN	26/03/2024 SA Level 2 Regional Age Group Champs
157	39.87	L	F	Daniëlle Le Roux	16	SS MPD	11/11/2023 Limpopo Age Group 5
158	39.89	L	F	Gail Polman	16	CASC CPT	18/11/2023 CTA QUALIFYING MEET 2
159	39.91	L	P	Jorja Da Cunha	16	BON EKU	07/12/2023 EGA Summer Championships
160	39.99	L	F	Megan Kemp	16	HSO TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
161	40.09	L	P	Zara Jeftha	16	MARL CPT	14/12/2023 Western Cape LC-A Championship 2023
162	40.10	L	P	Neo Cele	16	ELEC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
163	40.14	L	P	Kayla Botha	16	AFIN JHB	24/03/2024 SA Level 2 Regional Age Group Champs
164*	40.23	L	P	Kirstin Brady	16	RAV EKU	07/12/2023 EGA Summer Championships
164*	40.23	L	F	Cara Fourie	16	UPSK ZMD	10/02/2024 AGE GROUP 6 UPT - 2024
166	40.33	L	F	Elmarie De Witt	16	QUIC CPT	10/02/2024 WCA-B Champs - 2024
167	40.40	L S	F	Amy Clayton	16	CUHE OBD	05/10/2023 42nd Freda Barnard Invitational Gala
168	40.41	L	F	Ame Quinn	16	ROB EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
169	40.48	L S	F	Lerato Molobye	16	HREF BP	06/12/2023 NWS Championships 2023/24
170	40.69	L	F	Jessica Carver	16	ELEC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
171	40.82	L	F	Samantha Maritz	16	BLSS MAN	06/12/2023 Free State Champs 2023
172	40.96	L	F	Nanette Jordaan	16	BLOT MAN	26/08/2023 kovsie Sprint Gala
173	41.01	L	F	Rienke Blignaut	16	BLSS MAN	06/12/2023 Free State Champs 2023
174	41.04	L	F	Shannon Coetzee	16	PGAC EKU	24/11/2023 EGA Summer 4
175	41.11	L	F	Janca Hattingh	16	CSA EZD	01/12/2023 Mpumalanga Championships 2023
176	41.12	L	P	Eunice Fourie	16	BLSS MAN	26/03/2024 SA Level 2 Regional Age Group Champs
177	41.21	L	F	Lore Elise Snyckers	16	AHMP TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
178	41.23	L	F	Carmen Botha	16	MATL KKD	11/11/2023 NWS Age Group 3 + 4
179	41.24	L	P	Fallon Tweedie	16	PEAS NMA	24/06/2023 PEA Winter Gala 2023
180	41.32	L	F	Marita Lackey	16	TUKS TSH	16/02/2024 NTS February Open Age Group 2024
181	41.83	L	F	Emma Davies	16	BAS EKU	24/11/2023 EGA Summer 4
182	41.87	L	P	Christn Engelbrecht	16	KSC EZD	01/12/2023 Mpumalanga Championships 2023
183	42.09	L	F	Jenna Du Plessis	16	BLSS MAN	06/12/2023 Free State Champs 2023
184	42.24	L	P	Riley Hattingh-Steyn	16	SOUL EKU	07/12/2023 EGA Summer Championships
185	42.32	L	F	Skye Schoeman	16	KZNA ETH	24/11/2023 Westville-Seals LC Championships
186	42.40	L	P	Rudine Van Wyk	16	PAC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
187	42.46	L	F	Lisa Bloem	16	BLOT MAN	27/10/2023 Neptune Prestige Gala
188	42.71	L	P	Gemma Harris	16	MARL CPT	24/06/2023 PEA Winter Gala 2023
189	43.00	L	P	Cleo May	16	MARL CPT	24/06/2023 PEA Winter Gala 2023
190	43.46	L	F	Maryke Gerber	16	HE CCD	14/10/2023 Limpopo Top 8 - High Schools
191	44.01	L	F	Maya Lockitch	16	CYBE CPT	18/11/2023 CTA QUALIFYING MEET 2
192	44.03	L	F	Nthanki Kumalo	16	ELEC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
193	44.13	L	F	Jamilah Tshiyoyo	16	TUKS TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
194	44.25	L	F	Cameron Landman	16	BETH FDD	15/09/2023 Bull Sharks Annual Gala
195	44.53	L	F	Michaela Mitchley	16	KTS	24/11/2023 AGE GROUP 2 KATHU 2023
196	44.88	L	F	Isabella Le Roux	16	QSAW CED	11/11/2023 Swartland Prestige Gala 2023
197	44.93	L	F	Kayleigh Jansen Van Vuuren	16	CSA EZD	23/09/2023 MP SPRINT GALA 23 SEPTEMBER
198	45.24	L	F	Morgan Van Wyk	16	XCEL CPT	17/02/2024 Swartland Invitational Gala 2024
199	45.37	L	F	Madelein Bronkhorst	16	PHS CCD	27/01/2024 Limpopo School Champs
200	45.42	L	F	Mia Pretorius	16	AHMP TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
201	45.49	L S	F	Kate Allwood	16	WCA CPT	08/04/2024 SA National Aquatic Champ 2024-PE
202	46.76	L	F	Bea-Mari Ackerman	16	MATL KKD	11/11/2023 NWS Age Group 3 + 4
203	47.23	L	F	Caylin Bach	16	AASC EZD	13/10/2023 MP AGE GROUP 2
204	47.58	L	F	Enette de Beer	16	PSA ZLD	18/11/2023 KCDA November Age Group Gala 2023

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
205	48.55 L	F	Mienke Uys	16	FROS TMD	18/11/2023	Valsrivier Gala
206	48.93 L	F	Kelly-Grace Luyt	16	FIELD BP	23/02/2024	NW School Championships 2024
207	49.18 L	P	Riley Zulch	16	ONYX EKU	07/12/2023	EGA Summer Championships
208	49.47 L	F	Ilne Kotzé	16	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
209	49.48 L	F	Esona Botile	16	HARL BUF	24/11/2023	BCA Long Course Championships 2023
210	49.70 L S	F	Onalenna Tsholwe	16	MATL KKD	06/12/2023	NWS Championships 2023/24
211	49.74 L	P	Yana Van Schoor	16	PGAC EKU	07/12/2023	EGA Summer Championships
212	49.92 L	F	Lesedi-Lere Themba	16	ESP EKU	28/10/2023	EGA Summer 2 2023
213	50.27 L	F	Tyler Lowe	16	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
214	52.71 L	F	Kirsten Campbell	16	WALM CPT	17/09/2023	CTA BMEET 3
215	56.46 L	F	Aymee Botha	16	PWC BP	23/02/2024	NW School Championships 2024
216	56.77 L	F	Madison Isaacs	16	WEST CPT	17/02/2024	Swartland Invitational Gala 2024
217	59.35 L	F	Georgia Papamichael	16	VPHS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
218	1:03.06 L	F	Maya Mabe	16	LEBII BP	23/02/2024	NW School Championships 2024
219	1:03.97 L	F	Ilitha Mafeke	16	KHS OTD	03/02/2024	Buffalo City School Trials 2024
220	1:04.30 L	F	Lune Van Der Berg	16	EXA EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
221	1:05.94 L	F	Kayla Schoenveld	16	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
222	1:16.03 L	F	Mihle Ngini	16	KHS OTD	03/02/2024	Buffalo City School Trials 2024
223	1:26.26 L	F	Anna-Marie Steyn	16	ESS EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
224	1:29.29 L	F	Sfungo Keswa	16	UMHS OTD	03/02/2024	Buffalo City School Trials 2024
225	1:40.54 L	F	Jessica Jansen	16	ESS EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
Women 16-16 100 Back							
1	1:03.69 L	F	Cassidy Burgess	16	VINE CPT	15/03/2024	SA National Junior Age Group
2	1:04.29 L	F	Grace Morris	16	LALE CED	15/03/2024	SA National Junior Age Group
3	1:06.78 L	F	Keira Duncan	16	SGUL ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
4	1:07.15 L	P	Melissa Kuun	16	FISH EDD	15/03/2024	SA National Junior Age Group
5	1:07.71 L	F	Scarlett Le Roux	16	CA EKU	15/03/2024	SA National Junior Age Group
6	1:07.78 L	F	Hannah Ferreira	16	ASA ILD	14/12/2023	KZNA 2023 Championships Incorp SSA
7	1:07.99 L	P	Chanel Baenhoff	16	BLSS MAN	15/03/2024	SA National Junior Age Group
8	1:08.03 L	P	Jessica Carmody	16	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
9	1:09.03 L	F	Gemma Jones	16	VINE CPT	15/03/2024	SA National Junior Age Group
10	1:09.17 L	P	Danielle Cronjé	16	LALE CED	15/03/2024	SA National Junior Age Group
11	1:09.19 L	P	Jana Lombard	16	LALE CED	15/03/2024	SA National Junior Age Group
12	1:09.21 L	F	Jana Swiegers	16	TUKS TSH	15/03/2024	SA National Junior Age Group
13	1:09.60 L	P	Myra Viduya	16	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
14	1:09.79 L	F	Myra Viduya	16	INFA NMA	11/11/2023	5th A League Gala 2023
15	1:10.61 L	F	Dane De Klerk	16	BLSS MAN	06/12/2023	Free State Champs 2023
16	1:10.69 L	P	Keira Leask	16	AA JHB	15/03/2024	SA National Junior Age Group
17	1:11.29 L	P	Cassidey Rae Doubell	16	AA JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
18	1:11.43 L	F	Alex-Zandre' Labuschagne	16	MGSC UGD	14/12/2023	KZNA 2023 Championships Incorp SSA
19	1:11.94 L	P	Kendra Begley	16	INFA NMA	15/03/2024	SA National Junior Age Group
20	1:11.97 L	F	Amy Brown	16	SEALE ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
21	1:12.18 L	P	Une Van den Berg	16	AA JHB	15/03/2024	SA National Junior Age Group
22	1:12.26 L	P	Amy Schmidt	16	ASAW CED	15/03/2024	SA National Junior Age Group
23	1:12.44 L	P	Ruth Dredge	16	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE
24	1:12.50 L	P	Hannah Rigby	16	GAU JHB	19/04/2024	SA Schools Swimming Championship
25	1:12.69 L	P	Taylor Morton	16	LALE CED	15/03/2024	SA National Junior Age Group
26	1:12.99 L	F	Morgan Rabie	16	TUKS TSH	12/12/2023	NTS Championships 2023
27*	1:13.17 L	F	Holley Jacoby	16	VIKI BUF	01/12/2023	ECA Long Course Championships 2023
27*	1:13.17 L	P	Hannah Liebenberg	16	PAC TSH	12/12/2023	NTS Championships 2023
29	1:13.45 L	P	Tanè Putter	16	TYGE CPT	15/03/2024	SA National Junior Age Group
30	1:13.50 L	F	Erin Hudson	16	AA JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
31	1:13.57 L	P	Anastasia Sequeira	16	CA EKU	15/03/2024	SA National Junior Age Group
32	1:13.66 L	F	Kate Truter	16	BEAV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
33	1:13.74 L	P	Tatum Lauf	16	GAU JHB	19/04/2024	SA Schools Swimming Championship
34	1:13.86 L	F	Katie-Peta Marcelino	16	KLOO ETH	24/11/2023	Westville-Seals LC Championships
35	1:14.00 L	P	Erin Glover	16	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
36	1:14.03 L	F	Hayley Hoy	16	TUKS TSH	23/02/2024	NTS Prestige AG February 2024
37	1:14.07 L	P	Tanatswa Chandiwana	16	MDOL JHB	15/03/2024	SA National Junior Age Group

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
38	1:14.11 L	F	Chelsea Main	16	PEAS NMA	21/10/2023	GP ASSESSMENT OCTOBER 2023
39	1:14.21 L	F	Gabriella Douglas	16	BAS EKU	15/09/2023	EGA Summer 1
40	1:14.23 L	F	Emma Roberts	16	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
41	1:14.36 L	F	Simone Henning	16	RHS BP	23/02/2024	NW School Championships 2024
42	1:14.52 L	P	Kanishka Rajput	16	SMTC JHB	15/03/2024	SA National Junior Age Group
43	1:14.58 L	F	Caitlin Watson	16	BLMA CPT	24/11/2023	CTA A & B CHAMPS 2023
44	1:14.59 L	F	Mareze Frylinck	16	BLSS MAN	06/12/2023	Free State Champs 2023
45	1:14.62 L	F	Marony Jacobs	16	INFA NMA	26/08/2023	2nd A League Gala 2023
46	1:14.83 L	F	Anri De Beer	16	INFA NMA	22/07/2023	1st A League Gala 2023
47	1:14.93 L	F	Abigail Van Dyk	16	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
48	1:15.07 L	P	Tazmin Suliman	16	TUKS TSH	12/12/2023	NTS Championships 2023
49	1:15.11 L	F	Lara Smith	16	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
50	1:15.20 L	F	Jana Helmand	16	BLOT MAN	06/12/2023	Free State Champs 2023
51	1:15.21 L	P	Hayley Beling	16	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
52	1:15.29 L	F	Erin Joubert	16	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
53	1:15.72 L	F	Beane Swanepoel	16	VRC TSH	20/10/2023	NTS Level 3+ October Age Group 2023
54	1:15.80 L	F	Lize Burness	16	TUKS TSH	16/02/2024	NTS February Open Age Group 2024
55	1:15.89 L	F	Lume Louw	16	USC BUF	09/02/2024	Infinity Gala 2024
56*	1:16.09 L	F	Kayla Miller	16	CRSC JHB	30/11/2023	CGA Championships 2023
56*	1:16.09 L	F	Veneske Steenkamp	16	ROA EDD	05/10/2023	42nd Freda Barnard Invitational Gala
58	1:16.15 L	F	Ciska Ferreira	16	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
59	1:16.18 L	P	Jordana Azran	16	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
60	1:16.40 L	P	Tamsyn Kotzè	16	BLMA CPT	15/03/2024	SA National Junior Age Group
61	1:16.53 L	F	Tatum Cabral	16	ELEC TSH	23/02/2024	NTS Prestige AG February 2024
62	1:16.56 L	F	Mignon Smit	16	SS MPD	20/03/2024	SA Level 3 Regional Age Group
63	1:16.60 L	P	Tamryn Kunneke	16	RFA TSH	20/03/2024	SA Level 3 Regional Age Group
64	1:16.79 L	P	Jani Borman	16	SWAR WCD	14/12/2023	Western Cape LC-A Championship 2023
65	1:16.88 L	P	Carmi Schoeman	16	TKS WBD	15/03/2024	SA National Junior Age Group
66	1:16.96 L	F	Xanthe Nagel	16	MCS BP	23/02/2024	NW School Championships 2024
67	1:17.01 L	F	Bay-Linn Oelofse	16	TNDER FDD	06/12/2023	Free State Champs 2023
68	1:17.06 L	F	Caitlin Kennedy	16	AFIN JHB	30/11/2023	CGA Championships 2023
69	1:17.08 L	F	Ella Mills	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
70	1:17.14 L	F	Sinesipho Sibiyi	16	SEAL UMD	24/11/2023	Westville-Seals LC Championships
71	1:17.31 L	F	Simone Vd Merwe	16	LALE CED	11/11/2023	Winelands SL4
72	1:17.40 L	F	Amelia Vincent	16	BLSS MAN	21/03/2024	SA Level 3 Regional Age Group
73	1:17.48 L	P	Alexia Luz	16	SOUL EKU	20/03/2024	SA Level 3 Regional Age Group
74	1:17.51 L	F	Mari Zanne Nortje	16	HSBV SKD	27/01/2024	Limpopo School Champs
75	1:17.63 L	P	Ashling McCarthy	16	LINR JHB	30/11/2023	CGA Championships 2023
76	1:17.82 L	F	Jenna-Mae Lally	16	BEAV ETH	21/03/2024	SA Level 3 Regional Age Group
77	1:17.83 L S	P	Alexia Adreani	16	CA EKU	07/12/2023	EGA Summer Championships
78	1:18.07 L S	F	Elne Reynolds	16	INFA NMA	26/01/2024	6th A League Gala 2024
79	1:18.59 L	F	Holly Allison	16	AZON ETH	21/03/2024	SA Level 3 Regional Age Group
80	1:18.64 L	F	Simone Theron	16	HSBV SKD	27/01/2024	Limpopo School Champs
81*	1:19.02 L	F	Isabel Vorster	16	BLNE MAN	06/12/2023	Free State Champs 2023
81*	1:19.02 L	P	Alienne van Rensburg	16	NC FB	19/04/2024	SA Schools Swimming Championship
83	1:19.22 L	P	Wilmien Verbeek	16	CASC CPT	24/06/2023	PEA Winter Gala 2023
84	1:19.23 L	F	Kayla Petersen	16	USC BUF	24/11/2023	BCA Long Course Championships 2023
85	1:19.25 L	F	Nikha Lambden	16	EXP TSH	22/09/2023	NTS Level 3+ September Age Group
86	1:19.26 L	F	Aarya Morar	16	ATLA JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
87	1:19.29 L	F	Araya de Waal	16	PGAC EKU	15/09/2023	EGA Summer 1
88	1:19.69 L	F	Candice Myers	16	TCA EKU	11/11/2023	EGA Summer 3
89	1:19.71 L	P	Joy Vd Westhuizen	16	AQDO CPT	14/12/2023	Western Cape LC-A Championship 2023
90	1:19.89 L	F	Christi Serfontein	16	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
91	1:20.06 L	F	Sally-Louise Ingwe	16	RAV EKU	22/02/2024	18th Botswana Swimming Nationals
92	1:20.09 L	P	Kaylin Stieger	16	MP EZD	19/04/2024	SA Schools Swimming Championship
93	1:20.11 L	F	Alexa Louw	16	BLMA CPT	20/01/2024	CTA A MEET 4
94	1:20.14 L	P	Tiffany Marshall	16	UNI EZD	20/03/2024	SA Level 3 Regional Age Group
95	1:20.17 L	P	Luyanda Shandu	16	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
96	1:20.38 L	P	Keira Schroll	16	NWUC KKD	06/12/2023	NWS Championships 2023/24

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
97	1:20.51 L	F	Amahle Mhlongo	16	PSCP UMD	24/11/2023	Westville-Seals LC Championships
98	1:20.75 L	P	Tafadzwa Chandiwana	16	MDOL JHB	15/03/2024	SA National Junior Age Group
99	1:20.83 L	F	Amelia Fraser-Harding	16	ACSA ETH	27/01/2024	Ushaka Champs 2024
100	1:20.86 L	F	Jean Marie Swartz	16	TONAU CCD	27/01/2024	Limpopo School Champs
101	1:20.87 L	F	Nazneen Mohamed	16	ATLA JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
102	1:20.99 L	F	Karmen Van Rensburg	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
103	1:21.01 L	P	Isabella Havemann	16	ASAC CPT	14/12/2023	Western Cape LC-A Championship 2023
104	1:21.08 L	F	Marinique Lamprecht	16	RFA TSH	01/07/2023	Rossini Swim Cup
105	1:21.13 L	P	Isabella Vicente	16	SOUL EKU	24/03/2024	SA Level 2 Regional Age Group Champs
106	1:21.30 L	P	Tianel Van Der Merwe	16	MSC NGD	20/03/2024	SA Level 3 Regional Age Group
107	1:21.36 L	F	Grace Bothma	16	WSTV ETH	21/01/2024	EDA Age Group Gala 5 2024
108	1:21.37 L	P	Kanak Rajput	16	AAS JHB	20/03/2024	SA Level 3 Regional Age Group
109	1:21.45 L	F	Cameron Morel	16	SWIFT EKU	15/09/2023	EGA Summer 1
110*	1:21.65 L	F	Gabriella Smith	16	MDOL JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
110*	1:21.65 L	F	Annabelle Roberts	16	LALE CED	11/11/2023	Winelands SL4
112	1:21.75 L	P	Cherise Coetzer	16	STSC KCD	20/03/2024	SA Level 3 Regional Age Group
113	1:21.89 L	P	Jaiden Funnell	16	SWIM1 JHB	24/03/2024	SA Level 2 Regional Age Group Champs
114	1:22.24 L	F	Danelle Du Toit	16	TASC MPD	11/11/2023	Limpopo Age Group 5
115	1:22.45 L	F	Clara van Rooyen	16	PGAC EKU	24/03/2024	SA Level 2 Regional Age Group Champs
116	1:22.57 L	P	Jhoanè Voges	16	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group
117	1:22.66 L	F	Mmathabo Marite	16	CRSC JHB	30/11/2023	CGA Championships 2023
118	1:22.67 L	F	Gabby Mc Hugh	16	CRSC JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
119	1:22.83 L	F	Erin Beyers	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
120	1:22.86 L	F	Emsie Brand	16	SWAR WCD	10/02/2024	WCA-B Champs - 2024
121	1:22.89 L	F	Ammara Jagger	16	AQDO CPT	24/11/2023	CTA A & B CHAMPS 2023
122	1:23.29 L	F	Taaliah Rinquest	16	MARL CPT	10/02/2024	WCA-B Champs - 2024
123	1:23.40 L	F	Mia Barnard	16	BLOT MAN	06/12/2023	Free State Champs 2023
124	1:23.53 L	P	Emma Wentzel	16	AA JHB	30/11/2023	CGA Championships 2023
125	1:23.70 L	F	Catherine Jones	16	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
126	1:23.77 L	F	Zoey Du Toit	16	UNI EZD	29/09/2023	MP AGE GROUP 1 29.09.2023 -
127	1:23.79 L S	P	Alexandra Houniet	16	CA EKU	07/12/2023	EGA Summer Championships
128	1:23.97 L	F	Mia Pienaar	16	STSC KCD	28/10/2023	KCDA October Age Group Gala 2023
129	1:24.19 L	F	Milla Delpont	16	PEAS NMA	22/07/2023	1st A League Gala 2023
130	1:24.21 L	F	Hannah Prince	16	OLDE JHB	24/03/2024	SA Level 2 Regional Age Group Champs
131	1:24.42 L	F	Chloe Pieterse	16	QSAW CED	03/02/2024	Winelands SL final
132	1:24.64 L S	P	Kendra Beukes	16	PGAC EKU	07/12/2023	EGA Summer Championships
133	1:24.65 L	F	Cara Corrigan	16	FISH EDD	10/02/2024	WCA-B Champs - 2024
134	1:24.90 L	F	Lois Fourie	16	BLSS MAN	06/12/2023	Free State Champs 2023
135	1:24.99 L	F	Elmarie De Witt	16	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
136	1:25.03 L	F	Gabrielle Mare'	16	PAC TSH	16/02/2024	NTS February Open Age Group 2024
137	1:25.28 L	F	Leandrè Burger	16	QSAW CED	18/11/2023	CTA QUALIFYING MEET 2
138	1:25.75 L	F	Michelle Van Rooyen	16	TYGE CPT	18/11/2023	CTA QUALIFYING MEET 2
139	1:26.02 L	F	Eunice Fourie	16	BLSS MAN	06/12/2023	Free State Champs 2023
140	1:26.08 L	F	Cara Fourie	16	UPSK ZMD	10/02/2024	AGE GROUP 6 UPT - 2024
141	1:26.12 L	P	Daniëlle Le Roux	16	SS MPD	24/03/2024	SA Level 2 Regional Age Group Champs
142	1:26.15 L	F	Marilee Coetzee	16	DOLFI MPD	24/03/2024	SA Level 2 Regional Age Group Champs
143*	1:26.31 L	F	Lisa Ferreira	16	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
143*	1:26.31 L	F	Deidré Olivier	16	RBOT BPD	06/12/2023	NWS Championships 2023/24
145*	1:26.36 L	F	Acacia- Cailyn Abell	16	MDOL JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
145*	1:26.36 L	P	Monize Wingard	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
147	1:26.52 L	F	Esmari Weitsz	16	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
148	1:26.63 L	F	Jorja Da Cunha	16	BON EKU	15/09/2023	EGA Summer 1
149	1:26.76 L	F	Isabella Afonso	16	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
150	1:26.93 L	F	Bianca Myburgh	16	CUHE OBD	10/02/2024	WCA-B Champs - 2024
151	1:26.96 L	F	Shannon Coetzee	16	PGAC EKU	15/09/2023	EGA Summer 1
152	1:27.27 L	F	Zaibaa Bawa	16	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
153	1:27.45 L	F	Johane Viljoen	16	BLNE MAN	26/03/2024	SA Level 2 Regional Age Group Champs
154	1:27.67 L	F	Kimberley Strong	16	NC FB	27/01/2024	4 + 1 Inter Provincial Gala 2023
155	1:27.71 L	F	Jenna Loubser	16	SFSC CPT	05/10/2023	42nd Freda Barnard Invitational Gala

Individual Top Times

Times since: 01-May-23
 Number of Top Times: All

Times until: 30-Apr-24
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
156	1:28.35 L	F	Miana Fourie	16	BLSS MAN	06/12/2023	Free State Champs 2023
157	1:28.40 L	F	Olivia Darley	16	HASC JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
158	1:28.52 L S	P	Riley Hattingh-Steyn	16	SOUL ECU	07/12/2023	EGA Summer Championships
159	1:28.57 L	F	Jessica Carver	16	ELEC TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
160	1:28.68 L	F	Makayla Lombard	16	JAQ ECU	26/01/2024	EGA Last Chance 2024
161	1:28.75 L	P	Neo Cele	16	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
162	1:28.78 L	P	Thobile Mtshali	16	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
163	1:28.80 L	F	Lerato Molobye	16	HREF BP	21/10/2023	NWS Age Group 1 & 2 2023
164	1:29.13 L	F	Gail Polman	16	CASC CPT	18/11/2023	CTA QUALIFYING MEET 2
165	1:29.36 L	P	Zara Jeftha	16	MARL CPT	21/03/2024	SA Level 3 Regional Age Group
166	1:29.45 L	F	Bea Van der Merwe	16	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
167	1:29.50 L	F	Carmen Botha	16	WES KK	23/02/2024	NW School Championships 2024
168	1:29.65 L	P	Marita Lackey	16	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
169	1:29.77 L	F	Emma Davies	16	BAS ECU	15/09/2023	EGA Summer 1
170	1:29.91 L	P	Kayla Botha	16	AFIN JHB	24/03/2024	SA Level 2 Regional Age Group Champs
171	1:30.74 L	F	Samantha Maritz	16	BLSS MAN	06/12/2023	Free State Champs 2023
172	1:30.95 L	F	Maya Lockitch	16	CYBE CPT	18/11/2023	CTA QUALIFYING MEET 2
173	1:30.96 L	F	Rienke Blignaut	16	BLSS MAN	03/11/2023	Heidedal Welkom Gala
174	1:31.32 L	F	Megan Kemp	16	HSO TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
175	1:31.38 L	F	Michaela Van Rooyen	16	BLSS MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
176	1:33.03 L	F	Jannae De Villiers	16	PRKA PSD	03/02/2024	NCASA SPRINTS 2024
177	1:33.69 L	F	Paula Van Zyl	16	LALE CED	11/11/2023	Winelands SL4
178	1:33.84 L	F	Jenna Du Plessis	16	BLSS MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
179	1:34.67 L	F	Amy Clayton	16	CUHE OBD	05/10/2023	42nd Freda Barnard Invitational Gala
180	1:35.28 L	P	Cleo May	16	MARL CPT	24/06/2023	PEA Winter Gala 2023
181	1:35.37 L	P	Cameron Landman	16	BETH FDD	26/03/2024	SA Level 2 Regional Age Group Champs
182	1:35.95 L	F	Lore Elise Snyckers	16	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
183	1:37.90 L	F	Morgan Van Wyk	16	XCEL CPT	17/02/2024	Swartland Invitational Gala 2024
184	1:38.53 L	F	Nkenda Baghana	16	CPSC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
185	1:38.81 L	F	Zani Van Rensburg	16	PGAC ECU	15/09/2023	EGA Summer 1
186	1:38.89 L	F	Mia Pretorius	16	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
187	1:39.10 L	F	Skye Schoeman	16	AQUA BUF	18/11/2023	Uthukela District Age Group Gala
188	1:39.25 L	F	Madelein Bronkhorst	16	SS MPD	01/12/2023	Limpopo Champs
189	1:41.03 L	F	Bea-Mari Ackerman	16	MATL KKD	11/11/2023	NWS Age Group 3 + 4
190	1:41.44 L S	F	Kate Allwood	16	ASAC CPT	14/12/2023	Western Cape LC-A Championship 2023
191	1:42.41 L	F	Nthanki Kumalo	16	ELEC TSH	03/11/2023	NTS Level 1+2 November Age Group
192	1:44.49 L	F	Maryke Gerber	16	HE CCD	14/10/2023	Limpopo Top 8 - High Schools
193	1:45.13 L	F	Izra Gameeldien	16	MANT CPT	20/01/2024	CTA A MEET 4
194	1:48.42 L	F	Riley Zulch	16	ONYX ECU	02/03/2024	AG Level 1 Regional Age Group
195	1:48.77 L	F	Kelly-Grace Luyt	16	FIELD BP	23/02/2024	NW School Championships 2024
196	1:50.89 L	F	Esona Botile	16	HARL BUF	24/11/2023	BCA Long Course Championships 2023
197	1:51.20 L	F	Caylin Bach	16	AASC EZD	02/02/2024	MP AGE GROUP 5 GALA
198	1:52.82 L	F	Lesedi-Lere Themba	16	ESP ECU	02/03/2024	AG Level 1 Regional Age Group
199	1:59.46 L	F	Onalenna Tsholwe	16	MATL KKD	11/11/2023	NWS Age Group 3 + 4
200	2:18.52 L	F	Denaycha Oosthuizen	16	WAGH BP	23/02/2024	NW School Championships 2024
201	3:34.48 L	F	Jessica Jansen	16	ESS EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
202	3:36.61 L	F	Anna-Marie Steyn	16	ESS EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
Women 16-16 200 Back							
1	2:18.54 L	F	Grace Morris	16	LALE CED	23/02/2024	2024 Grand Prix 2 Invitational Meet -
2	2:20.57 L S	F	Cassidy Burgess	16	VINE CPT	15/03/2024	SA National Junior Age Group
3	2:23.52 L	P	Jessica Carmody	16	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
4	2:25.36 L	F	Hannah Ferreira	16	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
5	2:25.60 L S	F	Scarlett Le Roux	16	CA ECU	15/03/2024	SA National Junior Age Group
6	2:27.10 L S	F	Chanel Baenhoff	16	BLSS MAN	15/03/2024	SA National Junior Age Group
7	2:28.96 L S	F	Cassidey Rae Doubell	16	AA JHB	15/03/2024	SA National Junior Age Group
8	2:29.14 L	P	Melissa Kuun	16	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
9	2:30.32 L S	F	Danielle Cronjé	16	LALE CED	15/03/2024	SA National Junior Age Group
10	2:31.03 L S	F	Jana Swiegers	16	TUKS TSH	15/03/2024	SA National Junior Age Group
11	2:33.03 L S	F	Dane De Klerk	16	BLSS MAN	06/12/2023	Free State Champs 2023

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
12	2:33.78	L S	P	Gemma Jones	16	VINE CPT	15/03/2024 SA National Junior Age Group
13	2:34.61	L S	F	Tayler Morton	16	LALE CED	15/03/2024 SA National Junior Age Group
14	2:34.68	L S	P	Keira Leask	16	AA JHB	15/03/2024 SA National Junior Age Group
15	2:35.89	L	F	Hannah Rigby	16	RSA	03/05/2023 CANA Zone IV SwimmingChampions
16	2:36.37	L	F	Amy Schmidt	16	ASAW CED	14/12/2023 Western Cape LC-A Championship 2023
17	2:37.02	L	F	Kate Truter	16	BEAV ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
18	2:37.16	L	P	Keira Duncan	16	KZNA ETH	19/04/2024 SA Schools Swimming Championship
19	2:37.52	L	F	Hannah Liebenberg	16	PAC TSH	12/12/2023 NTS Championships 2023
20	2:37.71	L	F	Chelsea Main	16	PEAS NMA	09/11/2023 Mauritius Summer Championships (LC)
21	2:37.88	L	F	Jana Helmand	16	BLOT MAN	21/03/2024 SA Level 3 Regional Age Group
22	2:38.04	L	P	Tatum Lauf	16	GAU JHB	19/04/2024 SA Schools Swimming Championship
23	2:38.26	L	F	Amy Brown	16	SEALE ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
24	2:39.08	L	F	Mareze Frylinck	16	FSA FS	27/01/2024 4 + 1 Inter Provincial Gala 2023
25	2:39.32	L	F	Kendra Begley	16	INFA NMA	26/08/2023 2nd A League Gala 2023
26	2:39.75	L S	P	Tamsyn Kotzè	16	BLMA CPT	15/03/2024 SA National Junior Age Group
27	2:39.83	L	F	Holley Jacoby	16	VIKI BUF	24/11/2023 BCA Long Course Championships 2023
28	2:40.54	L	F	Kayla Miller	16	CRSC JHB	30/11/2023 CGA Championships 2023
29	2:40.97	L	F	Hayley Beling	16	BAS EKU	20/03/2024 SA Level 3 Regional Age Group
30	2:41.05	L	F	Emma Roberts	16	UNI EZD	20/03/2024 SA Level 3 Regional Age Group
31	2:41.29	L	F	Ruth Dredge	16	PAC TSH	23/06/2023 Treviso Swim Cup
32	2:41.39	L	F	Mieke Vd Wal	16	CASC CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
33	2:41.52	L	F	Anastasia Sequeira	16	CA EKU	24/11/2023 EGA Summer 4
34	2:41.57	L	F	Alexia Luz	16	SOUL EKU	20/03/2024 SA Level 3 Regional Age Group
35	2:42.58	L	F	Erin Joubert	16	KLOO ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
36	2:43.05	L	F	Marony Jacobs	16	INFA NMA	24/06/2023 PEA Winter Gala 2023
37	2:43.10	L	F	Anri De Beer	16	INFA NMA	12/08/2023 Madibaz Swim Meet 2023
38	x2:43.29	L	F	Emma La Grange	16	PLAY CED	10/02/2024 WCA-B Champs - 2024
39	2:43.44	L	P	Erin Glover	16	TYGE CPT	14/12/2023 Western Cape LC-A Championship 2023
40	2:44.29	L	F	Morgan Rabie	16	TUKS TSH	12/12/2023 NTS Championships 2023
41	2:44.52	L	F	Ciska Ferreira	16	UNI EZD	01/12/2023 Mpumalanga Championships 2023
42	2:44.61	L	F	Hayley Hoy	16	SWLAB CPT	03/05/2023 CANA Zone IV
43	2:44.80	L	P	Mignon Smit	16	SS MPD	20/03/2024 SA Level 3 Regional Age Group
44	2:44.99	L	F	Jenna-Mae Lally	16	BEAV ETH	21/03/2024 SA Level 3 Regional Age Group
45*	2:45.74	L	P	Caitlin Watson	16	BLMA CPT	14/12/2023 Western Cape LC-A Championship 2023
45*	2:45.74	L	F	Lize Burness	16	TUKS TSH	16/02/2024 NTS February Open Age Group 2024
47	2:46.05	L S	F	Amelia Vincent	16	BLSS MAN	06/12/2023 Free State Champs 2023
48	2:46.64	L	F	Jani Borman	16	SWAR WCD	21/03/2024 SA Level 3 Regional Age Group
49	2:46.86	L	F	Aarya Morar	16	ATLA JHB	14/12/2023 KZNA 2023 Championships Incorp SSA
50	2:47.98	L	F	Tamryn Kunneke	16	RFA TSH	12/12/2023 NTS Championships 2023
51	2:48.33	L	F	Ashling McCarthy	16	LINR JHB	30/11/2023 CGA Championships 2023
52	2:48.39	L	F	Beane Swanepoel	16	VRC TSH	12/12/2023 NTS Championships 2023
53	2:48.66	L	F	Lume Louw	16	USC BUF	09/02/2024 Infinity Gala 2024
54	2:48.69	L	F	Alexa Louw	16	BLMA CPT	10/02/2024 WCA-B Champs - 2024
55	2:48.80	L	F	Ella Mills	16	UNI EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
56	2:48.82	L	F	Carmi Schoeman	16	TKS WBD	01/12/2023 Limpopo Champs
57	2:49.07	L	P	Alexia Adreani	16	CA EKU	20/03/2024 SA Level 3 Regional Age Group
58	2:49.15	L	F	Abigail Van Dyk	16	TUKS TSH	22/09/2023 NTS Level 3+ September Age Group
59	2:49.30	L	F	Keira Schroll	16	NWUC KKD	06/12/2023 NWS Championships 2023/24
60	2:49.55	L	F	Nazneen Mohamed	16	ATLA JHB	30/11/2023 CGA Championships 2023
61	2:49.80	L	F	Nicole Beling	16	BAS EKU	24/11/2023 EGA Summer 4
62	2:49.94	L	F	Cameron Morel	16	SWIFT EKU	20/03/2024 SA Level 3 Regional Age Group
63	2:50.30	L	F	Alienne van Rensburg	16	KTS	10/02/2024 AGE GROUP 6 KATHU 2024
64	2:50.95	L	F	Amelia Fraser-Harding	16	ACSA ETH	14/12/2023 KZNA 2023 Championships Incorp SSA
65	2:51.17	L	F	Jean Marie Swartz	16	TONAU CCD	27/01/2024 Limpopo School Champs
66	2:51.24	L	F	Gabriella Smith	16	MDOL JHB	30/11/2023 CGA Championships 2023
67	2:51.76	L	F	Wilmiën Verbeek	16	CASC CPT	24/06/2023 PEA Winter Gala 2023
68	2:52.93	L	F	Isabella Vicente	16	SOUL EKU	24/03/2024 SA Level 2 Regional Age Group Champs
69	2:53.02	L	P	Caitlin Kennedy	16	AFIN JHB	30/11/2023 CGA Championships 2023
70	2:53.32	L	P	Luyanda Shandu	16	SEAL UMD	14/12/2023 KZNA 2023 Championships Incorp SSA

Individual Top Times

Times since: 01-May-23
 Number of Top Times: All

Times until: 30-Apr-24
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
71	2:53.92	L	P	Gabby Mc Hugh	16	CRSC	JHB	20/03/2024	SA Level 3 Regional Age Group
72	2:54.20	L	F	Clara van Rooyen	16	PGAC	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
73	2:54.41	L	F	Bay-Linn Oelofse	16	TNDER	FDD	18/11/2023	Valsrivier Gala
74	2:54.45	L	F	Holly Allison	16	AZON	ETH	21/03/2024	SA Level 3 Regional Age Group
75	2:55.57	L	F	Mari Zanne Nortje	16	TKS	WBD	11/11/2023	Limpopo Age Group 5
76	2:56.02	L	F	Emsie Brand	16	SWAR	WCD	17/02/2024	Swartland Invitational Gala 2024
77*	2:56.09	L	F	Elne Reynolds	16	INFA	NMA	12/08/2023	Madibaz Swim Meet 2023
77*	2:56.09	L	F	Tianel Van Der Merwe	16	MSC	NGD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
79	2:56.50	L	F	Marinique Lamprecht	16	RFA	FSH	01/07/2023	Rossini Swim Cup
80	2:57.24	L	P	Sally-Louise Ingwe	16	RAV	EKU	20/03/2024	SA Level 3 Regional Age Group
81	2:57.80	L	F	Tiffany Marshall	16	UNI	EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
82	2:58.88	L	F	Catherine Jones	16	RFA	FSH	03/11/2023	NTS Level 1+2 November Age Group
83	2:58.90	L	F	Cherise Coetzter	16	STSC	KCD	21/10/2023	Froggies Championships 2023
84	2:59.07	L S	F	Ammara Jagger	16	AQDO	CPT	24/11/2023	CTA A & B CHAMPS 2023
85	2:59.38	L	F	Jaiden Funnell	16	SWIM1	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
86	2:59.57	L	F	Leandrè Burger	16	QSAW	GED	18/11/2023	CTA QUALIFYING MEET 2
87	2:59.86	L S	F	Isabel Vorster	16	BLNE	MAN	06/12/2023	Free State Champs 2023
88	3:00.66	L	P	Emma Wentzel	16	AA	JHB	30/11/2023	CGA Championships 2023
89	3:00.89	L	F	Grace Bothma	16	WSTV	ETH	24/11/2023	Westville-Seals LC Championships
90	3:00.96	L S	F	Lois Fourie	16	BLSS	MAN	06/12/2023	Free State Champs 2023
91	3:01.58	L	F	Danelle Du Toit	16	TASC	MPD	24/03/2024	SA Level 2 Regional Age Group Champs
92	3:02.30	L	F	Milla Delport	16	PEAS	NMA	09/02/2024	Infinity Gala 2024
93	3:02.56	L	F	Taaliah Rinquest	16	MARL	CPT	10/02/2024	WCA-B Champs - 2024
94	3:03.34	L	P	Shannon Coetzee	16	PGAC	EKU	07/12/2023	EGA Summer Championships
95	3:03.73	L S	F	Eunice Fourie	16	BLSS	MAN	06/12/2023	Free State Champs 2023
96	3:04.35	L	F	Chloe Pieterse	16	QSAW	GED	03/02/2024	Winelands SL final
97	3:04.78	L	F	Elmarie De Witt	16	QUIC	CPT	18/11/2023	CTA QUALIFYING MEET 2
98	3:05.07	L	F	Gabrielle Mare'	16	PAC	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
99	3:05.43	L	F	Deidré Olivier	16	RBOT	BPD	06/12/2023	NWS Championships 2023/24
100	3:07.40	L	F	Esmari Weitsz	16	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
101	3:08.83	L S	F	Samantha Maritz	16	BLSS	MAN	06/12/2023	Free State Champs 2023
102	3:09.20	L	F	Marilee Coetzee	16	DOLFI	MPD	24/03/2024	SA Level 2 Regional Age Group Champs
103	3:09.68	L	F	Amy Lazarou	16	AWSC	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
104	3:09.93	L	F	Cara Fourie	16	UPSK	ZMD	03/02/2024	NCASA SPRINTS 2024
105	3:10.04	L	F	Lerato Molobybe	16	HREF	BP	03/11/2023	NTS Level 1+2 November Age Group
106	3:11.05	L	F	Lisa Ferreira	16	RFA	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
107	3:11.69	L	F	Michelle Van Rooyen	16	TYGE	CPT	17/02/2024	Swartland Invitational Gala 2024
108	3:11.75	L	F	Carmen Botha	16	WES	KK	23/02/2024	NW School Championships 2024
109	3:12.27	L	F	Michaela Van Rooyen	16	BLSS	MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
110	3:12.56	L	F	Marita Lackey	16	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
111	3:13.98	L	F	Daniëlle Le Roux	16	HFDT	MP	27/01/2024	Limpopo School Champs
112	3:14.33	L	F	Jessica Carver	16	ELEC	FSH	19/01/2024	NTS Level 1+2 January Age Group 2024
113	3:14.50	L	P	Makayla Lombard	16	JAQ	EKU	07/12/2023	EGA Summer Championships
114	3:16.45	L	F	Emma Atkinson	16	AZON	ETH	03/11/2023	EDA Age Group Gala 4 2023
115	3:22.72	L	F	Maya Lockitch	16	CYBE	CPT	17/02/2024	Swartland Invitational Gala 2024
116	3:23.64	L	F	Lore Elise Snyckers	16	AHMP	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
117	3:24.17	L	F	Sayuri Moopanar	16	ACSA	ETH	03/11/2023	EDA Age Group Gala 4 2023
118	3:32.46	L	P	Bea-Mari Ackerman	16	MATL	KKD	06/12/2023	NWS Championships 2023/24
119	3:44.65	L	F	Neo Cele	16	ELEC	FSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
120	4:13.06	L	P	Lesedi-Lere Themba	16	ESP	EKU	07/12/2023	EGA Summer Championships
Women 16-16 50 Breast									
1	33.05	L	F	Keira Van Heerden	16	RSA		18/10/2023	BRICS Games Swimming 2023-KZN
2	33.35	L	F	Daena Robinson	16	SEAL	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
3	33.70	L	F	Kayla Petersen	16	USC	BUF	15/03/2024	SA National Junior Age Group
4	33.73	L	P	Myra Viduya	16	INFA	NMA	23/02/2024	2024 Grand Prix 2 Invitational Meet -
5	33.97	L	F	Myra Viduya	16	INFA	NMA	12/08/2023	Madibaz Swim Meet 2023
6	33.99	L	F	Rebecca Fury	16	VINE	CPT	11/11/2023	Winelands SL4
7	34.38	L	F	Jordyn Collett	16	TUKS	FSH	15/03/2024	SA National Junior Age Group
8	34.40	L	F	Mieke Vd Wal	16	CASC	CPT	15/03/2024	SA National Junior Age Group

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
9	34.42 L	P	Loghan Gray	16	MDOL JHB	15/03/2024	SA National Junior Age Group
10	34.60 L	P	Rebecca Kuhn	16	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
11	34.79 L	F	Mianique Lombard	16	WELA LLD	19/04/2024	SA Schools Swimming Championship
12	34.93 L S	F	Kirstin Brady	16	RAV EKV	07/12/2023	EGA Summer Championships
13	34.94 L	F	Kendra Begley	16	INFA NMA	15/03/2024	SA National Junior Age Group
14	35.34 L	F	Alex-Zandre' Labuschagne	16	KZNA ETH	19/04/2024	SA Schools Swimming Championship
15	35.72 L	P	Farhah Valli	16	RSA	18/10/2023	BRICS Games Swimming 2023-KZN
16	35.77 L	F	Tazmin Suliman	16	TUKS TSH	12/12/2023	NTS Championships 2023
17	35.93 L	P	Erin Hudson	16	AA JHB	15/03/2024	SA National Junior Age Group
18	36.00 L	F	Grace Morris	16	ELEC TSH	12/12/2023	NTS Championships 2023
19	36.10 L	P	Tatum Lauf	16	MDOL JHB	15/03/2024	SA National Junior Age Group
20	36.11 L	P	Tamryn Kunneke	16	RFA TSH	20/03/2024	SA Level 3 Regional Age Group
21	36.39 L	F	Elne Reynolds	16	INFA NMA	15/12/2023	NMBA Championships 2023
22	36.40 L	F	Kathleen Welsh	16	MSC NGD	01/12/2023	Mpumalanga Championships 2023
23	36.45 L	F	Abigayle Otto	16	CA EKV	20/03/2024	SA Level 3 Regional Age Group
24	36.66 L	P	Karmen Van Rensburg	16	UNI EZD	15/03/2024	SA National Junior Age Group
25	36.67 L	P	Erin Beyers	16	UNI EZD	15/03/2024	SA National Junior Age Group
26	36.70 L	P	Kanishka Rajput	16	SMTK JHB	15/03/2024	SA National Junior Age Group
27	36.72 L	P	Madison Fourie	16	INFA NMA	15/03/2024	SA National Junior Age Group
28	36.74 L S	F	Nicole Beling	16	BAS EKV	07/12/2023	EGA Summer Championships
29	36.84 L	F	Scarlett Le Roux	16	CA EKV	11/11/2023	EGA Summer 3
30	36.97 L	F	Taylor Hemphill	16	SEALE ETH	21/03/2024	SA Level 3 Regional Age Group
31	37.23 L	F	Zara Jefftha	16	MARL CPT	17/02/2024	Swartland Invitational Gala 2024
32	37.24 L	F	Dane De Klerk	16	BLSS MAN	06/12/2023	Free State Champs 2023
33	37.25 L	P	Mathilda Liebenberg	16	POTK KKD	06/12/2023	NWS Championships 2023/24
34	37.30 L	F	Erin Mayoss	16	KLOO ETH	24/11/2023	Westville-Seals LC Championships
35	37.43 L	F	Mari Zanne Nortje	16	LP CCD	19/04/2024	SA Schools Swimming Championship
36	37.45 L	F	Nanette Jordaan	16	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
37	37.70 L	P	Tanè Putter	16	TYGE CPT	15/03/2024	SA National Junior Age Group
38	37.77 L	F	Monique Oosthuizen	16	BLOT MAN	19/08/2023	Super Seals Prestige Gala
39	37.79 L	P	Simone Theron	16	LP CCD	19/04/2024	SA Schools Swimming Championship
40	37.93 L	F	Araya de Waal	16	PGAC EKV	15/09/2023	EGA Summer 1
41	37.94 L	F	Nikha Lambden	16	EXP TSH	20/03/2024	SA Level 3 Regional Age Group
42	38.36 L	F	Shani Olivier	16	WELL CED	14/12/2023	Western Cape LC-A Championship 2023
43	38.52 L	P	Xanthe Nagel	16	HREF BP	15/03/2024	SA National Junior Age Group
44	38.59 L	P	Tatum Cabral	16	ELEC TSH	12/12/2023	NTS Championships 2023
45	38.61 L	F	Emily Tsai	16	BLMA CPT	10/02/2024	WCA-B Champs - 2024
46	38.67 L	F	Hannah Rigby	16	ELEC TSH	17/11/2023	NTS Level 3+ November Age Group
47	38.74 L	F	Gemma Harris	16	MARL CPT	10/02/2024	WCA-B Champs - 2024
48	38.77 L	F	Simone Henning	16	RHS BP	23/02/2024	NW School Championships 2024
49	38.83 L	F	Colby Cochrane	16	CRSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
50	38.84 L	F	Erin Burke	16	SFSC CPT	05/10/2023	42nd Freda Barnard Invitational Gala
51	38.86 L	F	Kye-Ann Fowler	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
52*	38.93 L	F	Chanel Baenhoff	16	BLSS MAN	06/12/2023	Free State Champs 2023
52*	38.93 L	F	Abigail Phillips	16	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
54	38.94 L	F	Cara Corrigan	16	EDA ED	13/01/2024	BCA Inter-District Championship Gala
55	38.98 L	F	Jasmine Pillay	16	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
56	39.03 L	F	Christi Serfontein	16	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group
57	39.08 L	F	Carmi Schoeman	16	TKS WBD	01/12/2023	Limpopo Champs
58	39.22 L	F	Amelia Vincent	16	BLSS MAN	06/12/2023	Free State Champs 2023
59	39.26 L	F	Cherise Coetzer	16	STSC KCD	20/03/2024	SA Level 3 Regional Age Group
60	39.27 L	F	Emily Walker	16	PEAS NMA	21/10/2023	4th A League Gala 2023
61	39.42 L	P	Jani Borman	16	SWAR WCD	14/12/2023	Western Cape LC-A Championship 2023
62	39.43 L	F	Emma Roberts	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
63	39.49 L	P	Tafadzwa Chandiwana	16	MDOL JHB	24/11/2023	HAS SENIOR CHAMPS 2023
64	39.61 L	P	Clarise Coetzer	16	STSC KCD	20/03/2024	SA Level 3 Regional Age Group
65	39.64 L	F	Acacia- Cailyn Abell	16	MDOL JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
66	39.65 L	P	Fallon Tweedie	16	PEAS NMA	09/02/2024	Infinity Gala 2024
67	39.66 L	F	Yusrah Du Toit	16	UWCA CPT	10/02/2024	WCA-B Champs - 2024

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
68	39.75 L	F	Mmathabo Marite	16	CRSC JHB	30/11/2023	CGA Championships 2023
69	39.93 L	P	Tiffany Marshall	16	UNI EZD	20/03/2024	SA Level 3 Regional Age Group
70	39.97 L S	P	Candice Myers	16	TCA ECU	07/12/2023	EGA Summer Championships
71	40.10 L	F	Jannae De Villiers	16	PRKA PSD	03/02/2024	NCASA SPRINTS 2024
72	40.13 L	P	Kanak Rajput	16	AAS JHB	20/03/2024	SA Level 3 Regional Age Group
73*	40.25 L	F	Isabella Havemann	16	ASAC CPT	18/11/2023	CTA QUALIFYING MEET 2
73*	40.25 L	F	Madelé Harding	16	PGIM KK	23/02/2024	NW School Championships 2024
75	40.27 L	F	Josslyn Gauldie	16	RFA TSH	24/03/2024	SA Level 2 Regional Age Group Champs
76	40.39 L	P	Amy Gerber	16	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
77	40.43 L	F	Isabel Vorster	16	BLNE MAN	06/12/2023	Free State Champs 2023
78	40.53 L	F	Lois Fourie	16	BLSS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
79	40.83 L	F	Tanatswa Chandiwana	16	MDOL JHB	24/11/2023	HAS SENIOR CHAMPS 2023
80	40.90 L	F	Eunice Fourie	16	BLSS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
81	40.95 L	F	Richelle Rothmann	16	AQU ADJ	05/04/2024	SA Level 2 Regional Age Group Champs
82	41.03 L	F	Holley Jacoby	16	VIKI BUF	24/11/2023	BCA Long Course Championships 2023
83	41.22 L	F	Cameron Landman	16	BETH FDD	26/03/2024	SA Level 2 Regional Age Group Champs
84	41.30 L	F	Cara Crichton	16	TUKS TSH	01/12/2023	2023 The Tshwane Mayor's Gala
85	41.34 L	F	Gabriella Douglas	16	BAS ECU	15/09/2023	EGA Summer 1
86	41.35 L	F	Hannah Witten	16	AQDO CPT	05/10/2023	42nd Freda Barnard Invitational Gala
87	41.56 L	F	Liza Schoeman	16	RHS BP	23/02/2024	NW School Championships 2024
88	41.75 L	F	Mareze Frylinck	16	BLSS MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
89	41.84 L	P	Tamsyn Kotzé	16	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
90	41.86 L	F	Beane Swanepoel	16	VRC TSH	20/10/2023	NTS Level 3+ October Age Group 2023
91	41.87 L	F	Jana Helmand	16	BLOT MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
92	41.89 L	F	Riley Hattingh-Steyn	16	SOUT ECU	24/03/2024	SA Level 2 Regional Age Group Champs
93	41.95 L	F	Charissa Volschenk	16	AQU ADJ	05/04/2024	SA Level 2 Regional Age Group Champs
94	41.98 L	F	Esmari Weitsz	16	NHS EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
95	42.12 L	P	Hannah Prince	16	OLDE JHB	24/03/2024	SA Level 2 Regional Age Group Champs
96	42.14 L	F	Kendra Beukes	16	PGAC ECU	15/09/2023	EGA Summer 1
97	42.15 L	F	Melissa Kuun	16	FISH EDD	21/10/2023	EDEN 2nd A-League Gala 2023
98	42.20 L	P	Wilmiën Verbeek	16	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
99	42.24 L	F	Lerato Molobye	16	HREF BP	05/04/2024	SA Level 2 Regional Age Group Champs
100	42.27 L	F	Alexia Adreani	16	CA ECU	11/11/2023	EGA Summer 3
101	42.30 L	F	Erin Glover	16	TYGE CPT	11/11/2023	Winelands SL4
102	42.33 L	F	Anastasia Sequeira	16	CA ECU	11/11/2023	EGA Summer 3
103*	42.38 L	F	Alexandra Houniet	16	CA ECU	11/11/2023	EGA Summer 3
103*	42.38 L	F	Janca Hattingh	16	CSA EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
103*	42.38 L	P	Emma Atkinson	16	AZON ETH	05/04/2024	SA Level 2 Regional Age Group Champs
106	42.44 L	P	Rene Sauerman	16	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
107	42.47 L	F	Hayley Beling	16	BAS ECU	15/09/2023	EGA Summer 1
108	42.51 L	F	Jorja Da Cunha	16	BON ECU	26/01/2024	EGA Last Chance 2024
109	42.67 L	P	Lara Smith	16	TYGE CPT	14/12/2023	Western Cape LC-A Championship 2023
110	42.69 L S	F	Tatum Borrill	16	CA ECU	07/12/2023	EGA Summer Championships
111	42.71 L	F	Emma Wentzel	16	AA JHB	24/03/2024	SA Level 2 Regional Age Group Champs
112	42.96 L	P	Kayla Botha	16	AFIN JHB	30/11/2023	CGA Championships 2023
113	43.05 L	F	Hannah Liebenberg	16	PAC TSH	20/10/2023	NTS Level 3+ October Age Group 2023
114	43.06 L	P	Kayla-Jade Van Heerden	16	WSTV ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
115	43.08 L	F	Michaela Van Rooyen	16	BLSS MAN	15/09/2023	Bull Sharks Annual Gala
116	43.11 L	F	Marilee Coetzee	16	DOLFI MPD	01/12/2023	Limpopo Champs
117	43.17 L	F	Emma Davies	16	BAS ECU	15/09/2023	EGA Summer 1
118	43.38 L	F	Carla Pienaar	16	STSC KCD	05/04/2024	SA Level 2 Regional Age Group Champs
119	43.46 L	P	Aarya Morar	16	ATLA JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
120	43.80 L	F	Skye Schoeman	16	KZNA ETH	24/11/2023	Westville-Seals LC Championships
121	43.82 L	F	Hanrike Barnard	16	WAGH BP	23/02/2024	NW School Championships 2024
122*	43.85 L	F	Jamilah Tshiyoyo	16	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
122*	43.85 L	P	Caitlin Kennedy	16	AFIN JHB	30/11/2023	CGA Championships 2023
124	43.92 L	F	Michaela Mitchley	16	KTS	24/11/2023	AGE GROUP 2 KATHU 2023
125	43.93 L	F	Jenna Du Plessis	16	BLSS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
126	44.08 L	F	Lore Elise Snyckers	16	AHMP TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
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	Time	P/F/S	Name	Age/Yr			
127	44.10	L	F	Alexa Louw	16	BLMA CPT	11/11/2023 Swartland Prestige Gala 2023
128	44.13	L	F	Lianka Du Toit	16	HPP BUF	14/10/2023 Limpopo Top 8 - High Schools
129	44.20	L	F	Ellené Van der Westhuyzen	16	HSBV SKD	14/10/2023 Limpopo Top 8 - High Schools
130	44.21	L	F	Lize Burness	16	TUKS TSH	20/10/2023 NTS Level 3+ October Age Group 2023
131	44.22	L	F	Mignon Smit	16	SS MPD	21/10/2023 Limpopo Age Group 4
132	44.41	L	F	Kate Allwood	16	WCA CPT	08/04/2024 SA National Aquatic Champ 2024-PE
133	44.77	L	F	Jean Marie Swartz	16	TONAU CCD	27/01/2024 Limpopo School Champs
134	44.94	L	P	Alienne van Rensburg	16	NC FB	19/04/2024 SA Schools Swimming Championship
135	45.02	L	F	Miana Fourie	16	BLSS MAN	27/10/2023 Neptune Prestige Gala
136	45.10	L	P	Lume Louw	16	USC BUF	24/06/2023 PEA Winter Gala 2023
137	45.29	L	P	Catherine Jones	16	RFA TSH	20/03/2024 SA Level 3 Regional Age Group
138	45.36	L	F	Jenna-Mae Lally	16	BEAV ETH	27/01/2024 Ushaka Champs 2024
139	45.39	L	P	Cara Fourie	16	NC FB	19/04/2024 SA Schools Swimming Championship
140	45.70	L	F	Lisa Bloem	16	BLOT MAN	06/12/2023 Free State Champs 2023
141	45.79	L	F	Carmen Veldsman	16	HSTAN MP	14/10/2023 Limpopo Top 8 - High Schools
142	46.03	L	F	Tianel Van Der Merwe	16	MSC NGD	01/12/2023 Mpumalanga Championships 2023
143	46.09	L	F	Isabella Afonso	16	QUIC CPT	18/11/2023 CTA QUALIFYING MEET 2
144	46.14	L	F	Johane Viljoen	16	BLNE MAN	16/02/2024 Neptunes Last chance Gala
145	46.49	L	F	Clara van Rooyen	16	PGAC EKU	11/11/2023 EGA Summer 3
146	46.57	L	F	Caitlin Watson	16	BLMA CPT	11/11/2023 Swartland Prestige Gala 2023
147	46.64	L	F	Jessica Carver	16	ELEC TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
148	46.76	L	F	Amonique Lourens	16	NHS EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
149	46.77	L S	P	Cameron Morel	16	SWIFT EKU	07/12/2023 EGA Summer Championships
150	46.80	L	F	Megan Kemp	16	TINC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
151	46.92	L	F	Olivia Darley	16	HASC JHB	30/11/2023 CGA Championships 2023
152	47.00	L	F	Gia Hoadley	16	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
153	47.05	L	F	Imani Magotsi	16	VINE CPT	18/11/2023 CTA QUALIFYING MEET 2
154	47.06	L	F	Zaibaa Bawa	16	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
155	47.12	L	F	Suzanne Pretorius	16	AGAQ OBD	17/02/2024 Swartland Invitational Gala 2024
156	47.26	L	F	Bea Van der Merwe	16	RFA TSH	01/12/2023 2023 The Tshwane Mayor's Gala
157	47.66	L	F	Amy Clayton	16	CUHE OBD	03/02/2024 Winelands SL final
158	47.71	L	F	Maya Lockitch	16	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
159	47.72	L	F	Kayleigh Jansen Van Vuuren	16	CUR EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
160	47.82	L	F	Entle Khumalo	16	SWIJ JHB	02/03/2024 AG Level 1 Regional Age Group
161	47.83	L	F	Gabrielle Mare'	16	PAC TSH	03/11/2023 NTS Level 1+2 November Age Group
162	47.90	L	F	Kimberley Strong	16	KTS	03/11/2023 UPINGTON 2023
163	47.92	L	F	Pippa Wood	16	HSTAN MP	27/01/2024 Limpopo School Champs
164	47.99	L	F	Madelein Bronkhorst	16	SS MPD	21/10/2023 Limpopo Age Group 4
165	48.05	L	F	Ruth Dredge	16	PAC TSH	20/10/2023 NTS Level 3+ October Age Group 2023
166	48.12	L	F	Nthanki Kumalo	16	ELEC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
167	48.18	L	F	Muneerah Khan	16	SWIM1 JHB	02/03/2024 AG Level 1 Regional Age Group
168	48.31	L	F	Daniëlle Le Roux	16	SS MPD	24/03/2024 SA Level 2 Regional Age Group Champs
169	48.91	L	F	Isabella Vicente	16	SOUL EKU	15/09/2023 EGA Summer 1
170	49.16	L	F	Rienke Blignaut	16	BLSS MAN	06/12/2023 Free State Champs 2023
171	49.32	L	F	Leandrè Burger	16	QSAW CED	03/02/2024 Winelands SL final
172	49.48	L	P	Cleo May	16	MARL CPT	24/06/2023 PEA Winter Gala 2023
173	49.58	L S	P	Makayla Lombard	16	JAQ EKU	07/12/2023 EGA Summer Championships
174	49.60	L	F	Isabella Le Roux	16	QSAW CED	11/11/2023 Swartland Prestige Gala 2023
175	50.01	L	F	Zani Van Rensburg	16	PGAC EKU	15/09/2023 EGA Summer 1
176	50.28	L	F	Morgan Van Wyk	16	XCEL CPT	17/02/2024 Swartland Invitational Gala 2024
177*	50.65	L	F	Riley Zulch	16	ONYX EKU	15/09/2023 EGA Summer 1
177*	50.65	L S	P	Yana Van Schoor	16	PGAC EKU	07/12/2023 EGA Summer Championships
179	50.95	L	F	Mia Pretorius	16	AHMP TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
180	51.09	L	F	Nika Snyman	16	HE CCD	14/10/2023 Limpopo Top 8 - High Schools
181	51.18	L	F	Enette de Beer	16	PSA ZLD	18/11/2023 KCDA November Age Group Gala 2023
182	51.45	L	P	Carmen Botha	16	MATL KKD	06/12/2023 NWS Championships 2023/24
183	51.95	L	F	Onalenna Tsholwe	16	MATL KKD	11/11/2023 NWS Age Group 3 + 4
184	52.18	L	F	Shannon Coetzee	16	PGAC EKU	11/11/2023 EGA Summer 3
185	53.31	L	F	Tyler Lowe	16	CAMB BUF	03/02/2024 Buffalo City School Trials 2024

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
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	Time	P/F/S	Name	Age/Yr			
186	53.39 L	F	Ella Smith	16	SAAW CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
187	53.72 L	P	Christn Engelbrecht	16	KSC EZD	01/12/2023	Mpumalanga Championships 2023
188	54.19 L	F	Amore Duvenage	16	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
189	54.79 L	F	Deidré Grobler	16	KSC EZD	01/12/2023	Mpumalanga Championships 2023
190	54.95 L	F	Neo Cele	16	ELEC TSH	03/11/2023	NTS Level 1+2 November Age Group
191	55.53 L	F	Maya Mabe	16	LEBII BP	23/02/2024	NW School Championships 2024
192	57.04 L	P	Bea-Mari Ackerman	16	MATL KKD	06/12/2023	NWS Championships 2023/24
193	58.59 L	F	Lauren Gerber	16	PRIO NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
194	59.25 L	F	Maryke Gerber	16	HE CCD	14/10/2023	Limpopo Top 8 - High Schools
195	1:01.33 L	F	Lesedi-Lere Themba	16	ESP EKU	02/03/2024	AG Level 1 Regional Age Group
196	1:02.35 L	F	Madison Isaacs	16	WEST CPT	18/11/2023	CTA QUALIFYING MEET 2
197	1:02.79 L	F	Kelsi Oelofse	16	FRAM NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
198	1:20.14 L	F	Georgia Papamichael	16	VPHS NMA	03/02/2024	Nelson Mandela Bay Schools Trials & 1st
199	1:21.20 L	F	Denaycha Oosthuizen	16	WAGH BP	23/02/2024	NW School Championships 2024
Women 16-16 100 Breast							
1	1:11.83 L	F	Keira Van Heerden	16	RSA	18/10/2023	BRICS Games Swimming 2023-KZN
2	1:13.11 L	F	Daena Robinson	16	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
3	1:15.07 L	F	Myra Viduya	16	INFA NMA	23/02/2024	2024 Grand Prix 2 Invitational Meet -
4	1:15.29 L	F	Myra Viduya	16	INFA NMA	15/03/2024	SA National Junior Age Group
5	1:15.92 L	F	Mieke Vd Wal	16	CASC CPT	15/03/2024	SA National Junior Age Group
6	1:16.38 L S	P	Kayla Petersen	16	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
7	1:16.63 L	F	Mianique Lombard	16	WELA LLD	19/04/2024	SA Schools Swimming Championship
8	1:16.75 L	F	Rebecca Fury	16	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
9	1:16.82 L	F	Kirstin Brady	16	RAV EKU	24/11/2023	EGA Summer 4
10	1:16.88 L	F	Loghan Gray	16	MDOL JHB	15/03/2024	SA National Junior Age Group
11	1:17.41 L	F	Jordyn Collett	16	TUKS TSH	15/03/2024	SA National Junior Age Group
12	1:18.44 L	F	Dane De Klerk	16	BLSS MAN	06/12/2023	Free State Champs 2023
13	1:19.28 L	T	Erin Beyers	16	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
14	1:19.56 L S	P	Alex-Zandre' Labuschagne	16	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
15	1:19.67 L	F	Kendra Begley	16	INFA NMA	15/12/2023	NMBA Championships 2023
16	1:19.81 L	F	Tatum Lauf	16	GAU JHB	19/04/2024	SA Schools Swimming Championship
17	1:19.90 L	F	Rebecca Kuhn	16	PER JHB	15/03/2024	SA National Junior Age Group
18	1:19.95 L	F	Kanishka Rajput	16	GAU JHB	19/04/2024	SA Schools Swimming Championship
19	1:20.59 L	F	Erin Hudson	16	AA JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
20	1:20.81 L	P	Karmen Van Rensburg	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
21	1:20.95 L S	F	Tazmin Suliman	16	TUKS TSH	12/12/2023	NTS Championships 2023
22	1:21.09 L	P	Nikha Lambden	16	EXP TSH	20/03/2024	SA Level 3 Regional Age Group
23	1:21.24 L	P	Tamryn Kunneke	16	RFA TSH	20/03/2024	SA Level 3 Regional Age Group
24	1:21.29 L	F	Farhah Valli	16	CA EKU	24/11/2023	EGA Summer 4
25	1:21.33 L	F	Hannah Rigby	16	RSA	03/05/2023	CANA Zone IV SwimmingChampions
26	1:21.49 L	F	Monique Oosthuizen	16	BLOT MAN	26/08/2023	kovsie Sprint Gala
27	1:21.79 L	F	Madison Fourie	16	INFA NMA	24/06/2023	PEA Winter Gala 2023
28	1:22.09 L	F	Shani Olivier	16	WELL CED	03/02/2024	Winelands SL final
29	1:22.46 L	P	Elne Reynolds	16	INFA NMA	15/03/2024	SA National Junior Age Group
30	1:22.56 L	F	Nanette Jordaan	16	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
31	1:22.89 L	F	Abigayle Otto	16	CA EKU	20/03/2024	SA Level 3 Regional Age Group
32	1:23.12 L	F	Taylor Hemphill	16	SEALE ETH	21/03/2024	SA Level 3 Regional Age Group
33	1:23.46 L	F	Jani Borman	16	SWAR WCD	21/03/2024	SA Level 3 Regional Age Group
34	1:23.60 L	F	Erin Joubert	16	KLOO ETH	24/11/2023	Westville-Seals LC Championships
35	1:23.93 L	F	Kathleen Welsh	16	MSC NGD	01/12/2023	Mpumalanga Championships 2023
36	1:24.02 L	F	Zara Jefftha	16	MARL CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
37	1:24.14 L	F	Tanè Putter	16	TYGE CPT	17/02/2024	Swartland Invitational Gala 2024
38	1:24.19 L	F	Amelia Vincent	16	BLSS MAN	16/02/2024	Nertunes Last chance Gala
39	1:24.27 L	F	Marony Jacobs	16	INFA NMA	26/08/2023	2nd A League Gala 2023
40	1:24.60 L	F	Kye-Ann Fowler	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
41	1:24.81 L	F	Erin Mayoss	16	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
42*	1:24.84 L	P	Tatum Cabral	16	ELEC TSH	20/03/2024	SA Level 3 Regional Age Group
42*	1:24.84 L	P	Acacia- Cailyn Abell	16	MDOL JHB	30/11/2023	CGA Championships 2023
44	1:24.88 L	F	Kanak Rajput	16	AAS JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023

Individual Top Times

Times since: 01-May-23
 Number of Top Times: All

Times until: 30-Apr-24
 Show Long Course Only

	Time	P/F/S	Name	Age/Yr					
45	1:24.93	L	F	Hannah Witten	16	AQDO	CPT	21/03/2024	SA Level 3 Regional Age Group
46	1:25.29	L	F	Nicole Beling	16	BAS	EKU	07/12/2023	EGA Summer Championships
47	1:25.54	L	F	Mathilda Liebenberg	16	NWS		27/01/2024	4 + 1 Inter Provincial Gala 2023
48	1:26.47	L	F	Cara Corrigan	16	EDA	ED	13/01/2024	BCA Inter-District Championship Gala
49	1:26.96	L	F	Emma Roberts	16	UNI	EZD	02/02/2024	MP AGE GROUP 5 GALA
50	1:27.05	L	P	Christi Serfontein	16	QUIC	CPT	21/03/2024	SA Level 3 Regional Age Group
51	1:27.26	L	F	Cherise Coetzer	16	STSC	KCD	20/03/2024	SA Level 3 Regional Age Group
52	1:27.42	L	F	Simone Vd Merwe	16	LALE	GED	11/11/2023	Winelands SL4
53	1:27.56	L	F	Araya de Waal	16	PGAC	EKU	28/10/2023	EGA Summer 2 2023
54	1:27.63	L	F	Yusrah Du Toit	16	UWCA	CPT	20/01/2024	CTA A MEET 4
55	1:27.73	L	F	Tiffany Marshall	16	UNI	EZD	20/03/2024	SA Level 3 Regional Age Group
56	1:27.74	L	F	Fallon Tweedie	16	PEAS	NMA	15/12/2023	NMBA Championships 2023
57	1:27.89	L	F	Mmathabo Marite	16	CRSC	JHB	27/01/2024	CGA Level 2+ Gala 27 Jan 2024
58	1:28.05	L	P	Jasmine Pillay	16	SEAL	UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
59	1:28.26	L	F	Mari Zanne Nortje	16	TKS	WBD	01/12/2023	Limpopo Champs
60	1:28.33	L	F	Emily Tsai	16	BLMA	CPT	10/02/2024	WCA-B Champs - 2024
61	1:28.34	L	F	Carmi Schoeman	16	TKS	WBD	01/12/2023	Limpopo Champs
62	1:28.40	L	F	Abigail Phillips	16	SASE	JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
63	1:28.69	L	P	Clarise Coetzer	16	STSC	KCD	20/03/2024	SA Level 3 Regional Age Group
64	1:28.84	L	P	Kendra Beukes	16	PGAC	EKU	20/03/2024	SA Level 3 Regional Age Group
65	1:29.09	L	P	Hayley Beling	16	BAS	EKU	07/12/2023	EGA Summer Championships
66	1:29.23	L	F	Candice Myers	16	TCA	EKU	07/12/2023	EGA Summer Championships
67	1:29.78	L	F	Lois Fourie	16	BLSS	MAN	16/02/2024	Neptunes Last chance Gala
68	1:29.79	L S	F	Erin Burke	16	SFSC	CPT	05/10/2023	42nd Freda Barnard Invitational Gala
69	1:29.85	L	F	Gemma Harris	16	MARL	CPT	10/02/2024	WCA-B Champs - 2024
70	1:30.18	L	P	Cara Crichton	16	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
71	1:30.21	L	F	Simone Theron	16	HSBV	SKD	27/01/2024	Limpopo School Champs
72*	1:30.29	L	F	Riley Hattingh-Steyn	16	SOUL	EKU	24/03/2024	SA Level 2 Regional Age Group Champs
72*	1:30.29	L	F	Eunice Fourie	16	BLSS	MAN	16/02/2024	Neptunes Last chance Gala
74	1:30.79	L	F	Liza Schoeman	16	RHS	BP	23/02/2024	NW School Championships 2024
75	1:30.81	L	F	Jannae De Villiers	16	NC	FB	27/01/2024	4 + 1 Inter Provincial Gala 2023
76	1:30.92	L	F	Katie-Peta Marcelino	16	KLOO	ETH	24/11/2023	Westville-Seals LC Championships
77	1:31.02	L	F	Tafadzwa Chandiwana	16	MDOL	JHB	14/10/2023	Mutare National Sprint Gala 14 Oct 2023
78	1:31.05	L	F	Colby Cochrane	16	CRSC	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
79	1:31.08	L S	F	Isabella Havemann	16	ASAC	CPT	24/11/2023	CTA A & B CHAMPS 2023
80	1:31.58	L	F	Isabel Vorster	16	BLNE	MAN	06/12/2023	Free State Champs 2023
81	1:31.59	L	F	Mareze Frylinck	16	BLSS	MAN	06/12/2023	Free State Champs 2023
82*	1:32.05	L	F	Alexa Louw	16	BLMA	CPT	10/02/2024	WCA-B Champs - 2024
82*	1:32.05	L	F	Lerato Molobye	16	NWS		27/01/2024	4 + 1 Inter Provincial Gala 2023
84	1:32.08	L	F	Esmari Weitsz	16	UNI	EZD	13/10/2023	MP AGE GROUP 2
85	1:32.50	L	F	Tanatswa Chandiwana	16	MDOL	JHB	10/09/2023	HAS 1ST SEEDED GALA 2023
86	1:32.76	L	F	Sally-Louise Ingwe	16	RAV	EKU	22/02/2024	18th Botswana Swimming Nationals
87	1:32.78	L	P	Jorja Da Cunha	16	BON	EKU	20/03/2024	SA Level 3 Regional Age Group
88	1:32.84	L	F	Lara Smith	16	TYGE	CPT	11/11/2023	Winelands SL4
89	1:32.92	L	F	Richelle Rothmann	16	KZNA	ETH	27/01/2024	Ushaka Champs 2024
90	1:32.95	L S	F	Erin Glover	16	TYGE	CPT	24/11/2023	CTA A & B CHAMPS 2023
91	1:33.00	L S	F	Veneske Steenkamp	16	ROA	EDD	05/10/2023	42nd Freda Barnard Invitational Gala
92	1:33.36	L	F	Janca Hattingh	16	CSA	EZD	01/12/2023	Mpumalanga Championships 2023
93	1:33.61	L	F	Hannah Prince	16	OLDE	JHB	24/03/2024	SA Level 2 Regional Age Group Champs
94	1:33.63	L	F	Anastasia Sequeira	16	CA	EKU	28/10/2023	EGA Summer 2 2023
95*	1:33.77	L	F	Alexia Adreani	16	CA	EKU	28/10/2023	EGA Summer 2 2023
95*	1:33.77	L	F	Josslyn Gauldie	16	RFA	FSH	02/02/2024	NTS Level 1+2 February Age Group
97	1:33.94	L	F	Tamsyn Kotzè	16	BLMA	CPT	11/11/2023	Swartland Prestige Gala 2023
98	1:34.16	L	F	Mignon Smit	16	SS	MPD	01/12/2023	Limpopo Champs
99	1:34.25	L	F	Alexandra Houniet	16	CA	EKU	26/01/2024	EGA Last Chance 2024
100	1:34.37	L	F	Tatum Borrill	16	CA	EKU	26/01/2024	EGA Last Chance 2024
101	1:34.60	L	F	Michaela Van Rooyen	16	BLSS	MAN	16/02/2024	Neptunes Last chance Gala
102	1:34.85	L	F	Cameron Landman	16	BETH	FDD	26/03/2024	SA Level 2 Regional Age Group Champs
103	1:35.25	L	P	Xanthe Nagel	16	HREF	BP	06/12/2023	NWS Championships 2023/24

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
104	1:35.70	L	P	Clara van Rooyen	16	PGAC EKU	24/03/2024	SA Level 2 Regional Age Group Champs
105	1:35.72	L S	F	Jenna Loubser	16	SFSC CPT	24/11/2023	CTA A & B CHAMPS 2023
106	1:35.81	L	F	Emma Wentzel	16	AA JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
107	1:36.23	L	F	Charissa Volschenk	16	KZNA ETH	27/01/2024	Ushaka Champs 2024
108	1:36.40	L	F	Kate Allwood	16	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
109	1:36.60	L	F	Skye Schoeman	16	KZNA ETH	24/11/2023	Westville-Seals LC Championships
110	1:36.74	L	P	Wilmien Verbeek	16	CASC CPT	24/06/2023	PEA Winter Gala 2023
111	1:37.08	L	F	Thobile Mtshali	16	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
112	1:37.14	L	P	Rene Sauerman	16	SEAL UMD	21/03/2024	SA Level 3 Regional Age Group
113	1:37.25	L	P	Jaiden Funnell	16	SWIM1 JHB	24/03/2024	SA Level 2 Regional Age Group Champs
114	1:37.26	L	F	Kayla Botha	16	AFIN JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
115	1:37.28	L	P	Danielle Walker	16	FLOD JHB	30/11/2023	CGA Championships 2023
116	1:37.32	L	F	Carla Pienaar	16	STSC KCD	02/12/2023	Stingrays Swim Champs 2023
117	1:37.92	L	F	Jenna-Mae Lally	16	BEAV ETH	27/01/2024	Ushaka Champs 2024
118	1:38.01	L	F	Jenna Du Plessis	16	BLSS MAN	06/12/2023	Free State Champs 2023
119	1:38.12	L	F	Catherine Jones	16	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
120	1:38.18	L	F	Hanrike Barnard	16	WAGH BP	23/02/2024	NW School Championships 2024
121	1:38.33	L	P	Jamilah Tshiyoyo	16	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
122	1:40.56	L	P	Alienne van Rensburg	16	NC FB	19/04/2024	SA Schools Swimming Championship
123	1:40.91	L	F	Zaibaa Bawa	16	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
124	1:41.15	L	F	Marilee Coetzee	16	HFDT MP	14/10/2023	Limpopo Top 8 - High Schools
125	1:41.42	L	F	Jessica Carver	16	ELEC TSH	19/01/2024	NTS Level 1+2 January Age Group 2024
126	1:41.74	L	F	Emma Atkinson	16	AZON ETH	05/04/2024	SA Level 2 Regional Age Group Champs
127	1:42.51	L	F	Michaela Mitchley	16	KTS	03/11/2023	UPINGTON 2023
128	1:42.56	L	F	Maya Lockitch	16	CYBE CPT	18/11/2023	CTA QUALIFYING MEET 2
129	1:42.57	L	F	Lianka Du Toit	16	HPP BUF	14/10/2023	Limpopo Top 8 - High Schools
130	1:42.75	L	F	Cara Fourie	16	UPSK ZMD	07/12/2023	NCASA CHAMPS 7 - 10 DEC 2023
131	1:42.78	L	F	Imani Magotsi	16	VINE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
132	1:43.08	L	F	Kayla-Jade Van Heerden	16	PEAS NMA	01/10/2023	Curro AquaElite Gala
133	1:43.53	L	F	Johane Viljoen	16	BLNE MAN	16/02/2024	Neptunes Last chance Gala
134	1:44.25	L	P	Cameron Morel	16	SWIFT EKU	07/12/2023	EGA Summer Championships
135	1:44.28	L	F	Amy Clayton	16	CUHE QBD	03/02/2024	Winelands SL final
136	1:44.38	L	F	Isabella Afonso	16	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
137	1:44.43	L	F	Suzanne Pretorius	16	AGAQ QBD	17/02/2024	Swartland Invitational Gala 2024
138	1:45.64	L	P	Amy Lazarou	16	AWSC JHB	24/03/2024	SA Level 2 Regional Age Group Champs
139	1:45.92	L	F	Olivia Darley	16	HASC JHB	17/02/2024	CGA Level 2+ Gala 17 Feb 2024
140	1:45.96	L	F	Pippa Wood	16	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
141	1:46.04	L	F	Ellené Van der Westhuyzen	16	HSBV SKD	14/10/2023	Limpopo Top 8 - High Schools
142	1:46.25	L	F	Muneerah Khan	16	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
143*	1:46.55	L	F	Kayleigh Jansen Van Vuuren	16	CSA EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
143*	1:46.55	L	F	Madelein Bronkhorst	16	SS MPD	01/12/2023	Limpopo Champs
145	1:47.08	L	F	Kimberley Strong	16	KTS	03/11/2023	UPINGTON 2023
146	1:47.21	L	F	Nthanki Kumalo	16	ELEC TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
147	1:47.53	L	F	Makayla Lombard	16	JAQ EKU	26/01/2024	EGA Last Chance 2024
148	1:47.59	L	F	Neo Cele	16	ELEC TSH	03/11/2023	NTS Level 1+2 November Age Group
149	1:49.79	L	F	Enette de Beer	16	PSA ZLD	13/01/2024	KCDA January Age Group Gala 2024
150	1:50.02	L	F	Entle Khumalo	16	SWIJ JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
151	1:50.07	L	P	Cleo May	16	MARL CPT	24/06/2023	PEA Winter Gala 2023
152	1:50.56	L	F	Lisa Bloem	16	BLOT MAN	06/12/2023	Free State Champs 2023
153	1:50.59	L	F	Paula Van Zyl	16	LALE CED	11/11/2023	Winelands SL4
154	1:50.65	L	F	Morgan Van Wyk	16	XCEL CPT	17/02/2024	Swartland Invitational Gala 2024
155	1:51.44	L	P	Yana Van Schoor	16	PGAC EKU	07/12/2023	EGA Summer Championships
156	1:51.47	L	F	Carmen Botha	16	MATL KKD	06/12/2023	NWS Championships 2023/24
157	1:52.09	L	F	Liandi Strydom	16	NAE EZD	01/12/2023	Mpumalanga Championships 2023
158	1:53.15	L	F	Izra Gameeldien	16	MANT CPT	20/01/2024	CTA A MEET 4
159	1:53.65	L	F	Riley Zulch	16	ONYX EKU	02/03/2024	AG Level 1 Regional Age Group
160	1:54.18	L	F	Nika Snyman	16	HE CCD	14/10/2023	Limpopo Top 8 - High Schools
161	1:54.63	L	F	Isabella Le Roux	16	QSAW CED	11/11/2023	Swartland Prestige Gala 2023
162	1:55.68	L	F	Daniëlle Le Roux	16	HFDT MP	27/01/2024	Limpopo School Champs

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
163	1:56.51 L	F	Keira Schroll	16	NWUC KKD	06/12/2023	NWS Championships 2023/24
164	1:57.18 L	F	Esona Botile	16	HARL BUF	24/11/2023	BCA Long Course Championships 2023
165	1:57.35 L	F	Nkenda Baghana	16	CPSC TSH	02/03/2024	AG Level 1 Regional Age Group
166	1:59.74 L	F	Deidré Grobler	16	KSC EZD	01/12/2023	Mpumalanga Championships 2023
167	2:00.48 L	F	Tyler Lowe	16	CAMB BUF	03/02/2024	Buffalo City School Trials 2024
168	2:02.73 L	F	Ella Smith	16	SAAW CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
169	2:04.99 L	F	Onalenna Tsholwe	16	MATL KKD	11/11/2023	NWS Age Group 3 + 4
170	2:05.11 L	F	Amore Duvenage	16	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
171	2:05.49 L	F	Elanza Oosthuizen	16	PHS CCD	14/10/2023	Limpopo Top 8 - High Schools
172	2:08.60 L	F	Caylin Bach	16	AASC EZD	02/02/2024	MP AGE GROUP 5 GALA
173	2:12.15 L	F	Bea-Mari Ackerman	16	MATL KKD	21/10/2023	NWS Age Group 1 & 2 2023
174	2:19.59 L	F	Lesedi-Lere Themba	16	ESP EKU	24/11/2023	EGA Summer 4
Women 16-16 200 Breast							
1	2:35.41 L	F	Keira Van Heerden	16	RSA	18/10/2023	BRICS Games Swimming 2023-KZN
2	2:42.13 L S	F	Loghan Gray	16	MDOL JHB	15/03/2024	SA National Junior Age Group
3	2:46.18 L	P	Myra Viduya	16	RSA	04/09/2023	9th JUNIOR WORLD SWIMMING
4	2:46.54 L	P	Myra Viduya	16	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
5	2:47.72 L S	F	Kayla Petersen	16	USC BUF	15/03/2024	SA National Junior Age Group
6	2:47.91 L S	F	Mieke Vd Wal	16	CASC CPT	15/03/2024	SA National Junior Age Group
7	2:48.93 L	F	Rebecca Fury	16	VINE CPT	24/06/2023	PEA Winter Gala 2023
8	2:51.62 L	F	Hannah Rigby	16	RSA	03/05/2023	CANA Zone IV Swimming Champions
9*	2:51.74 L	F	Kirstin Brady	16	RAV EKU	07/12/2023	EGA Summer Championships
9*	2:51.74 L S	F	Farhah Valli	16	CA EKU	15/03/2024	SA National Junior Age Group
11	2:51.82 L S	P	Mianique Lombard	16	WELA LLD	15/03/2024	SA National Junior Age Group
12	2:52.66 L	F	Monique Oosthuizen	16	BLOT MAN	01/09/2023	Seals Gala
13	2:53.11 L S	P	Tatum Lauf	16	MDOL JHB	15/03/2024	SA National Junior Age Group
14	2:53.34 L S	P	Kanishka Rajput	16	SMTC JHB	15/03/2024	SA National Junior Age Group
15	2:56.17 L	P	Rebecca Kuhn	16	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
16	2:57.34 L	P	Kendra Begley	16	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
17	2:57.45 L	F	Nanette Jordaan	16	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
18	2:57.56 L	F	Shani Olivier	16	WELL CED	21/03/2024	SA Level 3 Regional Age Group
19	2:57.62 L	F	Jani Borman	16	SWAR WCD	21/03/2024	SA Level 3 Regional Age Group
20	2:57.80 L	F	Hannah Witten	16	AQDO CPT	21/03/2024	SA Level 3 Regional Age Group
21	2:58.70 L	F	Nikha Lambden	16	EXP TSH	20/03/2024	SA Level 3 Regional Age Group
22	2:59.53 L	F	Erin Beyers	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
23	2:59.55 L	F	Tazmin Suliman	16	TUKS TSH	12/12/2023	NTS Championships 2023
24	2:59.56 L	F	Kye-Ann Fowler	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023
25	2:59.64 L	F	Erin Hudson	16	AA JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
26	3:00.04 L S	P	Tanè Putter	16	TYGE CPT	15/03/2024	SA National Junior Age Group
27	3:00.26 L	F	Acacia- Cailyn Abell	16	MDOL JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
28	3:00.53 L	F	Jordyn Collett	16	TUKS TSH	12/12/2023	NTS Championships 2023
29	3:00.97 L	F	Madison Fourie	16	INFA NMA	15/12/2023	NMBA Championships 2023
30	3:01.14 L S	F	Mathilda Liebenberg	16	POTC KKD	06/12/2023	NWS Championships 2023/24
31	3:02.01 L	F	Elne Reynolds	16	INFA NMA	15/12/2023	NMBA Championships 2023
32	3:02.72 L	P	Daena Robinson	16	KZNA ETH	19/04/2024	SA Schools Swimming Championship
33	3:02.75 L	P	Tamryn Kunneke	16	RFA TSH	20/03/2024	SA Level 3 Regional Age Group
34	3:03.15 L S	P	Nicole Beling	16	BAS EKU	15/03/2024	SA National Junior Age Group
35	3:03.67 L	F	Araya de Waal	16	PGAC EKU	11/11/2023	EGA Summer 3
36	3:03.76 L	F	Taylor Hemphill	16	SEALE ETH	21/03/2024	SA Level 3 Regional Age Group
37	3:03.92 L	F	Kanak Rajput	16	AAS JHB	10/11/2023	CGA Level 2+ Gala 10 - 11 Nov 2023
38	3:05.61 L	F	Amelia Vincent	16	BLSS MAN	16/02/2024	Neptunes Last chance Gala
39	3:05.88 L	P	Abigail Phillips	16	SASE JHB	20/03/2024	SA Level 3 Regional Age Group
40	3:06.06 L	F	Kendra Beukes	16	PGAC EKU	20/03/2024	SA Level 3 Regional Age Group
41	3:06.27 L	F	Candice Myers	16	TCA EKU	11/11/2023	EGA Summer 3
42	3:07.20 L S	P	Karmen Van Rensburg	16	UNI EZD	15/03/2024	SA National Junior Age Group
43	3:07.36 L	F	Kathleen Welsh	16	MSC NGD	01/12/2023	Mpumalanga Championships 2023
44	3:08.06 L	F	Zara Jefftha	16	MARL CPT	24/06/2023	PEA Winter Gala 2023
45	3:09.30 L	P	Tiffany Marshall	16	UNI EZD	20/03/2024	SA Level 3 Regional Age Group
46	3:10.10 L	F	Emma Roberts	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
47	3:10.85	L	F	Hayley Beling	16	BAS EKU	11/11/2023 EGA Summer 3
48	3:11.20	L	F	Carmi Schoeman	16	TKS WBD	01/12/2023 Limpopo Champs
49	3:13.00	L	F	Hannah Prince	16	OLDE JHB	24/03/2024 SA Level 2 Regional Age Group Champs
50	3:13.16	L	F	Christi Serfontein	16	QUIC CPT	10/02/2024 WCA-B Champs - 2024
51	3:13.69	L	F	Yusrah Du Toit	16	UWCA CPT	10/02/2024 WCA-B Champs - 2024
52	3:13.78	L	F	Erin Glover	16	TYGE CPT	24/06/2023 PEA Winter Gala 2023
53	3:14.21	L	F	Cherise Coetzer	16	STSC KCD	27/01/2024 Ushaka Champs 2024
54	3:14.72	L	F	Fallon Tweedie	16	PEAS NMA	15/12/2023 NMBA Championships 2023
55	3:15.62	L	P	Clarise Coetzer	16	STSC KCD	20/03/2024 SA Level 3 Regional Age Group
56	3:16.44	L	F	Emma Davies	16	BAS EKU	15/09/2023 EGA Summer 1
57	3:17.05	L	F	Cara Crichton	16	TUKS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
58	3:17.47	L	F	Lois Fourie	16	BLSS MAN	16/02/2024 Neptunes Last chance Gala
59	3:17.62	L	P	Richelle Rothmann	16	AQU ADJ	05/04/2024 SA Level 2 Regional Age Group Champs
60	3:17.82	L	F	Jorja Da Cunha	16	BON EKU	26/01/2024 EGA Last Chance 2024
61	3:17.89	L	F	Janca Hattingh	16	CSA EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
62	3:17.94	L S	F	Eunice Fourie	16	BLSS MAN	06/12/2023 Free State Champs 2023
63	3:18.45	L	F	Lerato Moloby	16	NWS	27/01/2024 4 + 1 Inter Provincial Gala 2023
64	3:18.57	L	P	Danielle Walker	16	FLOD JHB	30/11/2023 CGA Championships 2023
65*	3:18.87	L	F	Riley Hattingh-Steyn	16	SOUL EKU	24/03/2024 SA Level 2 Regional Age Group Champs
65*	3:18.87	L	F	Mari Zanne Nortje	16	TKS WBD	11/11/2023 Limpopo Age Group 5
67	3:19.45	L	F	Jannae De Villiers	16	PRKA PSD	03/02/2024 NCASA SPRINTS 2024
68	3:20.12	L	F	Alexia Adreani	16	CA EKU	07/12/2023 EGA Summer Championships
69	3:21.65	L	F	Gemma Harris	16	MARL CPT	10/02/2024 WCA-B Champs - 2024
70	3:22.24	L	F	Michaela Van Rooyen	16	BLSS MAN	16/02/2024 Neptunes Last chance Gala
71	3:22.92	L	F	Josslyn Gauldie	16	RFA TSH	02/02/2024 NTS Level 1+2 February Age Group
72	3:23.07	L	F	Anastasia Sequeira	16	CA EKU	11/11/2023 EGA Summer 3
73	3:24.46	L	F	Cara Corrigan	16	FISH EDD	05/10/2023 42nd Freda Barnard Invitational Gala
74	3:25.56	L	F	Wilmien Verbeek	16	CASC CPT	24/06/2023 PEA Winter Gala 2023
75	3:25.72	L	F	Emily Tsai	16	BLMA CPT	10/02/2024 WCA-B Champs - 2024
76	3:25.76	L	F	Cameron Landman	16	BETH FDD	26/03/2024 SA Level 2 Regional Age Group Champs
77	3:25.97	L	F	Liza Schoeman	16	RHS BP	23/02/2024 NW School Championships 2024
78	3:26.38	L	F	Alexandra Houniet	16	CA EKU	26/01/2024 EGA Last Chance 2024
79	3:26.41	L	F	Sally-Louise Ingwe	16	GWP JHB	27/10/2023 BSSA LC Distance Gala 2023
80	3:26.42	L	F	Tatum Borrill	16	CA EKU	11/11/2023 EGA Summer 3
81	3:27.13	L	F	Jenna Loubser	16	SFSC CPT	05/10/2023 42nd Freda Barnard Invitational Gala
82	3:27.21	L	P	Emma Wentzel	16	AA JHB	30/11/2023 CGA Championships 2023
83	3:27.36	L	F	Clara van Rooyen	16	PGAC EKU	24/03/2024 SA Level 2 Regional Age Group Champs
84	3:28.06	L	F	Hanrike Barnard	16	WAGH BP	23/02/2024 NW School Championships 2024
85	3:29.18	L	F	Jenna Du Plessis	16	BLSS MAN	26/03/2024 SA Level 2 Regional Age Group Champs
86	3:30.15	L	F	Esmari Weitsz	16	UNI EZD	13/10/2023 MP AGE GROUP 2
87	3:30.27	L	F	Isabel Vorster	16	BLNE MAN	21/03/2024 SA Level 3 Regional Age Group
88	3:30.58	L	P	Kayla Botha	16	AFIN JHB	30/11/2023 CGA Championships 2023
89	3:31.52	L	F	Skye Schoeman	16	KZNA ETH	24/11/2023 Westville-Seals LC Championships
90	3:33.58	L	F	Thobile Mtshali	16	TUKS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
91	3:34.52	L	F	Jaiden Funnell	16	SWIM1 JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
92	3:36.00	L	F	Jessica Carver	16	ELEC TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
93	3:36.99	L	F	Marilee Coetzee	16	DOLFI MPD	21/10/2023 Limpopo Age Group 4
94	3:37.23	L	F	Maya Lockitch	16	CYBE CPT	24/11/2023 CTA A & B CHAMPS 2023
95	3:38.92	L	F	Emma Atkinson	16	AZON ETH	05/04/2024 SA Level 2 Regional Age Group Champs
96	3:40.94	L	F	Carla Pienaar	16	STSC KCD	02/12/2023 Stingrays Swim Champs 2023
97	3:42.59	L	F	Suzanne Pretorius	16	AGAQ OBD	11/11/2023 Swartland Prestige Gala 2023
98	3:43.56	L	P	Cameron Morel	16	SWIFT EKU	07/12/2023 EGA Summer Championships
99	3:44.24	L	F	Isabella Afonso	16	QUIC CPT	05/10/2023 42nd Freda Barnard Invitational Gala
100	3:45.04	L	F	Cara Fourie	16	UPSK ZMD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
101	3:47.05	L	F	Zaibaa Bawa	16	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
102	3:51.30	L	F	Nthanki Kumalo	16	ELEC TSH	29/09/2023 2023 OR Tambo Trials & NTS Oct AG
103	3:52.93	L	F	Michaela Mitchley	16	KTS	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
104	3:53.78	L	F	Lianka Du Toit	16	HPP BUF	27/01/2024 Limpopo School Champs
105	3:53.80	L	P	Makayla Lombard	16	JAQ EKU	07/12/2023 EGA Summer Championships

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
106	3:53.98 L	F	Jamilah Tshiyoyo	16	TUKS FSH	19/01/2024	NTS Level 1+2 January Age Group 2024
107	3:54.21 L	F	Madelein Bronkhorst	16	SS MPD	01/12/2023	Limpopo Champs
108	3:54.31 L	P	Yana Van Schoor	16	PGAC EKU	07/12/2023	EGA Summer Championships
109	3:58.01 L	F	Kayleigh Jansen Van Vuuren	16	CSA EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
110	4:02.51 L	F	Olivia Darley	16	HASC JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
111	4:23.15 L	F	Nkenda Baghana	16	CPSC FSH	01/12/2023	2023 The Tshwane Mayor's Gala
112	4:30.13 L	F	Eshile Gceba	16	LINR JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
113	4:38.40 L	F	Onalenna Tsholwe	16	MATL KKD	11/11/2023	NWS Age Group 3 + 4
Women 16-16 50 Fly							
1	28.62 L	F	Keira Van Heerden	16	INFA NMA	24/06/2023	PEA Winter Gala 2023
2	28.89 L	F	Cassidy Burgess	16	VINE CPT	15/03/2024	SA National Junior Age Group
3	28.99 L	F	Rebecca Fury	16	VINE CPT	15/03/2024	SA National Junior Age Group
4	29.25 L	F	Myra Viduya	16	NMBA NM	19/04/2024	SA Schools Swimming Championship
5	29.33 L	F	Myra Viduya	16	INFA NMA	11/11/2023	5th A League Gala 2023
6	29.35 L	F	Jana Vorster	16	TUKS FSH	15/03/2024	SA National Junior Age Group
7	29.47 L	F	Dane De Klerk	16	BLSS MAN	19/04/2024	SA Schools Swimming Championship
8	29.53 L S	F	Grace Morris	16	ELEC FSH	12/12/2023	NTS Championships 2023
9	29.54 L	F	Jana Lombard	16	LALE CED	15/03/2024	SA National Junior Age Group
10	29.56 L	F	Kendra Begley	16	INFA NMA	19/04/2024	SA Schools Swimming Championship
11	29.84 L	F	Scarlett Le Roux	16	CA EKU	23/02/2024	2024 Grand Prix 2 Invitational Meet -
12	29.89 L	F	Daena Robinson	16	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA
13*	29.95 L	P	Melissa Kuun	16	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
13*	29.95 L	P	Erin Hudson	16	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
15	29.97 L	F	Mikayla Makwabarara	16	HRE MS	24/06/2023	PEA Winter Gala 2023
16	30.09 L S	F	Ruth Dredge	16	PAC FSH	12/12/2023	NTS Championships 2023
17	30.15 L	F	Keira Duncan	16	SGUL ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
18	30.23 L S	F	Beane Swanepoel	16	VRC FSH	12/12/2023	NTS Championships 2023
19	30.27 L S	F	Savannah Mostert	16	TUKS FSH	12/12/2023	NTS Championships 2023
20	30.38 L	F	Danielle Cronjè	16	LALE CED	15/03/2024	SA National Junior Age Group
21	30.40 L	F	Chanel Baenhoff	16	BLSS MAN	06/12/2023	Free State Champs 2023
22	30.49 L	P	Alex-Zandre' Labuschagne	16	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
23	30.62 L	F	Isabel Vorster	16	BLNE MAN	06/12/2023	Free State Champs 2023
24*	30.69 L	F	Hayley Hoy	16	SWLAB CPT	03/05/2023	CANA Zone IV
24*	30.69 L	P	Ella Mills	16	UNI EZD	15/03/2024	SA National Junior Age Group
26	30.72 L	P	Isabella Webber	16	VINE CPT	15/03/2024	SA National Junior Age Group
27	30.73 L	F	Xanthe Nagel	16	MCS BP	23/02/2024	NW School Championships 2024
28	30.80 L	F	Tanatswa Chandiwana	16	HRE MS	24/06/2023	PEA Winter Gala 2023
29	30.99 L	F	Jessica Carmody	16	AZON ETH	24/11/2023	Westville-Seals LC Championships
30	31.00 L	F	Mari Zanne Nortje	16	LP CCD	19/04/2024	SA Schools Swimming Championship
31	31.21 L	F	Marony Jacobs	16	INFA NMA	11/11/2023	5th A League Gala 2023
32	31.30 L	P	Tanè Putter	16	TYGE CPT	15/03/2024	SA National Junior Age Group
33	31.31 L	F	Nanette Jordaan	16	BLOT MAN	16/02/2024	Neptunes Last chance Gala
34	31.35 L S	F	Jordyn Collett	16	TUKS FSH	12/12/2023	NTS Championships 2023
35	31.40 L	F	Loghan Gray	16	CA EKU	28/10/2023	EGA Summer 2 2023
36	31.43 L	F	Mianique Lombard	16	WELA LLD	18/11/2023	Valsrivier Gala
37	31.52 L	F	Jana Swiegers	16	TUKS FSH	17/11/2023	NTS Level 3+ November Age Group
38	31.59 L	F	Morgan Rabie	16	TUKS FSH	20/03/2024	SA Level 3 Regional Age Group
39	31.65 L	F	Bailey Held	16	WSTV ETH	24/11/2023	Westville-Seals LC Championships
40	31.68 L	F	Lara Smith	16	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group
41	31.70 L	F	Simone Henning	16	RHS BP	23/02/2024	NW School Championships 2024
42	31.73 L	F	Ava Fourie	16	TRAZ FSH	24/03/2024	SA Level 2 Regional Age Group Champs
43*	31.74 L	P	Caitlin Watson	16	BLMA CPT	14/12/2023	Western Cape LC-A Championship 2023
43*	31.74 L	P	Veneske Steenkamp	16	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
45	31.76 L	P	Mieke Vd Wal	16	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
46	31.79 L	F	Elne Reynolds	16	INFA NMA	15/12/2023	NMBA Championships 2023
47	31.81 L	P	Nicole Beling	16	BAS EKU	23/02/2024	2024 Grand Prix 2 Invitational Meet -
48	31.82 L	F	Amy Brown	16	SEALE ETH	24/11/2023	Westville-Seals LC Championships
49	31.85 L	F	Karmen Van Rensburg	16	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17
50	31.86 L	F	Charnè Van Tonder	16	TYGE CPT	18/11/2023	CTA QUALIFYING MEET 2

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr					
51	31.88	L	F	Hayley Beling	16	BAS	EKU	20/03/2024	SA Level 3 Regional Age Group
52	31.92	L	P	Carmi Schoeman	16	TKS	WBD	15/03/2024	SA National Junior Age Group
53	31.95	L	F	Emily Walker	16	PEAS	NMA	21/10/2023	4th A League Gala 2023
54	31.97	L	F	Emily Lott	16	ASA	ILD	02/12/2023	Stingrays Swim Champs 2023
55	32.01	L	P	Keira Leask	16	AA	JHB	15/03/2024	SA National Junior Age Group
56	32.06	L	F	Mareze Frylinck	16	BLSS	MAN	27/10/2023	Neptune Prestige Gala
57	32.07	L S	F	Tatum Cabral	16	ELEC	FSH	12/12/2023	NTS Championships 2023
58	x32.08	L	F	Emma La Grange	16	PLAY	GED	10/02/2024	WCA-B Champs - 2024
59	32.14	L	F	Grace George	16	SEAL	UMD	24/11/2023	Westville-Seals LC Championships
60	32.21	L	P	Kayla Petersen	16	USC	BUF	24/06/2023	PEA Winter Gala 2023
61*	32.25	L	F	Erin Beyers	16	UNI	EZD	13/10/2023	MP AGE GROUP 2
61*	32.25	L	F	Katie-Peta Marcelino	16	KLOO	ETH	24/11/2023	Westville-Seals LC Championships
63	32.26	L	P	Tafadzwa Chandiwana	16	MDOL	JHB	15/03/2024	SA National Junior Age Group
64	32.28	L	P	Simone Theron	16	LP	CCD	19/04/2024	SA Schools Swimming Championship
65	32.37	L	P	Gemma Jones	16	VINE	CPT	14/12/2023	Western Cape LC-A Championship 2023
66	32.44	L	F	Jasmine Pillay	16	SEAL	UMD	21/03/2024	SA Level 3 Regional Age Group
67	32.47	L	F	Cassidy Sinclair	16	DRGN	EKU	14/10/2023	CGA Level 2 + Gala Oct 2023
68	32.50	L	F	Kirstin Brady	16	RAV	EKU	07/12/2023	EGA Summer Championships
69	32.51	L S	F	Hannah Liebenberg	16	PAC	FSH	12/12/2023	NTS Championships 2023
70	32.66	L	P	Tamsyn Kotzè	16	BLMA	CPT	15/03/2024	SA National Junior Age Group
71*	32.81	L	P	Michaela Labuschagne	16	SSISA	CPT	14/12/2023	Western Cape LC-A Championship 2023
71*	32.81	L	F	Anri De Beer	16	INFA	NMA	21/03/2024	SA Level 3 Regional Age Group
73	32.88	L	F	Candice Myers	16	TCA	EKU	07/12/2023	EGA Summer Championships
74	32.90	L	F	Isla Thomas	16	AA	JHB	30/11/2023	CGA Championships 2023
75	32.91	L	F	Deidré Olivier	16	RBOT	BPD	06/12/2023	NWS Championships 2023/24
76	32.97	L	F	Sinesipho Sibiya	16	RSA		03/05/2023	CANA Zone IV Swimming Champions
77	32.98	L	F	Tatum Lauf	16	MDOL	JHB	30/11/2023	CGA Championships 2023
78	33.00	L	P	Mathilda Liebenberg	16	NWS		08/04/2024	SA National Aquatic Champ 2024-PE
79	33.02	L	F	Tiffany Marshall	16	UNI	EZD	20/03/2024	SA Level 3 Regional Age Group
80	33.03	L	P	Holly Allison	16	AZON	ETH	21/03/2024	SA Level 3 Regional Age Group
81	33.04	L	F	Alexia Adreani	16	CA	EKU	07/12/2023	EGA Summer Championships
82	33.10	L	P	Nikha Lambden	16	EXP	FSH	20/03/2024	SA Level 3 Regional Age Group
83*	33.13	L	F	Lume Louw	16	SHS	KK	03/02/2024	Buffalo City School Trials 2024
83*	33.13	L	F	Jana Helmand	16	BLOT	MAN	06/12/2023	Free State Champs 2023
85	33.16	L	P	Madison Fourie	16	INFA	NMA	09/02/2024	Infinity Gala 2024
86*	33.27	L	F	Holley Jacoby	16	BCA	BUF	13/01/2024	BCA Inter-District Championship Gala
86*	33.27	L	P	Monize Wingard	16	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
88	33.34	L	P	Araya de Waal	16	PGAC	EKU	20/03/2024	SA Level 3 Regional Age Group
89	33.44	L	P	Clarise Coetzer	16	STSC	KCD	20/03/2024	SA Level 3 Regional Age Group
90	33.46	L	F	Cara Corrigan	16	FISH	EDD	10/02/2024	WCA-B Champs - 2024
91	33.66	L	F	Aarya Morar	16	ATLA	JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
92	33.67	L	P	Rebecca Kuhn	16	PER	JHB	30/11/2023	CGA Championships 2023
93	33.68	L	F	Kye-Ann Fowler	16	UNI	EZD	01/12/2023	Mpumalanga Championships 2023
94	33.76	L	F	Madelé Harding	16	PGIM	KK	23/02/2024	NW School Championships 2024
95	33.82	L	F	Mia Pienaar	16	STSC	KCD	02/12/2023	Stingrays Swim Champs 2023
96	33.83	L	F	Alexia Luz	16	SOUL	EKU	07/12/2023	EGA Summer Championships
97	33.84	L	F	Taylor Hemphill	16	SEALE	ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
98	33.90	L	F	Danelle Mody	16	CRSC	JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
99	33.94	L	F	Bay-Linn Oelofse	16	TNDER	FDD	11/11/2023	Bull Sharks Gala
100	33.98	L S	P	Tamryn Kunneke	16	RFA	FSH	12/12/2023	NTS Championships 2023
101	34.07	L	F	Bea Van der Merwe	16	RFA	FSH	01/12/2023	2023 The Tshwane Mayor's Gala
102	34.12	L	F	Joy Vd Westhuizen	16	AQDO	CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
103	34.21	L	P	Erin Glover	16	TYGE	CPT	24/06/2023	PEA Winter Gala 2023
104	34.24	L	F	Cara Crichton	16	TUKS	FSH	24/03/2024	SA Level 2 Regional Age Group Champs
105*	34.25	L	F	Kate Truter	16	BEAV	ETH	21/10/2023	Froggies Championships 2023
105*	34.25	L	F	Mmathabo Marite	16	CRSC	JHB	30/11/2023	CGA Championships 2023
107	34.31	L	P	Une Van den Berg	16	AA	JHB	30/11/2023	CGA Championships 2023
108	34.39	L	P	Wilmien Verbeek	16	CASC	CPT	14/12/2023	Western Cape LC-A Championship 2023
109	34.43	L	P	Kanishka Rajput	16	SMTC	JHB	15/03/2024	SA National Junior Age Group

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
110	34.45	L	F	Yusrah Du Toit	16	UWCA CPT	21/03/2024	SA Level 3 Regional Age Group
111*	34.49	L	F	Isabella Havemann	16	ASAC CPT	24/11/2023	CTA A & B CHAMPS 2023
111*	34.49	L	F	Megan Kemp	16	TINC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
113	34.60	L	F	Lize Burness	16	TUKS TSH	22/09/2023	NTS Level 3+ September Age Group
114	34.67	L S	F	Fallon Tweedie	16	PEAS NMA	05/10/2023	42nd Freda Barnard Invitational Gala
115	34.72	L	F	Jhoanè Voges	16	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group
116	34.82	L	F	Colby Cochrane	16	CRSC JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
117	34.96	L	P	Erin Joubert	16	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorpor SSA
118	34.99	L	F	Abigail Otto	16	CA EKU	28/10/2023	EGA Summer 2 2023
119*	35.00	L	P	Nazneen Mohamed	16	GAU JHB	19/04/2024	SA Schools Swimming Championship
119*	35.00	L	F	Kaylin Stieger	16	RHS BP	23/02/2024	NW School Championships 2024
121	35.16	L	F	Amy Gerber	16	SEAL UMD	05/04/2024	SA Level 2 Regional Age Group Champs
122	35.18	L	F	Kayla-Jade Van Heerden	16	PEAS NMA	01/10/2023	Curro AquaElite Gala
123	35.33	L	F	Catherine Jones	16	RFA TSH	03/11/2023	NTS Level 1+2 November Age Group
124	35.44	L	F	Anastasia Sequeira	16	CA EKU	24/11/2023	EGA Summer 4
125	35.57	L	F	Zaibaa Bawa	16	WATR JHB	26/07/2023	Giochi Del Tricolore Swim
126	35.59	L	F	Chloe Pieterse	16	QSAW CED	03/02/2024	Winelands SL final
127	35.60	L	F	Jaiden Funnell	16	SWIM1 JHB	24/03/2024	SA Level 2 Regional Age Group Champs
128	35.61	L	F	Emma Roberts	16	UNI EZD	03/11/2023	MP AGE GROUP 3 3&4 NOV 2023
129	35.81	L	P	Makayla Lombard	16	JAQ EKU	07/12/2023	EGA Summer Championships
130	35.83	L	P	Kendra Beukes	16	PGAC EKU	20/03/2024	SA Level 3 Regional Age Group
131	35.84	L	F	Catherine Wentzel	16	FRA KCD	05/04/2024	SA Level 2 Regional Age Group Champs
132	35.90	L	F	Lois Fourie	16	BLSS MAN	26/03/2024	SA Level 2 Regional Age Group Champs
133	36.00	L	F	Imani Magotsi	16	VINE CPT	18/11/2023	CTA QUALIFYING MEET 2
134	36.03	L	P	Kanak Rajput	16	AAS JHB	20/03/2024	SA Level 3 Regional Age Group
135	36.07	L	F	Zara Jefftha	16	MARL CPT	21/03/2024	SA Level 3 Regional Age Group
136	36.18	L	F	Isabella Afonso	16	QUIC CPT	18/11/2023	CTA QUALIFYING MEET 2
137	36.33	L	F	Esmari Weitsz	16	NHS EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
138	36.39	L	P	Neo Cele	16	ELEC TSH	24/03/2024	SA Level 2 Regional Age Group Champs
139*	36.56	L S	F	Alexa Louw	16	BLMA CPT	05/10/2023	42nd Freda Barnard Invitational Gala
139*	36.56	L	F	Miana Fourie	16	BLSS MAN	06/12/2023	Free State Champs 2023
141	36.58	L	P	Gabby Mc Hugh	16	CRSC JHB	30/11/2023	CGA Championships 2023
142	36.69	L	P	Alexandra Houniet	16	CA EKU	20/03/2024	SA Level 3 Regional Age Group
143	36.74	L	F	Acacia- Cailyn Abell	16	MDOL JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
144	36.75	L	F	Mignon Smit	16	SS MPD	01/12/2023	Limpopo Champs
145	36.82	L	F	Mia Barnard	16	BLOT MAN	06/12/2023	Free State Champs 2023
146	36.85	L	F	Rene Sauerman	16	SEAL UMD	24/11/2023	Westville-Seals LC Championships
147*	36.87	L	P	Jamilah Tshiyoyo	16	TUKS TSH	24/03/2024	SA Level 2 Regional Age Group Champs
147*	36.87	L S	F	Jenna Loubser	16	SFSC CPT	05/10/2023	42nd Freda Barnard Invitational Gala
149	36.89	L	F	Lisa Ferreira	16	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
150	36.92	L	F	Rienke Blignaut	16	BLSS MAN	06/12/2023	Free State Champs 2023
151	37.14	L	P	Cameron Morel	16	SWIFT EKU	20/03/2024	SA Level 3 Regional Age Group
152	37.21	L	F	Hannah Prince	16	OLDE JHB	24/02/2024	CGA Level 2+ Last Chance Gala 24 Feb
153	37.24	L	F	Jenna Du Plessis	16	BLSS MAN	06/12/2023	Free State Champs 2023
154	37.35	L	F	Gail Polman	16	CASC CPT	10/02/2024	WCA-B Champs - 2024
155	37.44	L	F	Kayla Miller	16	CRSC JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
156	37.49	L	F	Johane Viljoen	16	BLNE MAN	26/03/2024	SA Level 2 Regional Age Group Champs
157	37.56	L	F	Josslyn Gaudie	16	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
158	37.59	L	F	Cherise Coetzer	16	STSC KCD	28/10/2023	KCDA October Age Group Gala 2023
159	37.61	L	P	Jorja Da Cunha	16	BON EKU	07/12/2023	EGA Summer Championships
160	37.76	L	F	Charissa Volschenk	16	KZNA ETH	27/01/2024	Ushaka Champs 2024
161*	37.78	L	F	Eunice Fourie	16	BLSS MAN	06/12/2023	Free State Champs 2023
161*	37.78	L	F	Ciska Ferreira	16	UNI EZD	12/01/2024	2024 Grand Prix Invitation Swimming
163	37.82	L	F	Chloe Geldenhuys	16	SEALE ETH	24/11/2023	Westville-Seals LC Championships
164	37.87	L	F	Jessica Carver	16	ELEC TSH	29/09/2023	2023 OR Tambo Trials & NTS Oct AG
165*	37.92	L	F	Entle Khumalo	16	SWIJ JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
165*	37.92	L	F	Michaela Van Rooyen	16	BLSS MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
167	38.10	L	F	Jannae De Villiers	16	PRKA PSD	03/02/2024	NCASA SPRINTS 2024
168	38.15	L	F	Cameron Landman	16	BETH FDD	26/03/2024	SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
169	38.31 L	F	Cara Fourie	16	UPSK ZMD	11/11/2023	AGE GROUP 1 UPT
170	38.36 L	F	Christn Engelbrecht	16	KSC EZD	01/12/2023	Mpumalanga Championships 2023
171	38.37 L	F	Carmen Botha	16	WES KK	23/02/2024	NW School Championships 2024
172	38.68 L	P	Gabriella Smith	16	MDOL JHB	30/11/2023	CGA Championships 2023
173	38.70 L	F	Marilee Coetzee	16	DOLFI MPD	11/11/2023	Limpopo Age Group 5
174	38.72 L	F	Hanrike Barnard	16	WAGH BP	23/02/2024	NW School Championships 2024
175	38.87 L	F	Ame Quinn	16	ROB EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
176	38.89 L	F	Tatum Borrill	16	CA EKU	28/10/2023	EGA Summer 2 2023
177	38.99 L	P	Daniëlle Le Roux	16	SS MPD	24/03/2024	SA Level 2 Regional Age Group Champs
178	39.03 L	F	Taaliah Rinquet	16	MARL CPT	17/02/2024	Swartland Invitational Gala 2024
179	39.09 L	F	Jenna-Mae Lally	16	BEAV ETH	21/10/2023	Froggies Championships 2023
180	39.15 L	F	Paula Van Zyl	16	LALE CED	11/11/2023	Winelands SL4
181	39.26 L	F	Keira Schroll	16	NWUC KKD	21/10/2023	NWS Age Group 1 & 2 2023
182	39.42 L	F	Isabella Le Roux	16	QSAW CED	11/11/2023	Swartland Prestige Gala 2023
183	39.51 L	F	Alienne van Rensburg	16	KTS	27/10/2023	KALAHARI CLASSIC GALA 2023
184	39.63 L	P	Olivia Darley	16	HASC JHB	30/11/2023	CGA Championships 2023
185	39.70 L	F	Carla Pienaar	16	STSC KCD	27/01/2024	Ushaka Champs 2024
186	39.72 L	F	Amy Clayton	16	CUHE OBD	03/02/2024	Winelands SL final
187	39.75 L	P	Janca Hattingh	16	CSA EZD	01/12/2023	Mpumalanga Championships 2023
188	39.95 L	F	Lerato Molobye	16	HREF BP	06/10/2023	Super Seals & Sentraal Aquatics Gala
189	40.10 L	F	Leandrè Burger	16	QSAW CED	10/02/2024	WCA-B Champs - 2024
190	40.60 L	F	Nthanki Kumalo	16	ELEC TSH	01/12/2023	2023 The Tshwane Mayor's Gala
191	40.72 L	F	Michelle Van Rooyen	16	TYGE CPT	18/11/2023	CTA QUALIFYING MEET 2
192	40.88 L	F	Marinique Lamprecht	16	RFA TSH	01/12/2023	2023 The Tshwane Mayor's Gala
193	41.37 L	F	Kimberley Strong	16	KTS	03/11/2023	UPINGTON 2023
194	41.81 L	F	Mia Bruwer	16	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
195	42.00 L	P	Isabella Vicente	16	SOUL EKU	07/12/2023	EGA Summer Championships
196	42.43 L	F	Skye Schoeman	16	AQUA BUF	18/11/2023	Uthukela District Age Group Gala
197	42.47 L	F	Eshle Gceba	16	LINR JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
198	42.61 L	F	Amonique Lourens	16	NHS EZD	21/02/2024	EHLANZENI INTER HIGH GALA 21
199	42.75 L	P	Clara van Rooyen	16	PGAC EKU	07/12/2023	EGA Summer Championships
200	42.92 L	P	Kate Allwood	16	WCA CPT	08/04/2024	SA National Aquatic Champ 2024-PE
201	42.99 L	F	Lisa Bloem	16	BLOT MAN	06/12/2023	Free State Champs 2023
202	43.36 L	F	Ella Smith	16	SAAW CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
203	43.70 L	P	Deidré Grobler	16	KSC EZD	01/12/2023	Mpumalanga Championships 2023
204	43.91 L	F	Madelein Bronkhorst	16	HBV MP	14/10/2023	Limpopo Top 8 - High Schools
205	44.51 L	P	Cleo May	16	MARL CPT	24/06/2023	PEA Winter Gala 2023
206	44.87 L	P	Shannon Coetzee	16	PGAC EKU	07/12/2023	EGA Summer Championships
207	46.19 L	F	Emma Davies	16	BAS EKU	24/11/2023	EGA Summer 4
208	46.38 L	F	Keletso Mbimba	16	AA JHB	02/03/2024	AG Level 1 Regional Age Group
209	46.51 L	F	Kayleigh Jansen Van Vuuren	16	CSA EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
210	46.67 L	F	Enette de Beer	16	PSA ZLD	18/11/2023	KCDA November Age Group Gala 2023
211	47.06 L	F	Amy Kelly	16	HSTAN MP	14/10/2023	Limpopo Top 8 - High Schools
212	48.15 L	F	Elizabeth Swanevelder	16	HE CCD	14/10/2023	Limpopo Top 8 - High Schools
213	48.49 L	F	Maya Lockitch	16	CYBE CPT	17/02/2024	Swartland Invitational Gala 2024
214	50.41 L	F	Bea-Mari Ackerman	16	MATL KKD	06/12/2023	NWS Championships 2023/24
215*	50.85 L	F	Yana Van Schoor	16	PGAC EKU	24/11/2023	EGA Summer 4
215*	50.85 L	F	Muneerah Khan	16	SWIM1 JHB	02/03/2024	AG Level 1 Regional Age Group
217	51.45 L	F	Nkenda Baghana	16	CPSC TSH	02/03/2024	AG Level 1 Regional Age Group
218	52.11 L	F	Lesedi-Lere Themba	16	ESP EKU	24/11/2023	EGA Summer 4
219	53.59 L	F	Kelly-Grace Luyt	16	FIELD BP	23/02/2024	NW School Championships 2024
220	55.20 L	F	Caylin Bach	16	AASC EZD	02/03/2024	SSA LEVEL 1 REGIONAL CHAMPS
Women 16-16 100 Fly							
1	1:03.09 L S	F	Cassidy Burgess	16	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
2	1:03.83 L S	F	Dane De Klerk	16	BLSS MAN	15/03/2024	SA National Junior Age Group
3	1:04.26 L	F	Keira Van Heerden	16	INFA NMA	24/06/2023	PEA Winter Gala 2023
4*	1:04.37 L	F	Myra Viduya	16	INFA NMA	24/06/2023	PEA Winter Gala 2023
4*	1:04.37 L	F	Myra Viduya	16	INFA NMA	24/06/2023	PEA Winter Gala 2023
6	1:05.50 L S	F	Ruth Dredge	16	AGC TSH	08/04/2024	SA National Aquatic Champ 2024-PE

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
7	1:06.81 L S	F	Jana Vorster	16	TUKS FSH	15/03/2024	SA National Junior Age Group	
8	1:06.88 L S	F	Kendra Begley	16	INFA NMA	15/03/2024	SA National Junior Age Group	
9	1:07.14 L S	F	Jana Lombard	16	LALE CED	14/12/2023	Western Cape LC-A Championship 2023	
10	1:07.18 L S	F	Daena Robinson	16	SEAL UMD	15/03/2024	SA National Junior Age Group	
11	1:07.32 L S	F	Chanel Baenhoff	16	BLSS MAN	06/12/2023	Free State Champs 2023	
12	1:07.68 L	F	Marony Jacobs	16	INFA NMA	23/09/2023	3rd A League Gala 2023	
13	1:08.07 L S	F	Rebecca Fury	16	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023	
14	1:08.09 L	F	Hayley Hoy	16	SWLAB CPT	01/12/2023	Mpumalanga Championships 2023	
15	1:08.25 L S	F	Isabella Webber	16	VINE CPT	15/03/2024	SA National Junior Age Group	
16	1:08.29 L	F	Ella Mills	16	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17	
17	1:08.61 L S	P	Erin Hudson	16	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE	
18	1:08.74 L S	F	Isabel Vorster	16	BLNE MAN	06/12/2023	Free State Champs 2023	
19	1:09.21 L	F	Mikayla Makwabarara	16	HRE MS	24/06/2023	PEA Winter Gala 2023	
20	1:09.24 L	F	Nanette Jordaan	16	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group	
21	1:09.52 L	F	Loghan Gray	16	MDOL JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024	
22	1:10.03 L	F	Veneske Steenkamp	16	ROA EDD	12/08/2023	Madibaz Swim Meet 2023	
23	1:10.06 L	F	Taylor Morton	16	LALE CED	03/02/2024	Winelands SL final	
24	1:10.75 L	P	Melissa Kuun	16	WCA CPT	19/04/2024	SA Schools Swimming Championship	
25	1:11.05 L	F	Savannah Mostert	16	TUKS FSH	12/12/2023	NTS Championships 2023	
26	1:11.12 L	F	Karmen Van Rensburg	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023	
27	1:11.24 L	F	Tatum Cabral	16	ELEC FSH	20/03/2024	SA Level 3 Regional Age Group	
28	1:11.71 L	F	Katie-Peta Marcelino	16	KLOO ETH	24/11/2023	Westville-Seals LC Championships	
29	1:12.03 L	F	Carmi Schoeman	16	TKS WBD	01/12/2023	Limpopo Champs	
30	1:12.32 L S	P	Xanthe Nagel	16	HREF BP	15/03/2024	SA National Junior Age Group	
31	1:12.37 L	F	Jana Swiegers	16	TUKS FSH	20/10/2023	NTS Level 3+ October Age Group 2023	
32	1:12.87 L S	P	Nicole Beling	16	BAS EKU	15/03/2024	SA National Junior Age Group	
33	x1:12.94 L	F	Emma La Grange	16	PLAY CED	10/02/2024	WCA-B Champs - 2024	
34	1:13.02 L	F	Elne Reynolds	16	INFA NMA	15/12/2023	NMBA Championships 2023	
35	1:13.91 L	F	Hayley Beling	16	BAS EKU	07/12/2023	EGA Summer Championships	
36	1:14.12 L S	P	Tanatswa Chandiwana	16	MDOL JHB	15/03/2024	SA National Junior Age Group	
37	1:14.21 L	P	Nikha Lambden	16	EXP FSH	20/03/2024	SA Level 3 Regional Age Group	
38	1:14.25 L S	P	Mieke Vd Wal	16	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023	
39	1:14.50 L	F	Ava Fourie	16	TRAZ FSH	24/03/2024	SA Level 2 Regional Age Group Champs	
40	1:14.53 L S	F	Mareze Frylinck	16	BLSS MAN	06/12/2023	Free State Champs 2023	
41	1:14.66 L	F	Simone Theron	16	HSBV SKD	14/10/2023	Limpopo Top 8 - High Schools	
42	1:14.77 L	F	Simone Henning	16	RHS BP	23/02/2024	NW School Championships 2024	
43	1:15.12 L	F	Hannah Rigby	16	RSA	03/05/2023	CANA Zone IV Swimming Champions	
44	1:15.19 L	P	Candice Myers	16	TCA EKU	07/12/2023	EGA Summer Championships	
45	1:15.35 L	F	Anastasia Sequeira	16	CA EKU	07/12/2023	EGA Summer Championships	
46	1:15.45 L	F	Erin Beyers	16	UNI EZD	16/02/2024	MP SA SCHOOLS TRIALS AG6 16-17	
47	1:15.89 L	P	Lara Smith	16	TYGE CPT	21/03/2024	SA Level 3 Regional Age Group	
48	1:15.91 L	F	Monize Wingard	16	UNI EZD	01/12/2023	Mpumalanga Championships 2023	
49	1:16.13 L S	P	Keira Leask	16	AA JHB	15/03/2024	SA National Junior Age Group	
50	1:16.18 L	F	Anri De Beer	16	INFA NMA	21/10/2023	4th A League Gala 2023	
51	1:16.35 L	F	Catherine Jones	16	RFA FSH	01/12/2023	2023 The Tshwane Mayor's Gala	
52	1:16.71 L S	P	Tamsyn Kotzè	16	BLMA CPT	15/03/2024	SA National Junior Age Group	
53	1:17.31 L	P	Grace George	16	KZNA ETH	19/04/2024	SA Schools Swimming Championship	
54	1:17.32 L	F	Mmathabo Marite	16	CRSC JHB	12/01/2024	2024 Grand Prix Invitation Swimming	
55	1:17.37 L	F	Amy Brown	16	SEALE ETH	24/11/2023	Westville-Seals LC Championships	
56	1:17.38 L	F	Clarise Coetzer	16	STSC KCD	27/01/2024	Ushaka Champs 2024	
57	1:17.39 L	F	Kirstin Brady	16	RAV EKU	07/12/2023	EGA Summer Championships	
58	1:18.08 L	P	Sinesipho Sibiyi	16	SEAL UMD	14/12/2023	KZNA 2023 Championships Incorp SSA	
59	1:18.12 L	F	Wilmien Verbeek	16	CASC CPT	17/02/2024	Swartland Invitational Gala 2024	
60	1:18.15 L	P	Joy Vd Westhuizen	16	WCA CPT	19/04/2024	SA Schools Swimming Championship	
61	1:18.35 L	P	Aarya Morar	16	ATLA JHB	14/12/2023	KZNA 2023 Championships Incorp SSA	
62	1:18.62 L	F	Jhoanè Voges	16	QUIC CPT	21/03/2024	SA Level 3 Regional Age Group	
63	1:18.73 L	F	Tanè Putter	16	TYGE CPT	18/11/2023	CTA QUALIFYING MEET 2	
64	1:18.84 L	F	Jordyn Collett	16	PEAS NMA	01/10/2023	Curro AquaElite Gala	
65	1:19.37 L	F	Cassidy Sinclair	16	DRGN EKU	14/10/2023	CGA Level 2 + Gala Oct 2023	

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
66	1:19.70	L	P	Kendra Beukes	16	PGAC EKU	07/12/2023 EGA Summer Championships
67	1:19.78	L	F	Kate Truter	16	BEAV ETH	24/11/2023 Westville-Seals LC Championships
68	1:20.08	L	F	Mari Zanne Nortje	16	HSBV SKD	14/10/2023 Limpopo Top 8 - High Schools
69	1:20.81	L	F	Gabby Mc Hugh	16	CRSC JHB	30/11/2023 CGA Championships 2023
70	1:20.99	L S	F	Deidré Olivier	16	RBOT BPD	06/12/2023 NWS Championships 2023/24
71	1:21.33	L	P	Catherine Wentzel	16	FRA KCD	05/04/2024 SA Level 2 Regional Age Group Champs
72	1:21.50	L	F	Zaibaa Bawa	16	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
73	1:22.95	L S	F	Elmarie De Witt	16	QUIC CPT	24/11/2023 CTA A & B CHAMPS 2023
74	1:23.71	L S	P	Tafadzwa Chandiwana	16	MDOL JHB	15/03/2024 SA National Junior Age Group
75	1:23.92	L	P	Makayla Lombard	16	JAQ EKU	07/12/2023 EGA Summer Championships
76	1:24.31	L S	F	Yusrah Du Toit	16	UWCA CPT	24/11/2023 CTA A & B CHAMPS 2023
77	1:25.24	L	P	Christi Serfontein	16	QUIC CPT	21/03/2024 SA Level 3 Regional Age Group
78	1:25.90	L	P	Alexandra Houniet	16	CA EKU	20/03/2024 SA Level 3 Regional Age Group
79	1:25.91	L	P	Araya de Waal	16	PGAC EKU	07/12/2023 EGA Summer Championships
80	1:26.96	L	P	Johane Viljoen	16	BLNE MAN	26/03/2024 SA Level 2 Regional Age Group Champs
81	1:27.22	L	F	Kayla-Jade Van Heerden	16	PEAS NMA	01/10/2023 Curro AquaElite Gala
82	1:27.37	L	F	Imani Magotsi	16	VINE CPT	18/11/2023 CTA QUALIFYING MEET 2
83	1:28.41	L	F	Neo Cele	16	ELEC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
84	1:28.82	L S	F	Sally-Louise Ingwe	16	RAV EKU	22/02/2024 18th Botswana Swimming Nationals
85	1:30.03	L	F	Gail Polman	16	CASC CPT	18/11/2023 CTA QUALIFYING MEET 2
86	1:30.49	L	P	Cameron Morel	16	SWIFT EKU	07/12/2023 EGA Summer Championships
87	1:30.62	L	F	Mignon Smit	16	HMER MP	14/10/2023 Limpopo Top 8 - High Schools
88	1:30.68	L	F	Jessica Carver	16	ELEC TSH	01/12/2023 2023 The Tshwane Mayor's Gala
89	1:30.83	L	F	Tamryn Kunneke	16	RFA TSH	17/11/2023 NTS Level 3+ November Age Group
90	1:30.89	L	F	Chloe Geldenhuys	16	SEALE ETH	24/11/2023 Westville-Seals LC Championships
91	1:30.98	L	F	Carmen Botha	16	WES KK	23/02/2024 NW School Championships 2024
92	1:31.77	L S	F	Keira Schroll	16	NWUC KKD	06/12/2023 NWS Championships 2023/24
93	1:33.96	L	P	Marilee Coetzee	16	DOLFI MPD	24/03/2024 SA Level 2 Regional Age Group Champs
94	1:34.81	L	P	Cara Fourie	16	NC FB	19/04/2024 SA Schools Swimming Championship
95	1:35.66	L	F	Ciska Ferreira	16	UNI EZD	03/11/2023 MP AGE GROUP 3 3&4 NOV 2023
96	1:35.84	L	F	Michelle Van Rooyen	16	TYGE CPT	17/02/2024 Swartland Invitational Gala 2024
97	1:36.41	L	F	Jannae De Villiers	16	PRKA PSD	03/02/2024 NCASA SPRINTS 2024
98	1:36.49	L S	F	Lerato Molobye	16	HREF BP	06/12/2023 NWS Championships 2023/24
99	1:36.75	L	F	Michaela Van Rooyen	16	BLSS MAN	06/10/2023 Super Seals & Sentraal Aquatics Gala
100	1:38.21	L	F	Daniëlle Le Roux	16	SS MPD	01/12/2023 Limpopo Champs
101	1:39.96	L	F	Emma Davies	16	BAS EKU	15/09/2023 EGA Summer 1
102	1:40.10	L	F	Mia Bruwer	16	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
103	1:40.58	L	F	Josslyn Gaudie	16	RFA TSH	02/02/2024 NTS Level 1+2 February Age Group
104	1:40.75	L	F	Christn Engelbrecht	16	KSC EZD	01/12/2023 Mpumalanga Championships 2023
105	1:41.80	L	F	Jenna Du Plessis	16	BLSS MAN	27/10/2023 Neptune Prestige Gala
106	1:51.70	L	F	Madelein Bronkhorst	16	HBV MP	14/10/2023 Limpopo Top 8 - High Schools
107	1:52.40	L	F	Bea-Mari Ackerman	16	MATL KKD	21/10/2023 NWS Age Group 1 & 2 2023
108	1:55.19	L	F	Enette de Beer	16	PSA ZLD	13/01/2024 KCDA January Age Group Gala 2024
109	1:59.33	L	F	Elizabeth Swanevelder	16	HE CCD	14/10/2023 Limpopo Top 8 - High Schools
110	2:06.98	L	F	Lesedi-Lere Themba	16	ESP EKU	02/03/2024 AG Level 1 Regional Age Group
Women 16-16 200 Fly							
1	2:20.03	L	F	Dane De Klerk	16	BLSS MAN	15/03/2024 SA National Junior Age Group
2	2:25.02	L	F	Marony Jacobs	16	ECA BUF	08/04/2024 SA National Aquatic Champ 2024-PE
3	2:26.49	L	P	Myra Viduya	16	RSA	04/09/2023 9th JUNIOR WORLD SWIMMING
4	2:28.09	L	F	Ruth Dredge	16	PAC TSH	01/07/2023 Rossini Swim Cup
5	2:30.50	L	F	Myra Viduya	16	INFA NMA	24/06/2023 PEA Winter Gala 2023
6	2:36.88	L	F	Nanette Jordaan	16	BLOT MAN	14/12/2023 KZNA 2023 Championships Incorp SSA
7	2:38.55	L	F	Veneske Steenkamp	16	ROA EDD	24/06/2023 PEA Winter Gala 2023
8	2:39.95	L	F	Hayley Hoy	16	SWLAB CPT	01/12/2023 Mpumalanga Championships 2023
9	2:46.47	L	F	Anastasia Sequeira	16	CA EKU	15/03/2024 SA National Junior Age Group
10	2:48.34	L	F	Carmi Schoeman	16	TKS WBD	01/12/2023 Limpopo Champs
11	2:56.29	L	F	Isabel Vorster	16	BLNE MAN	06/12/2023 Free State Champs 2023
12	2:56.60	L	F	Joy Vd Westhuizen	16	AQDO CPT	14/12/2023 Western Cape LC-A Championship 2023
13	3:08.52	L	F	Catherine Wentzel	16	FRA KCD	21/10/2023 Froggies Championships 2023

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
14	3:09.71 L	F	Kendra Beukes	16	PGAC EKU	26/01/2024	EGA Last Chance 2024
15	3:12.38 L	F	Wilmiën Verbeek	16	CASC CPT	24/06/2023	PEA Winter Gala 2023
16	3:14.19 L	F	Mmathabo Marite	16	RSA	03/05/2023	CANA Zone IV SwimmingChampions
17	3:17.55 L	F	Makayla Lombard	16	JAQ EKU	07/12/2023	EGA Summer Championships
18	3:20.07 L	F	Clarise Coetzer	16	STSC KCD	02/12/2023	Stingrays Swim Champs 2023
19	3:23.21 L	F	Imani Magotsi	16	VINE CPT	03/02/2024	CTA BRIAN BUTTON Qualifying Meet
20	3:31.90 L	F	Keira Schroll	16	NWUC KKD	06/12/2023	NWS Championships 2023/24
21	3:45.13 L	F	Cara Fourie	16	UPSK ZMD	02/12/2023	UPT GROUP 3 2023
Women 16-16 200 IM							
1	2:23.31 L	F	Keira Van Heerden	16	INFA NMA	15/03/2024	SA National Junior Age Group
2	2:23.76 L	P	Myra Viduya	16	RSA	04/09/2023	9th JUNIOR WORLD SWIMMING
3	2:24.94 L S	F	Grace Morris	16	ELEC TSH	12/12/2023	NTS Championships 2023
4	2:26.52 L S	P	Myra Viduya	16	ECA BUF	08/04/2024	SA National Aquatic Champ 2024-PE
5	2:27.04 L	F	Dane De Klerk	16	BLSS MAN	15/03/2024	SA National Junior Age Group
6	2:27.54 L	F	Scarlett Le Roux	16	CA EKU	15/03/2024	SA National Junior Age Group
7	2:28.03 L	F	Rebecca Fury	16	VINE CPT	14/12/2023	Western Cape LC-A Championship 2023
8	2:28.64 L	F	Loghan Gray	16	MDOL JHB	15/03/2024	SA National Junior Age Group
9	2:29.37 L S	P	Erin Hudson	16	AGB JHB	08/04/2024	SA National Aquatic Champ 2024-PE
10	2:30.60 L	F	Marony Jacobs	16	INFA NMA	15/12/2023	NMBA Championships 2023
11	2:30.98 L	F	Daena Robinson	16	SEAL JMD	14/12/2023	KZNA 2023 Championships Incorp SSA
12	2:31.49 L	F	Hannah Rigby	16	RSA	03/05/2023	CANA Zone IV SwimmingChampions
13	2:32.08 L	F	Kendra Begley	16	INFA NMA	15/03/2024	SA National Junior Age Group
14	2:33.61 L	F	Katie-Peta Marcelino	16	KLOO ETH	14/12/2023	KZNA 2023 Championships Incorp SSA
15	2:33.92 L	P	Chanel Baenhoff	16	BLSS MAN	15/03/2024	SA National Junior Age Group
16	2:35.09 L S	P	Alex-Zandre' Labuschagne	16	KZNA ETH	08/04/2024	SA National Aquatic Champ 2024-PE
17	2:35.63 L	F	Jessica Carmody	16	PEAS NMA	01/10/2023	Curro AquaElite Gala
18	2:36.42 L	P	Tatum Cabral	16	ELEC TSH	20/03/2024	SA Level 3 Regional Age Group
19	2:36.46 L	P	Nicole Beling	16	BAS EKU	15/03/2024	SA National Junior Age Group
20	2:36.90 L	P	Emily Lott	16	ASA HLD	14/12/2023	KZNA 2023 Championships Incorp SSA
21	2:37.25 L	F	Taylor Morton	16	LALE CED	03/02/2024	Winelands SL final
22	2:37.30 L	F	Hayley Beling	16	BAS EKU	20/03/2024	SA Level 3 Regional Age Group
23	2:37.62 L	F	Michaela Labuschagne	16	SSISA CPT	14/12/2023	Western Cape LC-A Championship 2023
24	2:37.90 L	P	Mieke Vd Wal	16	CASC CPT	14/12/2023	Western Cape LC-A Championship 2023
25	2:38.10 L	F	Elne Reynolds	16	INFA NMA	15/12/2023	NMBA Championships 2023
26	2:38.28 L	F	Jana Vorster	16	TUKS TSH	01/12/2023	Limpopo Champs
27	2:38.60 L	F	Mareze Frylinck	16	BLSS MAN	06/12/2023	Free State Champs 2023
28	2:39.12 L S	F	Jana Swiegers	16	TUKS TSH	12/12/2023	NTS Championships 2023
29	2:39.20 L	P	Tanè Putter	16	TYGE CPT	15/03/2024	SA National Junior Age Group
30	2:39.21 L	P	Tatum Lauf	16	GAU JHB	19/04/2024	SA Schools Swimming Championship
31	2:39.48 L S	P	Ruth Dredge	16	PAC TSH	12/12/2023	NTS Championships 2023
32	2:39.64 L	P	Savannah Mostert	16	QSAW CED	15/03/2024	SA National Junior Age Group
33	2:39.66 L	P	Cassidey Rae Doubell	16	AA JHB	14/12/2023	KZNA 2023 Championships Incorp SSA
34	2:39.85 L	F	Chelsea Main	16	PEAS NMA	24/06/2023	PEA Winter Gala 2023
35	2:40.05 L	P	Jordyn Collett	16	TUKS TSH	15/03/2024	SA National Junior Age Group
36	2:40.12 L	F	Erin Beyers	16	UNI EZD	23/09/2023	MP SPRINT GALA 23 SEPTEMBER
37	2:40.17 L	F	Mianique Lombard	16	WELA LLD	18/11/2023	Valsrivier Gala
38	2:40.23 L	F	Melissa Kuun	16	FISH EDD	18/11/2023	Eden LC Champs 2023
39	2:40.50 L	F	Veneske Steenkamp	16	ROA EDD	24/06/2023	PEA Winter Gala 2023
40	2:40.96 L	P	Simone Theron	16	LP CCD	19/04/2024	SA Schools Swimming Championship
41	2:41.09 L	F	Hayley Hoy	16	SWLAB CPT	01/12/2023	Mpumalanga Championships 2023
42	2:41.16 L	F	Nanette Jordaan	16	BLOT MAN	21/03/2024	SA Level 3 Regional Age Group
43	2:41.20 L	F	Tiffany Marshall	16	UNI EZD	20/03/2024	SA Level 3 Regional Age Group
44	2:41.29 L	P	Kanishka Rajput	16	SMTC JHB	15/03/2024	SA National Junior Age Group
45	2:41.58 L	F	Candice Myers	16	TCA EKU	07/12/2023	EGA Summer Championships
46	2:41.74 L	F	Holley Jacoby	16	BCA BUF	13/01/2024	BCA Inter-District Championship Gala
47	2:41.95 L	F	Kayla Petersen	16	USC BUF	24/06/2023	PEA Winter Gala 2023
48	2:42.10 L	F	Keira Leask	16	AA JHB	30/11/2023	CGA Championships 2023
49	2:42.97 L	F	Madison Fourie	16	INFA NMA	24/06/2023	PEA Winter Gala 2023
50	2:43.22 L	F	Jani Borman	16	SWAR WCD	21/03/2024	SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-23 **Times until: 30-Apr-24**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
51	2:43.23	L	P	Carmi Schoeman	16	TKS WBD	15/03/2024 SA National Junior Age Group
52	2:43.31	L S	F	Hannah Liebenberg	16	PAC TSH	12/12/2023 NTS Championships 2023
53	2:43.41	L	F	Bay-Linn Oelofse	16	TNDER FDD	06/12/2023 Free State Champs 2023
54	2:43.58	L S	P	Nikha Lambden	16	EXP TSH	12/12/2023 NTS Championships 2023
55	2:43.67	L	P	Danielle Cronjè	16	LALE CED	14/12/2023 Western Cape LC-A Championship 2023
56	2:44.29	L	F	Rebecca Kuhn	16	PER JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
57	2:45.04	L	F	Alexia Luz	16	SOUL EKU	20/03/2024 SA Level 3 Regional Age Group
58	2:45.78	L	F	Erin Glover	16	TYGE CPT	24/06/2023 PEA Winter Gala 2023
59	2:46.20	L	F	Simone Vd Merwe	16	LALE CED	11/11/2023 Winelands SL4
60	2:46.27	L	F	Tanatswa Chandiwana	16	HRE MS	24/06/2023 PEA Winter Gala 2023
61	2:46.84	L	F	Isla Thomas	16	AA JHB	20/03/2024 SA Level 3 Regional Age Group
62	2:47.11	L	F	Kate Truter	16	BEAV ETH	27/01/2024 Ushaka Champs 2024
63	2:47.23	L	P	Anastasia Sequeira	16	CA EKU	15/03/2024 SA National Junior Age Group
64	2:47.46	L	F	Mathilda Liebenberg	16	POTC KKD	21/10/2023 NWS Age Group 1 & 2 2023
65	2:47.63	L	F	Xanthe Nagel	16	MCS BP	23/02/2024 NW School Championships 2024
66	2:47.68	L	F	Karmen Van Rensburg	16	NHS EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
67	2:47.70	L	P	Tamsyn Kotzè	16	BLMA CPT	15/03/2024 SA National Junior Age Group
68	2:47.73	L	F	Jana Helmand	16	BLOT MAN	06/12/2023 Free State Champs 2023
69	2:47.76	L	F	Hannah Witten	16	AQDO CPT	21/03/2024 SA Level 3 Regional Age Group
70	2:48.17	L	F	Kendra Beukes	16	PGAC EKU	20/03/2024 SA Level 3 Regional Age Group
71	2:48.20	L	F	Emily Walker	16	PEAS NMA	21/10/2023 4th A League Gala 2023
72	2:48.27	L	F	Amelia Vincent	16	BLSS MAN	16/02/2024 Neptunes Last chance Gala
73	2:48.45	L	P	Kirstin Brady	16	RAV EKU	07/12/2023 EGA Summer Championships
74	2:49.10	L	F	Anri De Beer	16	INFA NMA	21/10/2023 4th A League Gala 2023
75	2:49.14	L	F	Emma La Grange	16	PLAY CED	17/02/2024 Swartland Invitational Gala 2024
76	2:49.18	L	F	Ella Mills	16	UNI EZD	01/12/2023 Mpumalanga Championships 2023
77	2:49.27	L	P	Wilmien Verbeek	16	CASC CPT	14/12/2023 Western Cape LC-A Championship 2023
78	2:49.32	L	P	Araya de Waal	16	PGAC EKU	07/12/2023 EGA Summer Championships
79	2:49.50	L	F	Amy Brown	16	SEALE ETH	24/11/2023 Westville-Seals LC Championships
80	2:49.52	L	F	Danielle Walker	16	FLOD JHB	30/11/2023 CGA Championships 2023
81	2:49.88	L	F	Farhah Valli	16	RSA	03/05/2023 CANA Zone IV SwimmingChampions
82	2:50.09	L	P	Taylor Hemphill	16	SEALE ETH	21/03/2024 SA Level 3 Regional Age Group
83	2:50.28	L S	P	Tamryn Kunneke	16	RFA TSH	12/12/2023 NTS Championships 2023
84	2:50.30	L	F	Christi Serfontein	16	QUIC CPT	10/02/2024 WCA-B Champs - 2024
85	2:50.65	L	P	Grace George	16	KZNA ETH	19/04/2024 SA Schools Swimming Championship
86	2:50.75	L	F	Jana Lombard	16	LALE CED	11/11/2023 Winelands SL4
87	2:51.14	L	F	Mari Zanne Nortje	16	HSBV SKD	14/10/2023 Limpopo Top 8 - High Schools
88	2:51.60	L	F	Acacia- Cailyn Abell	16	MDOL JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
89	2:51.63	L	F	Emma Roberts	16	UPC EZD	21/02/2024 EHLANZENI INTER HIGH GALA 21
90	2:51.96	L	F	Isabel Vorster	16	BLNE MAN	06/12/2023 Free State Champs 2023
91	2:52.28	L	F	Kye-Ann Fowler	16	UNI EZD	01/12/2023 Mpumalanga Championships 2023
92	2:52.57	L	F	Jenna Loubser	16	SFSC CPT	03/02/2024 Winelands SL final
93	2:53.01	L	F	Lara Smith	16	TYGE CPT	18/11/2023 CTA QUALIFYING MEET 2
94	2:53.29	L S	F	Sally-Louise Ingwe	16	RAV EKU	22/02/2024 18th Botswana Swimming Nationals
95	2:53.42	L	F	Ciska Ferreira	16	UNI EZD	13/10/2023 MP AGE GROUP 2
96	2:53.44	L	P	Kanak Rajput	16	AAS JHB	20/03/2024 SA Level 3 Regional Age Group
97	2:54.10	L	F	Jenna-Mae Lally	16	BEAV ETH	21/03/2024 SA Level 3 Regional Age Group
98	2:54.42	L	F	Monique Oosthuizen	16	BLOT MAN	19/08/2023 Super Seals Prestige Gala
99	2:54.59	L	F	Cherise Coetzer	16	STSC KCD	27/01/2024 Ushaka Champs 2024
100	2:54.72	L	F	Amy Gerber	16	SEAL UMD	05/04/2024 SA Level 2 Regional Age Group Champs
101	2:54.94	L	F	Lume Louw	16	BCA BUF	13/01/2024 BCA Inter-District Championship Gala
102	2:55.19	L	F	Kathleen Welsh	16	MSC NGD	01/12/2023 Mpumalanga Championships 2023
103	2:55.64	L	F	Lize Burness	16	TUKS TSH	22/09/2023 NTS Level 3+ September Age Group
104	2:56.01	L S	F	Riley Hattingh-Steyn	16	SOUL EKU	24/03/2024 SA Level 2 Regional Age Group Champs
105	2:56.07	L	F	Mmathabo Marite	16	CRSC JHB	30/11/2023 CGA Championships 2023
106	2:56.36	L	P	Aarya Morar	16	ATLA JHB	14/12/2023 KZNA 2023 Championships Incorp SSA
107	2:56.43	L	P	Isabella Havemann	16	ASAC CPT	14/12/2023 Western Cape LC-A Championship 2023
108	2:56.74	L	F	Lois Fourie	16	BLSS MAN	06/12/2023 Free State Champs 2023
109	2:57.01	L	P	Abigail Phillips	16	SASE JHB	20/03/2024 SA Level 3 Regional Age Group

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
110	2:57.39	L	F	Yusrah Du Toit	16	UWCA CPT	10/02/2024 WCA-B Champs - 2024
111	2:57.76	L	F	Alexa Louw	16	BLMA CPT	10/02/2024 WCA-B Champs - 2024
112	2:57.78	L	F	Esmari Weitsz	16	UNI EZD	23/09/2023 MP SPRINT GALA 23 SEPTEMBER
113	2:58.04	L	P	Jorja Da Cunha	16	BON ECU	07/12/2023 EGA Summer Championships
114	2:58.07	L	F	Janca Hattingh	16	CSA EZD	16/02/2024 MP SA SCHOOLS TRIALS AG6 16-17
115	2:58.13	L S	F	Hannah Prince	16	OLDE JHB	24/03/2024 SA Level 2 Regional Age Group Champs
116	2:58.49	L	F	Eunice Fourie	16	BLSS MAN	06/12/2023 Free State Champs 2023
117	2:58.53	L	F	Emily Tsai	16	BLMA CPT	20/01/2024 CTA A MEET 4
118	2:58.87	L	F	Gabby Mc Hugh	16	CRSC JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
119	2:59.49	L	F	Jhoanè Voges	16	QUIC CPT	21/03/2024 SA Level 3 Regional Age Group
120	2:59.64	L S	F	Cara Crichton	16	TUKS TSH	24/03/2024 SA Level 2 Regional Age Group Champs
121	2:59.97	L	F	Catherine Jones	16	RFA TSH	03/11/2023 NTS Level 1+2 November Age Group
122	3:00.14	L	F	Alexia Adreani	16	CA ECU	26/01/2024 EGA Last Chance 2024
123	3:00.15	L	F	Abigayle Otto	16	CA ECU	28/10/2023 EGA Summer 2 2023
124	3:00.35	L	F	Gabriella Smith	16	MDOL JHB	17/02/2024 CGA Level 2+ Gala 17 Feb 2024
125	3:00.57	L	P	Alexandra Houniet	16	CA ECU	20/03/2024 SA Level 3 Regional Age Group
126	3:01.04	L	P	Nazneen Mohamed	16	ATLA JHB	30/11/2023 CGA Championships 2023
127	3:01.40	L S	F	Clara van Rooyen	16	PGAC ECU	24/03/2024 SA Level 2 Regional Age Group Champs
128	3:01.41	L	F	Chloe Geldenhuys	16	SEALE ETH	24/11/2023 Westville-Seals LC Championships
129	3:01.81	L	F	Elmarie De Witt	16	QUIC CPT	24/11/2023 CTA A & B CHAMPS 2023
130	3:02.15	L	F	Taaliah Rinquest	16	MARL CPT	03/02/2024 CTA BRIAN BUTTON Qualifying Meet
131	3:02.46	L S	F	Jaiden Funnell	16	SWIM1 JHB	24/03/2024 SA Level 2 Regional Age Group Champs
132	3:02.56	L	F	Tatum Borrill	16	CA ECU	26/01/2024 EGA Last Chance 2024
133	3:02.67	L	F	Cara Corrigan	16	FISH EDD	04/11/2023 EDEN 3rd A-League School Trials Gala
134	3:02.72	L	F	Beane Swanepoel	16	VRC TSH	20/10/2023 NTS Level 3+ October Age Group 2023
135	3:02.77	L	F	Kayla-Jade Van Heerden	16	PEAS NMA	01/10/2023 Curro AquaElite Gala
136	3:02.83	L	F	Fallon Tweedie	16	PEAS NMA	24/06/2023 PEA Winter Gala 2023
137	3:04.89	L	P	Lerato Molobyse	16	MP EZD	19/04/2024 SA Schools Swimming Championship
138	3:04.97	L	F	Deidré Olivier	16	RBOT BPD	06/12/2023 NWS Championships 2023/24
139	3:05.26	L	F	Morgan Rabie	16	TUKS TSH	20/10/2023 NTS Level 3+ October Age Group 2023
140	3:05.56	L	F	Ammara Jagger	16	AQDO CPT	24/11/2023 CTA A & B CHAMPS 2023
141	3:06.01	L	F	Mignon Smit	16	HMER MP	27/01/2024 Limpopo School Champs
142	3:07.07	L	P	Johane Viljoen	16	BLNE MAN	26/03/2024 SA Level 2 Regional Age Group Champs
143	3:07.99	L S	F	Marilee Coetzee	16	DOLFI MPD	24/03/2024 SA Level 2 Regional Age Group Champs
144	3:08.29	L	F	Michelle Van Rooyen	16	TYGE CPT	24/11/2023 CTA A & B CHAMPS 2023
145	3:08.39	L	F	Zaibaa Bawa	16	WATR JHB	26/07/2023 Giochi Del Tricolore Swim
146	3:09.07	L	F	Chloe Pieterse	16	QSAW CED	03/02/2024 Winelands SL final
147	3:09.65	L S	F	Milla Delport	16	PEAS NMA	26/01/2024 6th A League Gala 2024
148	3:10.08	L	F	Jenna Du Plessis	16	BLSS MAN	06/12/2023 Free State Champs 2023
149	3:10.16	L	F	Isabella Afonso	16	QUIC CPT	17/09/2023 CTA BMEET 3
150	3:10.19	L	F	Grace Bothma	16	WSTV ETH	24/11/2023 Westville-Seals LC Championships
151	3:10.34	L	F	Imani Magotsi	16	VINE CPT	18/11/2023 CTA QUALIFYING MEET 2
152	3:10.42	L	F	Samantha Maritz	16	BLSS MAN	06/12/2023 Free State Champs 2023
153	3:10.72	L	F	Miana Fourie	16	BLSS MAN	27/10/2023 Neptune Prestige Gala
154	3:11.13	L S	P	Tafadzwa Chandiwana	16	MDOL JHB	24/11/2023 HAS SENIOR CHAMPS 2023
155	3:11.54	L	F	Leandrè Burger	16	QSAW CED	18/11/2023 CTA QUALIFYING MEET 2
156	3:11.82	L	F	Danelle Mody	16	CRSC JHB	27/01/2024 CGA Level 2+ Gala 27 Jan 2024
157	3:12.06	L	F	Alienne van Rensburg	16	KTS	27/10/2023 KALAHARI CLASSIC GALA 2023
158	3:12.19	L S	F	Kate Allwood	16	WCA CPT	08/04/2024 SA National Aquatic Champ 2024-PE
159	3:12.45	L	F	Marinique Lamprecht	16	RFA TSH	01/12/2023 2023 The Tshwane Mayor's Gala
160	3:12.51	L	F	Rienke Bignaut	16	BLSS MAN	06/12/2023 Free State Champs 2023
161	3:12.59	L	F	Amelie Botha	16	RFA TSH	26/01/2024 NTS Level 3+ January Age Group 2024
162	3:12.68	L	P	Cameron Morel	16	SWIFT ECU	07/12/2023 EGA Summer Championships
163	3:12.90	L	F	Zara Jeftha	16	MARL CPT	24/06/2023 PEA Winter Gala 2023
164	3:13.53	L	F	Keira Schroll	16	NWUC KKD	11/11/2023 NWS Age Group 3 + 4
165	3:13.55	L	F	Bea Van der Merwe	16	RFA TSH	26/01/2024 NTS Level 3+ January Age Group 2024
166	3:13.61	L	F	Jessica Carver	16	ELEC TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
167	3:13.67	L	F	Jannae De Villiers	16	PRKA PSD	03/02/2024 NCASA SPRINTS 2024
168	3:13.98	L	F	Caitlin Kennedy	16	AFIN JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
169	3:15.16	L	F	Cara Fourie	16	UPSK ZMD	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
170	3:15.56	L	F	Catherine Wentzel	16	FRA KCD	21/10/2023 Froggies Championships 2023
171	3:15.82	L	P	Isabella Vicente	16	SOUL EKU	07/12/2023 EGA Summer Championships
172	3:16.49	L S	F	Shannon Coetzee	16	PGAC EKU	24/03/2024 SA Level 2 Regional Age Group Champs
173	3:16.73	L S	F	Danelle Du Toit	16	TASC MPD	24/03/2024 SA Level 2 Regional Age Group Champs
174	3:17.04	L	F	Josslyn Gauldie	16	RFA TSH	01/12/2023 2023 The Tshwane Mayor's Gala
175	3:17.59	L S	F	Makayla Lombard	16	JAQ EKU	24/03/2024 SA Level 2 Regional Age Group Champs
176	3:18.87	L	F	Carmen Botha	16	MATL KKD	06/12/2023 NWS Championships 2023/24
177	3:18.96	L	F	Neo Cele	16	ELEC TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
178	3:19.02	L S	F	Gabrielle Mare'	16	PAC TSH	24/03/2024 SA Level 2 Regional Age Group Champs
179	3:19.16	L	F	Mia Barnard	16	BLOT MAN	27/10/2023 Neptune Prestige Gala
180	3:19.28	L	F	Maya Lockitch	16	CYBE CPT	18/11/2023 CTA QUALIFYING MEET 2
181	3:20.97	L	F	Marita Lackey	16	TUKS TSH	16/02/2024 NTS February Open Age Group 2024
182	3:21.80	L	F	Kimberley Strong	16	KTS	27/10/2023 KALAHARI CLASSIC GALA 2023
183	3:21.88	L	F	Cameron Landman	16	BETH FDD	16/02/2024 Neptunes Last chance Gala
184	3:22.26	L	F	Michaela Van Rooyen	16	BLSS MAN	06/10/2023 Super Seals & Sentraal Aquatics Gala
185	3:22.42	L	F	Kayla Botha	16	AFIN JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
186	3:23.46	L	F	Ava Fourie	16	TRAZ TSH	16/02/2024 NTS February Open Age Group 2024
187	3:24.92	L	F	Amy Clayton	16	CUHE OBD	20/01/2024 CTA A MEET 4
188	3:26.42	L	F	Gemma Harris	16	MARL CPT	24/06/2023 PEA Winter Gala 2023
189	3:28.14	L	F	Olivia Darley	16	HASC JHB	10/11/2023 CGA Level 2+ Gala 10 - 11 Nov 2023
190	3:29.82	L	F	Jamilah Tshiyoyo	16	TUKS TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
191	3:30.11	L	F	Kayleigh Jansen Van Vuuren	16	CSA EZD	03/11/2023 MP AGE GROUP 3 3&4 NOV 2023
192	3:30.40	L	F	Daniëlle Le Roux	16	SS MPD	21/10/2023 Limpopo Age Group 4
193	3:30.41	L	F	Emma Atkinson	16	PEAS NMA	01/10/2023 Curro AquaElite Gala
194	3:30.47	L	F	Madelein Bronkhorst	16	SS MPD	01/12/2023 Limpopo Champs
195	3:30.60	L	F	Lisa Bloem	16	BLOT MAN	06/12/2023 Free State Champs 2023
196	3:31.19	L	F	Megan Kemp	16	TINC TSH	02/02/2024 NTS Level 1+2 February Age Group
197	3:32.75	L	F	Christn Engelbrecht	16	KSC EZD	02/02/2024 MP AGE GROUP 5 GALA
198	3:34.38	L	F	Skye Schoeman	16	AQUA BUF	21/10/2023 Uthukela District Age Group Gala
199	3:34.65	L	F	Nthanki Kumalo	16	ELEC TSH	19/01/2024 NTS Level 1+2 January Age Group 2024
200	3:35.02	L	F	Thobile Mtshali	16	TUKS TSH	02/02/2024 NTS Level 1+2 February Age Group
201	3:35.65	L	F	Paula Van Zyl	16	LALE CED	11/11/2023 Winelands SL4
202	3:36.97	L	F	Suzanne Pretorius	16	AGAQ OBD	11/11/2023 Swartland Prestige Gala 2023
203	3:39.95	L	F	Izra Gameeldien	16	MANT CPT	20/01/2024 CTA A MEET 4
204	3:40.09	L	F	Eshle Gceba	16	LINR JHB	24/02/2024 CGA Level 2+ Last Chance Gala 24 Feb
205	3:42.91	L	F	Isabella Le Roux	16	QSAW CED	11/11/2023 Swartland Prestige Gala 2023
206	3:43.73	L	F	Michaela Mitchley	16	KTS	07/12/2023 NCASA CHAMPS 7 - 10 DEC 2023
207	3:43.91	L	P	Bea-Mari Ackerman	16	MATL KKD	06/12/2023 NWS Championships 2023/24
208	3:45.26	L	P	Yana Van Schoor	16	PGAC EKU	07/12/2023 EGA Summer Championships
209	3:47.15	L	F	Nkenda Baghana	16	CPSC TSH	02/03/2024 AG Level 1 Regional Age Group
210	3:50.03	L	F	Mienke Uys	16	FROS TMD	18/11/2023 Valsrivier Gala
211	4:04.86	L	F	Morgan Van Wyk	16	XCEL CPT	17/09/2023 CTA BMEET 3
212	4:10.40	L	F	Kirsten Campbell	16	WALM CPT	17/09/2023 CTA BMEET 3
213	4:11.55	L	F	Lesedi-Lere Themba	16	ESP EKU	02/03/2024 AG Level 1 Regional Age Group
214	4:13.80	L	F	Onalenna Tsholwe	16	MATL KKD	11/11/2023 NWS Age Group 3 + 4
Women 16-16 400 IM							
1	5:05.50	L	F	Dane De Klerk	16	BLSS MAN	15/03/2024 SA National Junior Age Group
2	5:12.24	L	F	Loghan Gray	16	AGB JHB	08/04/2024 SA National Aquatic Champ 2024-PE
3	5:17.89	L	F	Myra Viduya	16	NMBA NM	19/04/2024 SA Schools Swimming Championship
4	5:18.28	L	F	Hannah Rigby	16	AGC TSH	08/04/2024 SA National Aquatic Champ 2024-PE
5	5:19.97	L	F	Marony Jacobs	16	RSA	06/12/2023 15th African Junior Championships 2023
6	5:25.35	L	F	Katie-Peta Marcelino	16	KZNA ETH	08/04/2024 SA National Aquatic Champ 2024-PE
7	5:33.74	L	F	Chelsea Main	16	PEAS NMA	15/03/2024 SA National Junior Age Group
8	5:35.38	L	F	Mieke Vd Wal	16	WCA CPT	19/04/2024 SA Schools Swimming Championship
9	5:41.91	L	F	Hayley Beling	16	BAS EKU	07/12/2023 EGA Summer Championships
10	5:45.26	L	F	Mareze Frylinck	16	FSA FS	27/01/2024 4 + 1 Inter Provincial Gala 2023
11	5:49.17	L	F	Ruth Dredge	16	PAC TSH	22/09/2023 NTS Level 3+ September Age Group
12	5:50.01	L	F	Tamsyn Kotzé	16	BLMA CPT	15/03/2024 SA National Junior Age Group

Individual Top Times

Times since: 01-May-23 Times until: 30-Apr-24
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
13	5:51.45 L	F	Nikha Lambden	16	EXP TSH	12/12/2023	NTS Championships 2023
14	5:52.55 L	F	Anastasia Sequeira	16	CA EKU	07/12/2023	EGA Summer Championships
15	5:53.36 L	F	Keira Leask	16	AA JHB	14/10/2023	CGA Level 2 + Gala Oct 2023
16	5:53.46 L	F	Erin Glover	16	TYGE CPT	24/06/2023	PEA Winter Gala 2023
17	5:54.13 L	F	Veneske Steenkamp	16	ROA EDD	21/10/2023	EDEN 2nd A-League Gala 2023
18	5:55.27 L	F	Nicole Beling	16	BAS EKU	28/10/2023	EGA Summer 2 2023
19	6:02.00 L	F	Hannah Liebenberg	16	PAC TSH	22/09/2023	NTS Level 3+ September Age Group
20	6:03.47 L	F	Araya de Waal	16	PGAC EKU	07/12/2023	EGA Summer Championships
21	6:04.24 L	F	Nanette Jordaan	16	BLOT MAN	06/10/2023	Super Seals & Sentraal Aquatics Gala
22	6:08.73 L	F	Joy Vd Westhuizen	16	AQDO CPT	14/12/2023	Western Cape LC-A Championship 2023
23	6:09.99 L	F	Kendra Beukes	16	PGAC EKU	24/11/2023	EGA Summer 4
24	6:17.31 L	F	Alexandra Houniet	16	CA EKU	26/01/2024	EGA Last Chance 2024
25	6:30.11 L	F	Gabby Mc Hugh	16	CRSC JHB	20/01/2024	CGA Level 2+ Gala 20 Jan 2024
26	6:46.88 L	F	Cameron Morel	16	SWIFT EKU	07/12/2023	EGA Summer Championships
27	6:49.18 L	F	Keira Schroll	16	NWUC KKD	06/12/2023	NWS Championships 2023/24
28	6:55.46 L	F	Cara Fourie	16	UPSK ZMD	25/11/2023	UPT AGE GROUP 2 2023